

Hampton Township School District

Elementary Lunch Menu

January 2025



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
NOW HIRING Part Time & Substitute Positions Email: ma1052@metzcorp.com	Reminder: Breakfast is Free for All Students! Must Select a Complete Reimbursable Meal	NO SCHOOL 1 New Year's Day	2 Corn Dog on a Stick FEATURED VEGGIE Baked Beans	3 WG Cheese Pizza Sticks with Dipping Sauce (V) FEATURED VEGGIE Steamed Broccoli	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry
6 WG Mini Pancakes with Sausage Patties FEATURED VEGGIE Steamed Carrots	7 Beef Walking Taco w/ WG Tortilla Chips Salsa & Sour Cream on Side FEATURED VEGGIE Steamed Corn	8 General Tso's Chicken w/ Brown Rice FEATURED VEGGIE Steamed Broccoli	9 BBQ Ribby on WG Bun FEATURED VEGGIE Baked Beans	10 WG Big Daddy's® Cheese Pizza (V) FEATURED VEGGIE Steamed Green Peas	Daily Alternates #2 WG Uncrustable PBJ w/ Cheese Stick & WG Roll (V) #3 Talbot Salad – Ham & Cheese Cups w/ WG Rolls #4 Chicken Tenders w/ WG Rolls (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
13 Yogurt Parfait w/ Cheese Stick & WG Goldfish Cracker & Belly Bears (V) FEATURED VEGGIE Honey Glazed Carrots	14 Hot Ham & Cheese on a Pretzel Roll FEATURED VEGGIE Oven Baked Crinkle Fries	15 Penne Pasta w/ Breadstick Meat or Marinara Sauce FEATURED VEGGIE Steamed Green Beans	16 WG Mini Corn Dogs FEATURED VEGGIE Baked Beans	17 WG French Bread Cheese Pizza (V) FEATURED VEGGIE Steamed Broccoli	
20 NO SCHOOL Martin Luther King Jr. Day	21 Beef Nachos Grande w/ WG Tortilla Chips Salsa & Sour Cream on Side FEATURED VEGGIE Steamed Black Beans	22 Chicken Mashed Potato Bowl w/ WG Dinner Roll FEATURED VEGGIE Steamed Corn	23 Cheeseburger on a WG Bun FEATURED VEGGIE Oven Baked Wedge Fries	24 WG Cheese Pizza Sticks with Dipping Sauce (V) FEATURED VEGGIE Steamed Broccoli	
27 WG French Toast Sticks with Sausage Patties FEATURED VEGGIE Steamed Carrots	28 Hot Dog on a WG Bun FEATURED VEGGIE Baked Beans	29 Mac & Cheese w/ Breadstick (V) FEATURED VEGGIE Steamed Green Peas	30 Chicken Patty on a WG Bun FEATURED VEGGIE Oven Baked Curly Fries	31 WG Big Daddy's® Cheese Pizza (V) FEATURED VEGGIE Steamed Broccoli	
Your Team Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com			Meal Prices Student Lunch \$2.50 Reduced Lunch \$0.00 Faculty Lunch \$4.00		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.