

# Verona Area School District Community Education Program

Events and classes for our  
community

## Offerings

- Enrichment Classes
- Wellness Opportunities
- Aquatics

**Visit Us**

[www.verona.k12.wi.us](http://www.verona.k12.wi.us)

2025  
**Spring**



## A Message from the Verona Area School District

The Verona Area School District's Equity Framework sets goals to ensure that every individual has access to educational, social, and emotional support to feel valued and affirmed in their unique identities and experiences. Through the Strategic Framework, the priority areas of Value & Belonging, Community Collaboration, and Wellness & Mental Health are supported and encouraged through community educational programs.

Our Community Education Program reflects our commitment to lifelong learning and the pursuit of knowledge in all its forms. We believe that learning is a lifelong journey, and this program has been designed to meet individual needs and interests. We are thrilled to offer an array of engaging and exciting classes that encompass a wide range of subjects.

### Verona Area School District Buildings

#### Administration Office

700 N. Main St., Verona.....845-4300

#### Aquatic Center

234 Wildcat Way, Verona.....653-1065

#### Badger Ridge Middle School

300 Richard St., Verona.....845-4400

#### Core Knowledge Charter School

300 Richard St., Verona.....845-4600

#### Country View Elementary

710 Lone Pine Way, Verona.....845-4800

#### Glacier Edge Elementary

800 Kimball Lane, Verona.....497-2100

#### Natorium

400B N. Main St., Verona.....845-4634

#### New Century Charter School

400 N. Main St., Verona.....845-4500

#### Savanna Oaks Middle School

5890 Lacy Rd., Fitchburg.....845-4000

#### Stoner Prairie Elementary

5830 DeVoro Rd., Fitchburg.....845-4200

#### Sugar Creek Elementary

740 N. Main St., Verona.....845-4100

#### Verona Area High School

234 Wildcat Way, Verona.....653-1000

#### Verona Area First Five Years

710 Lone Pine Way, Verona.....845-4813

#### Verona Area International School

400 N. Main St., Verona.....845-4500



# Community Education Course Registration Options

Financial Assistance is available. Please email [peachs@verona.k12.wi.us](mailto:peachs@verona.k12.wi.us) for more information.

You can register online for VASD Community Education Classes:

**[vasdcommmed.recdesk.com/community](http://vasdcommmed.recdesk.com/community)**

To register for VASD Community Education by mail:

Please complete a **SEPARATE** registration form for each person.

Registration is confirmed upon receipt of your payment of fees on a first-come, first-serve basis. In case of a class being canceled due to insufficient enrollment, you will be notified and your payment will be refunded.

**PLEASE NOTE:**

If you register online for a VASD Community Education class, you will receive a notice of confirmation at the time of registration. Be sure to register **at least one week prior to** the start of the class. If minimum enrollment is not reached by one week prior to the start of the class, the class may be canceled.

**REFUND POLICY:**

If a class is canceled by the office, registration fees will automatically be refunded in full. A full refund will also be made if a student withdraws before the class begins. No refunds are given after a class begins.

**SENIOR CITIZEN DISCOUNT:**

Community members 62 years and older may attend some classes at 50% off the regular fee (unless otherwise noted on RecDesk).

**We Reserve the Right to Make Class Modifications:**

The programs in this booklet were scheduled several months in advance. Consequently, details may need to change due to facility usage or conflicts. VASD Community Education reserves the right to adjust schedules as necessary. For the most up-to-date programming information, please visit RecDesk.

**When school is closed due to inclement weather, all Community Education classes will be canceled for that day.**



## Community Education Registration Form

Name\_\_\_\_\_

Phone Number\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ Zip\_\_\_\_\_

Email Address\_\_\_\_\_

Course #\_\_\_\_\_

Course Title(s)\_\_\_\_\_

(Senior Citizens Discount 50%)

Checks Payable/Mail to:

VASD Community Education

700 North Main Street, Verona, WI 53593

FOR OFFICE USE ONLY

Date\_\_\_\_\_ Amt.\$\_\_\_\_\_ Cash\_\_\_\_\_ Check#\_\_\_\_\_

## Community Education Registration Form

Name\_\_\_\_\_

Phone Number\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_ Zip\_\_\_\_\_

Email Address\_\_\_\_\_

Course #\_\_\_\_\_

Course Title(s)\_\_\_\_\_

(Senior Citizens Discount 50%)

Checks Payable/Mail to:

VASD Community Education

700 North Main Street, Verona, WI 53593

FOR OFFICE USE ONLY

Date\_\_\_\_\_ Amt.\$\_\_\_\_\_ Cash\_\_\_\_\_ Check#\_\_\_\_\_

# Adult Fitness Classes



## **Slow Flow Yoga**

Led by a science educator, this course incorporates knowledge of the human body into each session. Classes are modified for student needs and reinforce consistency and routine for a strong mind-body connection. Please bring your own mat. All levels are welcome.

