

Monday	Tuesday	Wednesday	Thursday	Friday
		NO SCHOOL 1 NEW YEAR'S DAY!	Assorted Cereal Bars or ZeeZee Bars 2 Fruit Juice Assorted Cereals, Fruit Selection	Pumpkin or Banana Bread 3 Assorted Breakfast Bars Blueberry Lemon Bites Assorted Cereals, Fruit Selection
Assorted Muffin Flats 6 Fruity Nutrigrain Bar & Benefit Bars Assorted Cereals, Fruit Selection	Whole Wheat Bagel w/ Cream Cheese 7 Cinnamon Crumb Cake Assorted Cereals, Fruit Selection	WG Cinnamon Rolls 8 Benefit Bars Fruit Juice or Cider Assorted Cereals, Fruit Selection	Fruit & Granola Parfait 9 Chocolate Croissant or Assorted Muffins Assorted Cereals, Fruit Selection	Bacon & Cheese Wraps w/ Hash Brown 10 WG Glazed or Chocolate Donuts Assorted Cereals, Fruit Selection
Apple Frudel Pastry or ZeeZee Bars 13 Craisins Assorted Cereals, Fruit Selection	Blueberries & Cream WG Pancakes 14 Assorted Cereal Bars Fruit Juice Assorted Cereals, Fruit Selection	Breakfast Smoothie 15 Banana or Lemon Bread Assorted Cereals, Fruit Selection	Cinnamon Snackin Waffle w/ Syrup 16 ZeeZee Bars & Assorted Cereal Bars Assorted Cereals, Fruit Selection	Ham & Cheese Roll Up 17 Hash Brown Patty Assorted Muffins Assorted Cereals, Fruit Selection
NO SCHOOL 20 MLK DAY	NO SCHOOL 21 Full Day PD	Assorted Breakfast Pastries & Muffins Flats 22 Blueberry Lemon Bites Assorted Cereals, Fruit Selection	Fruit & Granola Parfait 23 Minni Cinni Pastry Bar or Benefit Bars Assorted Cereals, Fruit Selection	French Toast Sticks w/ Syrup 24 Fruity Nutrigrain Bar & Assorted Cereal Bars Assorted Cereals, Fruit Selection
WG Cinnamon Rolls 27 Benefit Bars Fruit Yogurt Assorted Cereals, Fruit Selection	Fruit & Granola Parfait 28 WG Glazed or Chocolate Donuts Assorted Cereals, Fruit Selection	Ham & Cheese Roll Ups 29 Hash Brown Patty Assorted Breakfast Bars Assorted Cereals, Fruit Selection	Whole Wheat Bagel w/ Cream Cheese 30 Chocolate Croissant Fruit Juice or Cider Assorted Cereals, Fruit Selection	Cinnamon Snackin Waffle w/ Syrup 31 ZeeZee Bars & Assorted Cereal Bars Assorted Cereals, Fruit Selection

All meals are served with fruit or 100% fruit juice and milk
Students must choose at least 3 offered components, including at least 1 cup fruit and/or vegetable option.
Vegetarian/non-pork alternatives available upon request. Menu subject to change.
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