

2025

JANUARY

MIDDLE SCHOOL MENU

MONDAY

Fruit and assorted cereals served daily at breakfast. All breakfast entrées, except the breakfast pizza, are vegetarian. ✓

Fresh fruit and vegetable salad bar offerings served daily with lunch.

TUESDAY

For nutritional and allergen information, please visit our online menu by scanning the QR code:



WEDNESDAY

THURSDAY

FRIDAY

1

Winter Break

2

3

6



Teacher Planning Day

No School

7

Bagel with Cream Cheese

Egg & Sausage Breakfast Sandwich
Egg & Cheese Breakfast Sandwich ✓
Peanut Butter & Jelly Bundle ✓

8

French Toast Breakfast Bar

Chicken Quesadilla
Cheese Quesadilla ✓
Salami & Cheese Sub Sandwich
Peanut Butter & Jelly Bundle ✓

9

Apple Cinnamon Oatmeal Round

Cheeseburger
Hamburger
Salami & Cheese Sub Sandwich
Peanut Butter & Jelly Bundle ✓

10

Fresh Baked Chocolate Zucchini Muffin 🍌

Pepperoni Pizza
Cheese Pizza ✓
Peanut Butter & Jelly Bundle ✓

13

Cheese Omelet with Tater Tots

Chicken & Waffles
Meatless Chicken & Waffles ✓
Ranch Chicken Wrap
Peanut Butter & Jelly Bundle ✓

14

Banana Bread

Grilled Turkey & Cheese
Grilled Cheese Sandwich ✓
Ranch Chicken Wrap
Peanut Butter & Jelly Bundle ✓

15

Breakfast Oatmeal

BBQ Pulled Chicken Sandwich
Mac & Cheese with Crackers ✓
Ranch Chicken Wrap
Peanut Butter & Jelly Bundle ✓

16

Pancake Wrap

Turkey Nachos
Vegetarian Nachos ✓
Ranch Chicken Wrap
Peanut Butter & Jelly Bundle ✓

17

Fresh Baked Banana Chocolate Chip Muffin 🍌

Buffalo Chicken Pizza
Cheese Pizza ✓
Peanut Butter & Jelly Bundle ✓

20



No School

21

Blueberry Pancakes

Scrambled Eggs with Sausage & Biscuit
Scrambled Eggs with Cheese & Biscuit ✓
Veggie Wrap 🍌 ✓
Peanut Butter & Jelly Bundle ✓

22

Maple Waffle

Chicken Sandwich
Spicy Chicken Sandwich
Veggie Wrap 🍌 ✓
Peanut Butter & Jelly Bundle ✓

23

Bagel with Cream Cheese

Bean & Cheese Burrito ✓
Crispy Fish Sandwich
Veggie Wrap 🍌 ✓
Peanut Butter & Jelly Bundle ✓

24

Fresh Baked Chocolate Zucchini Muffin 🍌

Pepperoni Pizza
Cheese Pizza ✓
Peanut Butter & Jelly Bundle ✓

27

Cinnamon Bun

Boneless Buffalo Wings 🍌
Boneless BBQ Wings
Protein Box ✓
Peanut Butter & Jelly Bundle ✓

28

Strawberry & Yogurt Parfait

Mini Corndogs
Rotini Pasta with Beef
Protein Box ✓
Peanut Butter & Jelly Bundle ✓

29

Scrambled Eggs
Tater Tots

Red Chicken Tamale
Cheese & Green Chili Tamale ✓
Protein Box ✓
Peanut Butter & Jelly Bundle ✓

30

Breakfast Pizza

Teriyaki Chicken with Fried Rice
Plant Based Nuggets with Roll ✓
Protein Box ✓
Peanut Butter & Jelly Bundle ✓

31

Fresh Baked Banana Chocolate Chip Muffin 🍌

Buffalo Chicken Pizza
Cheese Pizza ✓
Peanut Butter & Jelly Bundle ✓