- Course: 473
- Date/Time: Thursdays (January 16th-February 6th), 4:15-5PM
- Age: 18+
- Location: Verona Area High School, Tech Ed. Hallway (Enter school at the Main Entrance)
- Instructor: Hope Mikkelson
- Min/Max Enrollment: 6/30
- Fee: VASD Staff: \$8, Community: \$16



## **Bootcamp**

This bootcamp combines the best of cardiovascular and strength training. Expect to challenge your mind and body as you alternate between high and low-intensity exercises through timed intervals of free weights, plyometrics, cardio training, & balance work. Each workout is different! You'll never get bored of the same workout. The workout can be any of the following formats: Tabata, HIIT, Pilates Fusion, strength with weights, bands or bodyweight. All levels are welcome, modifications are available.

- Course: 457: January 7th-March 20th (Tuesday/Thursday, 5:15-5:50AM)
- Course: 458: April 1st-June 5th (Tuesday/Thursday, 5:15-5:50AM)
- Age: 18+
- Location: Glacier Edge Gymnasium. Enter through Door #6
- Instructor: Angie Rahn
- Min/Max Enrollment: 6/30
- Fee Per Session: Course 457: VASD Staff: \$44, Community: \$88  
Course 458: VASD Staff: \$40, Community: \$80



## **Zumba® Fitness**

Zumba® Fitness is for everybody, and every body! Each Zumba® class is designed to bring people together to sweat and smile and take the "work" out of workout by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba® Fitness classes are often called exercise in disguise. Super effective? Check. Super fun? Check. It is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy, and a serious dose of joy each time you leave class.

- Course: 459
- Day/Time: Tuesdays (January 14th-February 11th), 4:15-5PM
- Location: Badger Ridge Middle School, Small Cafeteria
- Age: 18+
- Instructor: Amelia McConnell
- Min/Max Enrollment: 6/30
- Fee: VASD Staff: \$10, Community: \$20

Check out the Aquatics section for more adult physical activity opportunities!



# Adult Cooking Classes



## Soup-er Bowl

Gumbo, a Southern U.S. classic from Louisiana's Creole and Cajun cuisines, is a flavorful stew made with stock, meat or seafood, and vegetables like bell peppers, onions, and celery (the "holy trinity"). Thickened with okra or file powder, gumbo often includes chicken, sausage, or seafood and is served over rice. Its rich, complex flavors make it a beloved staple. This flavorful workshop is perfect for food enthusiasts of all levels who want to learn how to prepare authentic gumbo, the soul of Southern cuisine.

- Course: 460
- Date/Time: January 30th, 5-7PM
- Age: 18+
- Location: Verona Area High School Culinary Kitchen, Room S1402. Enter school at Door #12
- Instructor: Megan Wenn
- Min/Max Enrollment: 13/20
- Fee: \$20



## Cream Puff Creation

Welcome to the world of pastry magic! Satisfy your sweet tooth and learn to make delicious cream puffs! In this hands-on class, you'll master the basics of light, airy choux pastry and creamy fillings, creating elegant treats perfect for any occasion.

- Course: 461
- Date/Time: March 6th, 5-7PM
- Age: 18+
- Location: Verona Area High School Culinary Kitchen, Room S1402. Enter school at Door #12
- Instructor: Megan Wenn
- Min/Max Enrollment: 13/20
- Fee: \$20



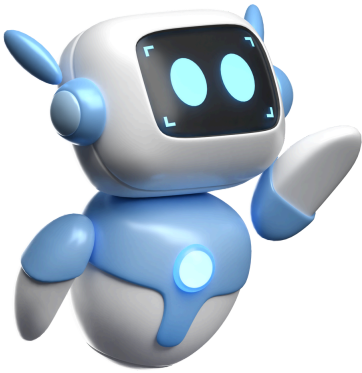
## Veggie California Roll Creation

Discover the art of sushi-making in this fun and interactive class focused on creating delicious veggie California rolls! Perfect for beginners and sushi lovers alike, this workshop will guide you step-by-step through the process of crafting beautiful, flavorful rolls using fresh, plant-based ingredients.

- Course: 462
- Date/Time: April 16th, 5-6:30PM
- Age: 18+
- Location: Verona Area High School Culinary Kitchen, Room S1402. Enter school at Door #12
- Instructor: Megan Wenn
- Min/Max Enrollment: 13/20
- Fee: \$20



# Enrichment Classes



## **Intro to AI: What It Is and How It Works**

Curious about Artificial Intelligence (AI) but not sure where to start? In this 1.5-hour introductory class, we'll break down what AI is, how it's shaping the world around us, and how it impacts everyday life. You'll learn about the basic concepts behind AI and get hands-on experience with tools like ChatGPT and Notebook LM. No prior knowledge is required—just bring your curiosity and questions! This class will be held in a mac computer lab. You are welcome to bring your own device if interested.

- Course: 463
- Date/Time: January 28th, 4:30-6PM
- Age: 18+
- Location: Verona Area High School Computer Lab, Room N1058. Enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 8/20
- Fee: \$5



## **Getting Started with Canva: Design Basics for Beginners**

Get ready to unleash your inner designer with Canva! In this fun and beginner-friendly class, you'll dive into Canva's super-easy tools to create eye-catching graphics for anything—from social media posts to flyers and presentations. Whether you're designing for fun or work, this 1.5-hour session will walk you through customizing templates, adding your own flair with images and text, and turning your ideas into stunning designs. No design experience? No problem! Just bring your imagination and get ready to wow the world! This class will be held in a mac computer lab. You are welcome to bring your own device if interested.

