

# Breakfast Menu

## Kindergarten & Elementary Menu

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

All Students can receive one NO COST breakfast and lunch meal daily in school year 2024-25.

Please complete a Household Income Eligibility Form to help sustain the NO CHARGE meal program and other benefits.



2 Chocolate Chip Muffin ✓  
Apple Slices  
Sliced Oranges

3 Red. Sugar Cocoa Puffs Cereal ✓  
With Cinnamon Graham Crackers  
Fresh Banana  
Applesauce

6 Chocolate Chip Muffin ✓  
Apple Slices  
Diced Peaches



7 Cinnamon French Toast ✓  
Fresh Banana  
Fresh Pear

8 Egg and Cheese Sandwich ✓  
Apple Slices  
Diced Peaches



9 Mini Cinnamon Pull Apart Roll ✓  
Sliced Oranges  
Applesauce

10 WW Bagel ✓  
Cream Cheese  
Fresh Strawberries  
Fresh Apple

13 Red. Sugar Cocoa Puffs Cereal ✓  
With Cinnamon Graham Crackers  
Sliced Oranges  
Applesauce

14 Chocolate Chip Muffin ✓  
Apple Slices  
Diced Peaches



15 Maple Mini Waffles ✓  
Fresh Banana  
Fresh Strawberries

16 WW Bagel ✓  
With Cream Cheese  
Fresh Pear  
Sliced Oranges



17 Egg and Cheese Sandwich ✓  
Apple Slices  
Diced Peaches



20



21 Cheerios Cereal ✓  
With Cinnamon Graham Crackers  
Fresh Banana  
Fresh Strawberries

22 WW Bagel ✓  
With Cream Cheese  
Fresh Pear  
Applesauce



23 Maple Mini Waffles ✓  
Fresh Apple  
Sliced Oranges

24 Egg and Cheese Sandwich ✓  
Apple Slices  
Diced Peaches

27 Strawberry Pop Tart  
With Light Mozzarella  
Cheese Stick  
Sliced Oranges  
Applesauce

28 Red. Sugar Cinnamon Toast  
Crunch Cereal ✓  
With Cinnamon Graham Crackers  
Fresh Banana  
Fresh Strawberries

29



30 WW Bagel ✓  
With Cream Cheese  
Fresh Pear  
Applesauce

31 WW Honey Bun ✓  
Fresh Apple  
Sliced Oranges

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

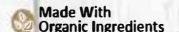
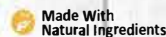
\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



### Available Daily for K-5

Whole grain bagels,  
Assorted yogurts,  
Yogurt parfait, Muffins,  
RS WG Cereals  
Assorted fruits  
Assorted condiments  
available



Breakfast includes  
2 grains or 1 grain and  
1 meat/meat alternate  
Assorted Fruits, 100% Juice  
Choice of 1%, lactose free  
or fat free white milk