



As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

K-5 BREAKFAST

This month's local Eggs are from Newburg Egg (the omelet is made by Kay Foods in Albany NY)

JANUARY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		No School 1 	Breakfast Egg & Cheese 2 on Bun Assorted Pop Tart 1% Milk, Fruit	Assorted Sliced Bread 3 Assorted Cereal Graham Cracker 1% Milk, Fruit
Bagel, Cream Cheese 6 Yogurt, Granola String Cheese 1% Milk, Fruit	Egg & Cheese Sandwich, Croissant 7 Assorted Cereal 1% Milk, Fruit	Cinnamon Mini 8 Assorted Cereal String Cheese 1% Milk, Fruit	Bacon Egg w/Bun 9 Assorted Pop Tart Graham Cracker 1% Milk, Fruit	Assorted Muffin 10 Assorted Cereal String Cheese 1% Milk, Fruit
Yogurt & Granola, 13 Assorted Cereal String Cheese 1% Milk, Fruit	Maple Pancake, Chicken 14 Sausage String Cheese 1% Milk, Fruit	Maple Butter Waffle 15 Assorted Cereal String Cheese 1% Milk, Fruit	Breakfast Egg & Cheese on Bun 16 Assorted Pop Tart 1% Milk, Fruit	Assorted Sliced Bread 17 Assorted Cereal Graham Cracker 1% Milk, Fruit
No School 20 	Egg & Cheese Sandwich 21 Croissant Assorted Cereal 1% Milk, Fruit	Cinnamon Mini 22 Assorted Cereal String Cheese 1% Milk, Fruit 	Bacon Egg w/Bun 23 Assorted Pop Tart Graham Cracker 1% Milk, Fruit	Assorted Muffin 24 Assorted Cereal String Cheese 1% Milk, Fruit
Yogurt & Granola, 27 Assorted Cereal String Cheese 1% Milk, Fruit	Maple Pancake, Chicken 28 Sausage String Cheese 1% Milk, Fruit	No School 29 	Breakfast Egg & Cheese on Bun 30 Assorted Pop Tart 1% Milk, Fruit	Assorted Sliced Bread 31 Assorted Cereal Graham Cracker 1% Milk, Fruit

View Menus Online



linqconnect.com

Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

This institution is an equal opportunity employer.
MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

In collaboration with
CAPITAL REGION BOCES
SHARED FOOD SERVICE PROGRAM

