

# January 2025

## EEC Lunch Menu

		01	02	03
		Winter Break	Winter Break	Winter Break
06	07	08	09	10
<b>Lunch Entree</b> Popcorn Chicken <i>With</i> Banana or Blueberry Bread Elfin Loaf <b>Vegetables</b> Steamed Broccoli <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> <i>With</i> Turkey Sausage Link <b>Vegetables</b> Assorted Fresh Veggies <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Seasoned Chicken Strips <i>With</i> Chicken Dippin' Sauce <i>And</i> <b>Vegetables</b> Assorted Fresh Veggies Far East Vegetable Blend <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Pizza Crunchers Cheese Bites <b>Vegetables</b> Assorted Fresh Veggies Steamed Green Beans <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Breaded Chicken Sandwich <b>Vegetables</b> Assorted Fresh Veggies Vegetarian Baked Beans <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments
13	14	15	16	17
<b>Lunch Entree</b> Bosco Cheese Sticks with Marinara Dipping Sauce <b>Vegetables</b> Steamed Corn Assorted Fresh Veggies <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Tyson Chicken Nuggets <i>With</i> Banana or Blueberry Bread Elfin Loaf <b>Vegetables</b> Assorted Fresh Veggies Fruit & Vegetable Juice <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> <b>Vegetables</b> Assorted Fresh Veggies Fruit & Vegetable Juice <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Italian Beef Pepperoni Calzone <b>Vegetables</b> Assorted Fresh Veggies Steamed Green Beans <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	Day off
20	21	22	23	24

MLK day	<b>Lunch Entree</b> Tyson Chicken Nuggets <b>Vegetables</b> Assorted Fresh Veggies Tater Tots <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> <i>With</i> Split Top Biscuit <b>Vegetables</b> Assorted Fresh Veggies Tri Tator <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Pizza Crunchers Cheese Bites <b>Vegetables</b> Assorted Fresh Veggies Steamed Corn <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Turkey Ham & Cheese on Hawaiian Bun <i>With</i> Cheese Stick <b>Vegetables</b> Assorted Fresh Veggies Steamed Broccoli <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments
27	28	29	30	31
<b>Lunch Entree</b> Cinnamon Glaze Pancakes <i>With</i> Chicken Sausage <b>Vegetables</b> Assorted Fresh Veggies Tri Tator <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Breaded Chicken Fries <b>Vegetables</b> Assorted Fresh Veggies Steamed Corn <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments Chicken Dippin' Sauce	<b>Lunch Entree</b> Macaroni and Cheese <b>Vegetables</b> Assorted Fresh Veggies Fruit & Vegetable Juice <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Cheese Pizza <b>Vegetables</b> Assorted Fresh Veggies Steamed Green Beans <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments	<b>Lunch Entree</b> Mini Cheeseburger Sliders <b>Vegetables</b> Assorted Fresh Veggies Crinkle Cut Fries <b>Fruit</b> Daily Fruit Cups Seasonal Fresh Fruit <b>Milk</b> 1% Lowfat Milk <b>Condiments</b> Variety of Condiments

This institution is an equal opportunity provider.

