

Hampton Township School District Elementary Breakfast Menu

January 2025



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
NOW HIRING Part Time & Substitute Positions Email: ma1052@metzcorp.com	Reminder: Breakfast is Free for All Students! Must Select a Complete Reimbursable Meal	1 NO SCHOOL New Year's Day	2 Whole Grain Soft Filled Cinnamon Toast Crunch Assorted Cereals or Cereal Bar with Graham Crackers	3 Whole Grain Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	What is a Meal? You must choose at least 3 of the 4 components available for the school breakfast price. <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(Served with Graham Cracker)</i> Cinnamon Toast Crunch, Cocoa Puffs, Froot Loops, Frosted Flakes, Lucky Charms Whole Grain PopTarts Chocolate, Cinnamon, Strawberry Whole Grain Muffin/ Loaf <i>(Served with Graham Cracker)</i> Blueberry, Chocolate, Chocolate Chip Whole Grain Donuts Blueberry, Chocolate, Glazed, Powdered Choice of Fruit Seasonal fresh fruits, canned fruit, 100% fruit juice Choice of Milk 1% white, fat-free white, chocolate, vanilla, and strawberry (V) Vegetarian <i>These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg</i> (VG) Vegan <i>These items do not contain any animal products</i>
6	7	8	9	10	
Whole Grain Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Egg & Sausage Bagel Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on WG Croissant Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Mini Waffles Assorted Cereals or Cereal Bar with Graham Crackers	
13	14	15	16	17	
Whole Grain Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Sausage Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Sausage Pancake on Stick Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Soft Filled Cinnamon Toast Crunch Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	
20	21	22	23	24	
NO SCHOOL Martin Luther King Jr. Day	Whole Grain Egg & Sausage Bagel Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese on WG Croissant Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Mini French Toast Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Mini Waffles Assorted Cereals or Cereal Bar with Graham Crackers	
27	28	29	30	31	
Whole Grain Mini Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Sausage Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Sausage Pancake on Stick Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Soft Filled Cinnamon Toast Crunch Assorted Cereals or Cereal Bar with Graham Crackers	Whole Grain Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	
Your Team Jenna Ossler, General Manager 412.492.6390 ma1052@metzcorp.com			Meal Prices Student Breakfast \$0.00 Reduced Breakfast \$0.00 Faculty Breakfast \$2.50		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.