- Course: 464
- Date/Time: March 6th, 4:30-6PM
- Age: 18+
- Location: Verona Area High School Computer Lab, Room N1058. Enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 8/15
- Fee: \$5



## **Everyday Self-Care: Simple Habits for a Balanced Life**

Learn about new ways to practice self-care from anywhere! This class provides self-care practices and ideas to implement daily, introducing proven best practices for taking care of yourself. You'll also receive some self-care items to use at home!

- Course: 465
- Date/Time: February 27th, 5:15-6:15PM
- Age: 16+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Hayley Green
- Min/Max Enrollment: 8/20
- Fee: \$20



# Enrichment Classes



## Acrylic Pour

Acrylic pouring is a fun and easy art technique that involves mixing acrylic paint with a pouring medium to create colorful, fluid designs. In this class, you will learn how to mix paints, use different pouring methods, and then have an opportunity to explore your creativity and make your own unique art pieces on two Wisconsin wood cutouts in your favorite colors. This class is perfect for beginners, and no painting experience is needed. Adults and children may attend. Cutouts are approximately 7 inches tall. Two for \$10 or three for \$15.

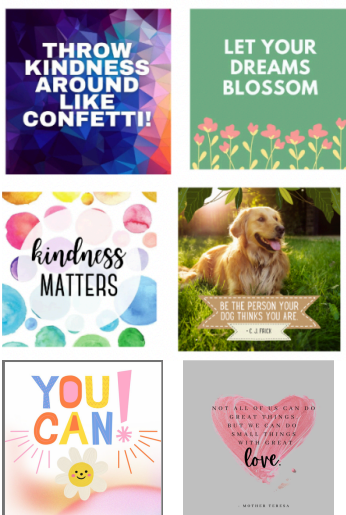
- Course: 466
- Date/Time: April 9th, 4:30-6PM
- Age: 6+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 12/25
- Fee: 2 for \$10 or 3 for \$15



## Rock Your Creativity: Transforming Stones into Art

Get ready for a fun, creative adventure as students and families join us for a rock painting party! In this class, you'll turn ordinary stones into colorful masterpieces with just a bit of paint and imagination. From animals and patterns to inspiring words and silly faces, each rock you design will be one-of-a-kind. It's a relaxing, hands-on activity that's perfect for creating keepsakes, gifts, or little decorations to brighten any space! Each participant will get a chance to paint and take home up to 5 rocks.

- Course: 467
- Date/Time: May 8th, 4:30-6PM
- Age: 6+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 8/15
- Fee: \$12



## Create & Keep: Crafting with Mod Podge

Choose from a variety of "make and take" designs perfect for your home, classroom, or as a thoughtful gift. Select a pre-printed design and apply it to a 3x3, 4x4, or 5x5-inch block, then seal it with a final coat for a polished finish. Want to mix things up? You'll also have the option to decorate a glass jar with your design, transforming it into a stylish vase. Whether you're creating a block or a vase, you'll leave with a beautiful, personalized piece ready to take home!

- Course: 468
- Date/Time: February 11th, 4:30-6PM
- Age: 10+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Rita A. Mortenson
- Min/Max Enrollment: 10/22
- Fee: \$15



# Enrichment Classes



## **Developing Green Thumb**

Discover the joys of gardening in our "Developing Your Green Thumb" course! In this class, you'll learn the basics of plant care, from selecting the right plants for your space to understanding watering, soil, and light needs. Whether you're new to gardening or looking to improve your skills, you'll gain the knowledge and confidence to grow vibrant plants at home. Get ready to nurture your green thumb and create a thriving garden, no matter your experience level!

- Course: 469
- Date/Time: April 3rd, 4:30-6:30PM
- Age: 18+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Hannah Thompson
- Min/Max Enrollment: 12/25
- Fee: \$24



## **Interactive Floral Arrangement**

Indulge in the joy of flowers! Sign up for an interactive floral design class where you'll learn the basics and craft your own beautiful spring centerpiece to take home, guaranteed to bring a smile every time you see it in your favorite mug.

- Course: 470
- Date/Time: May 1st, 4:30-5:30PM
- Age: 6+
- Location: Verona Area High School, Green House S1609. Enter school at main entrance
- Instructor: Angie Midthun-Hensen
- Min/Max Enrollment: 12/25
- Fee: \$20



## **Terrarium Workshop**

Select the glassware or handmade ceramic container of your choice to create your own terrarium. Get ready for spring with our selection of succulents, stones, moss and more. All materials included to walk out with a terrarium!

- Course: 474
- Date/Time: April 24th, 6-8PM
- Age: 8+
- Location: Verona Area High School, East Atrium. Enter school at main entrance
- Instructor: Kris Schumacher
- Min/Max Enrollment: 12/25
- Fee: Small Terrarium- \$27, Medium Terrarium- \$32, Large Terrarium- \$37





## VASD Aquatic Facilities

### Verona Area Natatorium and Aquatic Center Mission Statement



To provide the entire Verona Area School District community with a wide range of equitable, safe, educational, and fun aquatic activities and programs.

