



As part of the Community Eligibility Provision (CEP), we are pleased to announce that breakfast and lunch will be provided to all students at no charge. Please note that this applies to the first meal only. Any second meals will incur a charge. Enjoy your meals!

MENU

This month's NY food item is from Newburg Egg (the omelet is made by Kay Foods in Albany NY)

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JANUARY
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9-12 LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		No School 		
Rotini with Meat Sauce 6 Garlic Breadstick Seasoned Green Beans Warm Cinnamon Pears	Baked Potato Bar 7 (pulled chicken, queso & bacon) Garlic Knot Steamed Broccoli Salsa & Sour Cream	Sampler Platter 8 (chick wings & Mozz sticks) French Fries Fresh Veggies w/Hummus	Crispy Chicken Wrap 2 (plain, ranch or buffalo) Baked Potato Chips Creamy Coleslaw Fresh Grape Tomatoes	Pizza Slice 3 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad
Crispy Chicken Tenders 13 with assorted dipping sauces Pesto Parmesan Rotini Rainbow Pepper Sticks	BBQ Pork Bowl 14 Pineapple Corn Rice Veggie Pinto Beans <i>New Recipe!</i> Cucumber Slices Fruit Salad	Alaskan Pollock Po'boy 15 Sandwich Seasoned Potato Wedges Fresh Veggies w/Hummus Fresh Orange Wedges	Ultimate Nachos 9 Salsa & Sour Cream Guacamole, Olives, Jalapenos Mexican Street Corn Mango Peach Applesauce	Pizza Slice 10 (Cheese or Pepperoni) Steamed Mixed Veggie Garden Side Salad
No School 20 	Regents Exams 21 Turkey Sandwich Ham Sandwich Caesar Salad	Regents Exams 22 Turkey Sandwich Ham Sandwich Caesar Salad	Regents Exams 23 Turkey Sandwich Ham Sandwich Caesar Salad	Regents Exams 24 Turkey Sandwich Ham Sandwich Caesar Salad
Crispy Chicken Sandwich 27 Seasoned Waffle Fries Tomato, Cucumber Salad Cocoa Brownie Bar	Pineapple Teriyaki 28 Chicken Fried Rice & Veg Egg Roll Stir Fry Vegetables Baby Carrots	No School 29 	Tortellini Alfredo with 30 Chicken Garlic Knot Roasted Broccoli Grape Tomatoes	Pizza Slice 31 (Cheese or Pepperoni) Steamed Mixed Veggie Caesar Side Salad

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change. Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and low-fat white or flavored milk.

In collaboration with
CAPITAL REGION
BOCES
 SHARED FOOD SERVICE PROGRAM

