

SJUSD Elementary Lunch - January 2025

| Lunch Entrée | Protein Source | Allergens |
|--|-----------------------|-----------------------|
| Bean & Cheese Burrito | Beans, Dairy | Wheat, Milk, Soy |
| Bean & Cheese Nachos | Beans, Dairy | Milk |
| Beef Hot Dog | Beef | Wheat (bun) |
| Beef Rib B' Que | Beef | Wheat, Milk, Soy |
| Breakfast 4 Lunch-French Tst & Turkey Patty | Turkey | Wheat, Soy |
| Cheese & Green Chile Tamale | Dairy | Milk |
| Cheesy Southwest Pull-Apart | Dairy | Wheat, Milk, Soy |
| Chicken Burger | Chicken | Wheat, Soy |
| Chicken Tenders | Chicken | Wheat, Soy |
| Chimi Nada | Bean, Dairy | Wheat, Milk, Soy |
| Corn Dog - Chicken | Chicken | Wheat, Egg, Milk, Soy |
| Enchirito (Bean & Cheese) | Beans, Dairy | Wheat, Milk, Soy |
| Grilled Cheese Sandwich | Dairy | Wheat, Milk, Soy |
| Italian Dunkers | Dairy | Wheat, Milk, Soy, Egg |
| Italian Pull-Apart | Dairy | Wheat, Milk, Soy |
| Nachos | Turkey, Beans, Dairy | Milk |
| Orange Chickn over Rice | Chicken | Wheat, Soy |
| Orange Veggie Nuggets over Rice | Soy | Wheat, Soy |
| Pizza-Galaxy Cheese | Dairy | Wheat, Milk, Soy |
| Pizza-Galaxy Pepperoni | Turkey, Dairy | Wheat, Milk, Soy |
| Pizza Nada | Turkey | Wheat, Milk, Soy |
| Popcorn Chicken Mashed Potato Bowl | Chicken | Wheat, Milk, Soy |
| Salad-Beef Taco | Beef, Dairy | Milk, Soy |
| Salad-Southwest Veggie | Beans, Dairy | Milk |
| Spicy Chicken Tenders | Chicken | Wheat, Soy |
| Sunbutter and Jelly Sandwich | Sunflower Seeds | Wheat, Soy |
| Sweet & Sour Chicken w/ Rice | Chicken | Wheat, Soy |
| Sweet & Sour Veggie Nuggets w/ Rice | Soy | Wheat, Soy |
| Turkey Hot Dog | Turkey | Wheat |
| Veggie Burger-Grillers Prime | Soy, Egg White | Wheat, Milk, Soy, Egg |
| Veggie Nuggets | Soy | Wheat, Soy |
| Yogurt, Giant Cinnamon Goldfish, String Cheese | Dairy | Wheat, Milk |