A Community Facility for Residents and Non-Residents, owned and operated by the Verona Area School District.

### General Information

**Verona Area Aquatic Center** includes two pools. The 8-lane competition pool has an attached 12-foot 6-inch deep diving well with seating for up to 800 spectators. The warm water pool is an 8-lane, 25-yard pool, with a ramp and stairs that go into 3ft of water. The deepest area in the pool is 5 ft. The warm water pool also has an adjoining Multi-Purpose room. The Aquatic Center provides the community with a wide range of aquatic activities and programs including swim instruction, open swim, adult lap swim, scuba, senior water exercise, birthday parties, and more!

**The Natatorium** is a 6-lane, 25-meter pool, located on the grounds of Badger Ridge Middle School and Core Knowledge Charter School. The Natatorium offers the community a wide range of aquatic activities and programs including swim teams, adult lap swim, master swim practices, and more!

#### Resident/Non Resident

A resident is someone who resides within the Verona Area School District boundaries. A Non-Resident is anyone who resides outside the Verona Area School District.

#### Program Cancellations

All classes must meet their minimum number of students. VASD Aquatic Facilities reserve the right to cancel, combine, or make schedule revisions as necessary.

#### Weather Cancellations (School Days)

When the Verona Area School District closes or delays due to weather, VASD Aquatics Facilities will be closed or delayed also.

#### Weather Cancellations (Non-School Days)

If the weekend weather is questionable, please check our website ([verona.k12.wi.us/pool](https://www.verona.k12.wi.us/pool)) as cancellation information will be provided. Cancellation information will be provided via email, website, and social media. Make sure to have or create an account on RecDesk to receive all of our communications.

#### Pool Rentals

Please visit <https://www.verona.k12.wi.us/pool> to find information about renting our facilities and make a reservation, or call Jeanene Ennis at 608-845-4329. Our rental rates are charged to cover lifeguard, custodial services, and facility use costs. More details about this information may be found on our website. The pool will not be rented for fundraising or profit-making ventures. Pool rules must be followed. Adult supervision is required for all groups of children. Please make reservations at least two weeks in advance.

#### Waiver of Liability

The Verona Area School District is not responsible for any injuries sustained as a result of participation in any department/organization-sponsored activities or while using district facilities. The Verona Area School District recommends that anyone enrolled in a program or using district facilities make provisions for adequate insurance coverage.



# Aquatic Schedules/Fees

Pool  
Schedule



Aquatic  
Website



Programs  
Registration



Swim Lessons  
Information



## VASD Aquatic Facilities Swimming Fees & Membership Information

### Daily Fees

VASD Resident Youth: \$3.00	Non-Resident Youth: \$4.00
VASD Resident Adult: \$4.00	Non-Resident Adult: \$5.00
VASD Resident Senior Citizen (62 and over): FREE	Non-Resident Senior: \$2.00

### Punch Cards

10 pass	Resident Youth: \$27 Resident Adult: \$36	Non-Resident Youth: \$36 Non-Resident Adult: \$45 Non-Resident Senior: \$18
20 pass <b>Water Exercise ONLY</b>	Resident Adult: \$90 Resident Senior (62+): \$20	Non-Resident Adult: \$108 Non-Resident Senior (62+): \$40

### 6-Month Membership (Note: Begins on the date of purchase)

<b>VASD Resident</b> Individual \$55 Family \$95.00	<b>VASD Non-Resident</b> Individual \$110.00 Family \$135.00
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### Annual Membership (Note: Begins on the date of purchase)

<b>VASD Resident</b> Individual \$110.00 Family \$190.00	<b>VASD Non-Resident</b> Individual \$220 Family \$270
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Memberships can be purchased online at [veronanat.recdesk.com](http://veronanat.recdesk.com) or our front desk. You must have an account to purchase a membership.

Please visit [www.verona.k12.wi.us/pool](http://www.verona.k12.wi.us/pool) for more information or updates.

Note: VASD Resident Senior Citizens may use the pool daily at no charge (62 years of age and older). A Senior Citizen Gold Card may be obtained at the District Office (700 N Main St, Verona, WI 53593) or the Verona Area Aquatic Center. Fees will be charged for classes and pool rentals.



## Aquatic Programs

Registration for some of the Aquatic programs must be done through our program portal at [veronanat.recdesk.com](http://veronanat.recdesk.com). You MUST have an account to register.

### Family Swim (Warm Water Pool)

Family Swim is designed as a time for families to swim together. All children under the age of 8 must have a person 15 years of age or older in the water within arm's reach at all times. A lap lane will be provided during Family Swim unless the pool is crowded. **\*Swim Diapers:** Swim diapers (cloth or disposable) are required (by State Law) for all non-toilet-trained individuals.

**When: Sunday from 2:30 p.m.-3:30 p.m.**

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI**

### Family Adapted Swim Time (Warm Water Pool)

Verona Aquatic Center offers open swimming for families with children with special needs. Family Adapted Swim Time (F.A.S.T.) is designed for families with children with special needs to use the facility for therapy, to enjoy being with friends/family, or to just relax. The swim will be set up like an open swim but with the understanding that there might be people making loud noises, some lights may be turned down, or special adaptive devices may be used to help people swim in the water. Anyone is welcome to join this swim time.

