




Johnson County Middle School LUNCH MENU January 2025



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Harvest of the Month: Lettuce 	Winter greens collectively are great providers of Vitamins K, A, and C and are considered nutrition powerhouses.		Students must choose a fruit or a veggie at lunch. Student meals are served at no charge. Adult meals are \$5.25.	
6	7	8	9	10
Last Day of Christmas Break	Pizza with Ranch or PBJ Combo with Fries, Steamed Broccoli, Fruit & Milk Choices	Chili & Cheese with Roll or PBJ Combo with Fries, Veggie Juice Box, Fruit & Milk Choices	Chicken Tenders & Roll or PBJ Combo with Mashed Potatoes, Glazed Carrots, Fruit & Milk Choices	Hot Dog or Get Fit Combo with Fries, Baked Beans, Fruit & Milk Choices
13	14	15	16	17
Chicken Nuggets or PBJ Combo with Garden Salad, Mashed Potatoes, Fruit & Milk Choices	Beef Tacos or Get Fit Combo with Cheese, Lettuce, Black Beans, Corn, Salsa, Fruit & Milk Choices	Chicken Noodle Soup & Grilled Cheese or PBJ Combo with Fresh Broccoli & Dip, Veggie Juice, Fruit & Milk Choices	Cheesy Rotini & Meat Sauce with Breadstick or Get Fit with Garden Salad, Sweet Peas, Fruit & Milk Choices	Salad Bar or Chicken Bacon Ranch Wrap with Ranch Baked Potato, Garden Salad, Baby Carrots, Fruit & Milk Choices
20	21	22	23	24
SCHOOL HOLIDAY	Buffalo Bites with Breadstick or PBJ Combo with Baby Carrots with Dip, Green Beans, Fruit & Milk Choices	Homemade PBJ or Get Fit Combo with Veggie Soup, Fried Squash, Black Eyed Peas, Fruit & Milk Choices	Hamburger Steak with Rice, Gravy, and Roll or PBJ Combo with Sweet Potato Bake, Steamed Broccoli, Fruit & Milk Choices	Chicken Fillet Sandwich or Get Fit Combo with Garden Salad, Baked Beans, Fruit & Milk Choices
27	28	29	30	31
Pizza with Ranch or PBJ Combo with Garden Salad, Celery Sticks with Ranch, Fruit & Milk Choices	Chicken Nachos or Get Fit Combo with Cheese, Lettuce, Salsa, Black Beans, Corn, Fruit & Milk Choices	Chicken & Dumplings with Breadstick or PBJ Combo with Glazed Carrots, Sweet Peas, Fruit & Milk Choices	General Tso's Chicken & Rice or Get Fit Combo with Veggie Juice Box, Fresh Broccoli with Dip, Fruit & Milk Choices	Sub Bar or Patty Melt with Garden Salad, French Fries, Baby Carrots, Fruit & Milk Choices

Milk choices along with chilled and/or fresh fruit are offered daily.

All menus are subject to change due to product availability and vendor deliveries.

This institution is an equal opportunity provider.