**When: Every Monday from 4:15 p.m.-5:15 p.m.**

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI**

### Open Swim (Warm Water Pool)

Everyone is welcome to attend the open swim. Children, 8 years of age and older may attend Open Swim without an adult. Children under the age of 8 must have a responsible person (15 or older) in the water with them at all times.

Coast Guard-approved floatation devices are allowed during Open Swim. A lap lane will be provided during open swim unless the pool is crowded. See the Pool Schedule for open swim times.

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI**

### Lap Swim (Competition Pool and Natatorium)

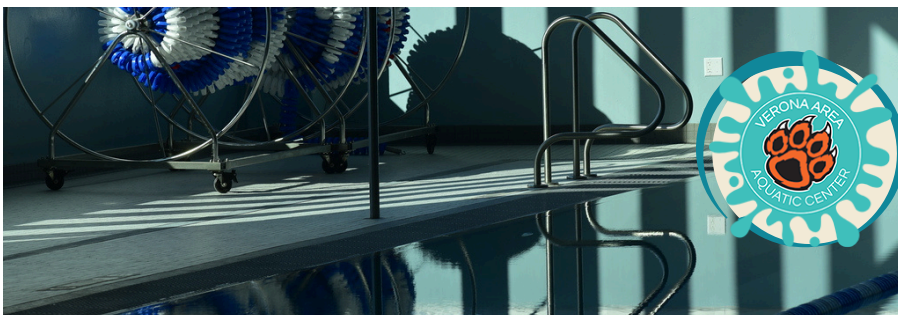
Lap Swim is open to everyone. Circle swimming is encouraged during peak times. Please refer to the pool schedule for specific lap times, by visiting <https://aquatics.verona.k12.wi.us/pool-schedule>.

**Where: Verona Aquatic Center - 234 Wildcat Way, Verona, WI OR Natatorium - 400B N Main St. Verona, WI**

### Master Swim Program (Both Morning and Evening classes)

The Master Swim Program is an organized coaching program for adults. Practice sessions will consist of stroke techniques and the development of all four racing strokes, starts, and turns. The program will also focus on developing general fitness, endurance, and speed.

Anyone looking for any or all of the following should consider this program: improved fitness, competition, triathlon, and open water swimming. Registration will not be taken over the phone. Payment must accompany registration to hold a spot in the class.



[veronanat.recdesk.com](http://veronanat.recdesk.com)  
or QR Code



# Aquatic Programs



## Water Exercise Fees (ONLY 18+)

SENIOR RESIDENT (62 OR OLDER) : \$1	ADULT RESIDENT : \$5
SENIOR NON-RESIDENT (62 OR OLDER) : \$2	ADULT NON-RESIDENT \$6

Water has wonderful benefits without a hard impact on your joints. Get a fit and healthy body in this fun workout. You can always go at the intensity that's best for you.

### **Aqua Hit - Aquatic Center/Natatorium (18+)**

Warm Water Pool - (At Aquatic Center)

Morning Schedule :  
Wednesdays 10:00a.m.-10:45a.m.

Afternoon Schedule:  
Mondays , Wednesdays, & Fridays 2:30 p.m.-3:15 p.m.

Evening Schedule:  
Tuesdays 4:30 p.m.-5:15 p.m. & Wednesdays 6:00 p.m.-6:45 p.m.

Natatorium:

Morning Schedule:  
Mondays 10:00 a.m.-10:45 a.m. & Tuesdays 11:30 a.m.-12:15 p.m.

### **Balance, Breath and Buoyancy**

Warm Water Pool - (At Aquatic Center)

**\*Starting January 6th \***  
Morning Schedule :  
Mondays 9:00am-10:00am  
Fridays 7:30am-8:30am

Afternoon Schedule:  
Mondays 3:30pm-4:15pm

### **Deep Water Bootcamp**

Diving Well - Aquatic Center

Morning Schedule:  
Mondays, Wednesdays 7:00 a.m.-7:45 a.m. & Tuesdays, Thursdays 6:00 a.m.-6:45 a.m.

Afternoon Schedule:  
Tuesdays 3:30 p.m.-4:15 p.m.

### **Joints in Motion (January 9th - February 20th)**

Warm Water Pool - (At Aquatic Center)

Afternoon Schedule:  
Thursdays @ 1:00p.m - 1:45p.m



Description of classes! - Scan QR Codes



# Aquatic Programs/Swim Lessons

FOR REGISTERED PARTICIPANTS ONLY!  
SCAN QR CODE TO SECURE YOUR SPOT!

SCAN HERE!

*Dive-in movie*  
**NIGHT**  
JANUARY 17TH, 2025  
6PM-9PM

HAVE QUESTIONS?  
CALL US / EMAIL US!  
(608) 653-1065  
VASDAQUATICS.VERONA.K12.WI.US

BRING YOUR FLOATS!

AQUATIC CENTER - 234 WILDCAT WAY VERONA, WI 53593

## Community Swim Class Information

Lessons are filled on a “first-come, first-serve” basis. All classes have limited space available, so register early. Please note that registrations will not be accepted over the phone.

### REFUND POLICY

VASD Aquatics has a No-Refund policy. However, full refunds will be given if the VASD Aquatics department cancels a class. A prorated refund may be given only if severe illness or injury prevents participation. In the case of an eligible situation for a refund, a household credit will be applied. Individuals will not be eligible for a refund if they register their children or themselves for more than one session at a time and have placed their student in an incorrect class or if they choose to cancel out and/or withdraw from a class.

### **\*\* You may register each child for ONE swim class (Parent/Tot-Level 6) at a time \*\***

Individuals who register their children for more than one session at a time will not be eligible for a refund if they have placed their student in an incorrect class.

### MISSED LESSONS

Occasionally, students may need to miss a lesson. There are no make-up classes available for missed lessons.

**Age Requirements:** Your child must be 6-18 months of age to participate in Parent-Tot 1, and 18 months to 3 years of age to participate in Parent-Tot 2. To participate in preschool 1, 2 & 3, your child must be 4 to 5 years of age. To participate in Level 1 – Level 6, your child must be 6 years of age and older. No exceptions will be made.



# Winter / Spring Swim Lessons

## SWIMMING LESSONS REGISTRATION INFORMATION

### Online Registration

Visit our web page at [veronanat.recdesk.com](http://veronanat.recdesk.com) and log in to your account.

If you have not signed up before, click on Log-in on the top right of your screen and you will be able to create an account. Follow the online prompts and complete the process with your credit card. You will receive a confirmation email when you register.

**Please Note:** *Registrations must be paid in full at the time of registration. Registrations will not be accepted over the phone. Swim lessons are NOT refundable unless the VASD Aquatic department cancels a class or in case of severe illness or injury.*

## Winter/Spring 2025 - Swim Lessons Schedule

Lessons this Winter & Spring will be once a week for 7 weeks:

**Registration  
opens**

**Wednesday  
January 15th  
at 10:00 a.m.**



### Winter - Session 1

Tuesday Evenings - February 4th - March 18th

Thursday Evenings - February 6th - March 20th

### Spring - Session 2

Sunday Evenings - March 30th - May 18th

**\*\*No Class on April 20th\*\***

Tuesday Evenings - April 1st - May 13th

Thursday Evenings - April 3rd - May 15th

**Nataly Garcia - Admin. Assistant - *Se habla español!***

**Tatiana Ortiz - Admin. Assistant - *Se habla español!***

**Deb Bossingham - Aquatics Director**

**Leah Wicander - Aquatics Assistant Director - *Se habla español!***

## CONTACT US

[aquatics@verona.k12.wi.us](mailto:aquatics@verona.k12.wi.us)



**AQUATIC CENTER**

**608-653-1065**

**234 Wildcat Way, Verona WI, 53593**

**NATATORIUM**

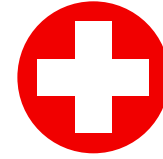
**608 845 4634**

**400B N Main St, Verona, WI 53593**



# Aquatic Courses

## Aquatic Training/Courses



### Red Cross Trainings

Our courses/trainings are filled on a “first-come, first-serve” basis. All classes have limited space available, so register early.

### Lifeguard Blended (Online and in person):

Pre-requisites: Ages 15 & up. Preliminary work is required. Take this course and become an American Red Cross-certified lifeguard. Individuals must complete preliminary work and pass a skills test to become certified.



### Lifeguard Certification Class Dates

- 🚑 January 17-19th
- 🚑 February 7-9th
- 🚑 March 7-9th
- 🚑 April 11-13th
- 🚑 May 2-4th
- 🚑 May 30th -June 1st

### Lifeguard Recertification Class Dates

- 🚑 January 18th
- 🚑 February 8th
- 🚑 March 8th
- 🚑 April 12th
- 🚑 May 3rd
- 🚑 May 31st



### First Aid/CPR/AED Blended (Online and in person) plus add on Narcan training:

The Blended Learning material will take approximately 2.5 hours and MUST be completed prior to the in-person class. A skill boost for Naloxone training will be provided, so participants can see what it looks like and use a trainer to try it out. Visit [veronanat.recdesk.com](http://veronanat.recdesk.com) to find dates and times.

### Water Safety Instructor:

The Water Safety Instructor (WSI™), course trains instructor candidates to teach all courses presented in the Swimming and Water Safety program to all age groups. This course is a blended class of approximately 7 hours online and 24 hours in-person. The purpose of this course is to teach people how to be safe in, on, and around water, and to teach people of all ages and varying abilities how to swim.

## Scan the QR code for upcoming courses!



# Aquatic Courses

**Plenty of upcoming courses starting February-September!**

## Scuba Diving Lessons:

Complete all learning requirements & testing online! (9-10 hours) Learn to dive over one weekend with 6-8 hours of in-water pool time. We teach slowly and steadily to build your skills and confidence. We provide wetsuits in the pool to keep you warm. You'll get to try several different masks, fins, & other equipment so you'll know what fits you best while underwater. You must register for any of the scuba classes, to ensure that we have enough equipment for everyone.

Scan to register



**Scuba Full Certification**



**Scuba Review**



**Try Scuba**



**Plenty of upcoming courses starting January 2025- September 2025!**

## Water Polo:

Join our exclusive water polo training program where we start with the basics and work to advanced strategies and techniques! Whether you are perfecting your dribbling or fine-tuning your goalkeeping skills, our structured "skills and drills" format ensures you'll level up in no time.



**Please check RecDesk for upcoming courses!**



## Logrolling:

Come and try the challenging but fun sport of logrolling taught by local professionals! Logrolling is enjoyable for all experience levels and age groups. Learn to balance on a floating log and compete against your friends!



SESSION 1 - SUNDAYS February 2 - March 16	SESSION 2 - SUNDAYS March 30 - May 18
6:05 p.m.-6:45 p.m. - Beginning logrolling (ages 8 -17) 6:50 p.m.-7:30 p.m. - Advanced logrolling (ages 8 - 17) 7:35 p.m.-8:15 p.m. - Adult Logrolling (ages 18 and older)	4:15 p.m.- 4:55 p.m. -Beginning logrolling (ages 8 -17) 5:00 p.m.- 5:40 p.m. -Advanced logrolling (ages 8 - 17) 5:45 p.m.- 6:25 p.m. -Adult Logrolling (ages 18 and older)

**Masters Swim:** This will be a great class for you if you have only spent 10 hours in the pool, or swim 10 hours per week. The goal is for each swimmer to get the most out of any time spent in the pool. Focus: Aerobic Fitness, Strength, and Speed to help you reach new levels.

### WINTER 2025

EVENING 1/6- 3/19 : 8PM-9PM  
MONDAYS & WEDNESDAYS

MORNING 1/17-3/20 : 6AM-7AM  
TUESDAYS & THUSDAYS

MORNING 1/17-3/20 : 7AM-8AM  
TUESDAYS & THUSDAYS

Scan to register



### SPRING 2025

EVENING 3/31-6/04 : 8PM-9PM  
MONDAYS & WEDNESDAYS

MORNING 4/01-6/05 : 6AM-7AM  
TUESDAYS & THUSDAYS

MORNING 4/01-6/05 : 7AM-8AM  
TUESDAYS & THUSDAYS





# Community Resources



## Tours of Verona Area High School

Join us for a tour of Verona Area High School. The Verona Area High School resides on approximately 150 acres and includes athletic facilities, three ecosystems, a geothermal field, and has the Military Ridge State Trail running through it. The building footprint alone is approximately seven acres in size! It has the largest footprint of all Wisconsin high schools. Within the building, there are academic spaces, a field house, a performing arts center, and two pools. You will have an opportunity to see many of the spaces in our 90 minutes together. The tour will be indoors only and VAHS is equipped with elevators if needed throughout the tour. We will meet at the front entrance of the high school. Please be sure to wear comfortable walking shoes.

Age: 18+ Location: Verona Area High School (Enter school through the Main Entrance) Instructor: Rita A. Mortenson Fee: Free Min/Max Enrollment: 10/25  
Pick one of the following dates:

- Course 471: February 20th (4:30 p.m.-6:00 p.m.)
- Course 472: April 15th (4:30 p.m. -6:00 p.m.)

Register at: <https://vasdcomm.education.wisconsin.gov/Community/Page?pagelid=15329>



## VASD RESIDENT SENIOR CITIZEN GOLD CARD

### FREE ACCESS TO:

- VASD AQUATIC CENTER AND NATATORIUM OPEN AND LAP SWIM
- ENTRY TO VASD SPORTING EVENTS, EXCEPT WIAA PLAYOFF GAMES

### YOU CAN PICK UP YOUR FREE PASS AT THE FOLLOWING LOCATIONS:

- VERONA AREA AQUATIC CENTER
- VERONA AREA SCHOOL DISTRICT CENTRAL OFFICE
- DURING COMMUNITY EDUCATION TOURS OF VAHS

\*MUST BE 62 OR OLDER AND A VASD RESIDENT



## Badger Prairie Needs Network

608-848-2499 Address: 1200 E. Verona Ave., Verona, WI 53593

Badger Prairie Needs Network operate a grocery-style food pantry that serves food-insecure households throughout Dane County. They offer a free Community Meal two Saturdays each month and career development opportunities in the Kasieta Center. The commercial-grade Prairie Kitchen offers nutrition education and is home to our Kitchen to Table initiative. They provide access to Joining Forces for Families social workers and free legal advocacy focused on ending homelessness and leveling the playing field for people with limited financial means.

Hours: Tuesday: 10 a.m.-12 p.m., Wednesday: 6 p.m.-8 p.m., Thursday: 10 a.m.-6:30 p.m., Friday: 10 a.m.-12 p.m., Saturday: 10 a.m.-12:30 p.m.

Website: <https://www.bpnn.org>



## Verona Public Library

608-845-7180 Address: 500 Silent St., Verona, WI 53593

Email: [vpl@veronapubliclibrary.org](mailto:vpl@veronapubliclibrary.org)

Whether it's a quiet place to read by the fireplace, accessing free internet, getting professional research assistance, bringing friends and family for entertaining and educational programs, or picking up the latest new book, magazine, video games, or movie releases, the Verona Public Library is sure to have something for you!

Hours: Monday-Thursday: 9:00 a.m. -9:00 p.m.

Friday: 9:00 a.m. -6:00 p.m.

Saturday: 9:00 a.m. -4:00 p.m.

Sunday: 1:00 p.m. -5:00 p.m.



Your public library provides:

Books	Music CDs	Printer	Personal Archiving Lab
Audiobooks	DVD/Blu-rays	Computer Lab	Programs for all ages
Magazines	Large Print Books	Fax Machine	Meeting and Study Rooms
Video Games	Activity Kits	Free WiFi	Access to subscription databases like Ancestry
Board Games	Copier/Scanner	Book Discussions	and Consumer reports

Story times and programs are held throughout the year. Check the library website for more information.

Website: [veronapubliclibrary.org](http://veronapubliclibrary.org)

## Fitchburg Public Library

608-729-1760 Address: 5530 Lacy Rd., Fitchburg, WI 53711

The Fitchburg Public Library is pleased to be a member of the 52 other libraries that make up the South Central Library System. Stop by and sign up for a library card, or continue to use your current SCLS library card. There is something for everyone at the Fitchburg Public Library including separate spaces for children, teens, & adults, over 30 public computers and three public meeting spaces.

The Fitchburg Public Library is please to offer:

Books	Large Print Books	Meeting Rooms	Adult Programs
Audio Books	Magazines & Newspapers	Study Rooms	Teen Programs
Music CDs	Online Database	Book Discussions	Children's Programs
DVDs	Internet/Wireless	Research Assistance	Movie Showings
E-books	Laptops with Internet Access	Consumer Information	Early Literacy Toys



Storytimes are held throughout the year for babies (ages 0-2), toddlers (ages 2-5), & families (all ages). The library also features bilingual (English/Spanish) story times each month. Please contact the library for further information & exact times.

The Youth Services department offers multiple programs which are listed on the Fitchburg Library website. Please check out our calendar!

Hours: Monday-Thursday: 9 a.m. -8 p.m., Friday-Saturday: 10 a.m.-6 p.m., Sun: 1 p.m.-5 p.m. (September-May)

Website: [www.fitchburgwi.gov/library](http://www.fitchburgwi.gov/library)



## The Verona Recreation Department

Location: Verona Public Works, Parks and Recreation Building: 410 Investment Court Verona, WI 53593  
Hours: M-F, 7:30 a.m.-4:30 p.m.  
Telephone: Main office: (608) 848-6815

The Verona Recreation Department offers a wide selection of leisure time activities throughout the year for youth and adults. For the most up-to-date programming visit:  
<https://www.ci.verona.wi.us/265/Recreation>

## Fitchburg Recreation

Location: Fitchburg Community Center: 5520 Lacy Rd. Fitchburg, WI  
Phone: 608-270-4285 Hours: M-Th, 8:00 a.m.-4:00 p.m. F, 8:00 a.m.-2:00 p.m.  
Website: [www.fitchburgwi.gov](http://www.fitchburgwi.gov)

The Fitchburg Recreation Department offers a wide array of programs for youth and adults. From sports and fitness to enrichment classes, we have something for everyone. To view a current listing of activities please visit our online registration page at:  
<https://apm.activecommunities.com/fitchburg/Home>

## Verona Senior Center

108 Paoli St., Verona, WI 53593

**Hours:** M-F, 8:30 a.m.-4:00 p.m.  
Phone: 608-845-7471 Fax: 608-848-2784

### Services:

- Case Management
- Exercise
- Nutritious meals (including home-delivered meals)
- Transportation
- Wellness and self-care
- Social and recreational programs and activities
- Volunteer opportunities

### Staff:

Stephanie Ehle, Senior Center Director  
Lisa Reilly, Lead Case Manager  
Alasa Wiest, Program Manager

### Senior Center Website:

<http://www.ci.verona.wi.us/290/Senior-Center>

## Fitchburg Senior Center

5510 Lacy Rd., Fitchburg, WI 53711

**Hours:** M-TH, 8:00 a.m.-4:00 p.m. F, 8 a.m.-4:00 p.m.  
Phone: 608-270-4290 Fax: 608-270-4296

### Services:

- Meals
- Medical Equipment Loan Closet
- Social Work Services
- Transportation
- Health & Wellness
- Exercise
- Volunteer Opportunities
- Education Classes

### Staff:

Jill McHone, Director  
David Hill, Assistant Director  
Mandi Miller, Volunteer Program Manager Nutrition Site Manager  
Sarah Folkers, Social Worker  
Amy Jordan, Social Worker  
Katie Bogucki, Case Manager  
Suzie Jones, Office Manager/Mainline

### Senior Center Website:

<https://www.fitchburgwi.gov/621/Senior-Center>





# Verona Area School District Community Education

**2025  
Spring**

## Offerings

- Enrichment Classes
- Wellness Opportunities
- Aquatics

**Visit Us**

[www.verona.k12.wi.us](http://www.verona.k12.wi.us)

