

JANUARY

MON


TUE

WED

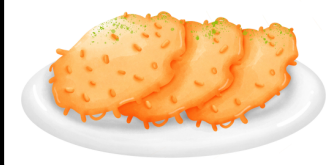
THU

FRI

		Happy New Year	Mac & Cheese w/ Garlic Bread Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Pineapple Cup Roasted Broccoli Seasoned Corn 2	Chicken & Waffles Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Orange Juice Chickpea Salad Potato Latkes 3
Mini Calzones Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Apple Slices Kale Side Salad Baby Carrots & Dip 6	Beef Nachos Cheese Nachos Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Frozen Juice Cup Seasoned Black Beans 7	Chicken Tenders & Roll Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Baked Apples Curly Fries Celery Sticks & Dip 8	Grilled Cheese & Soup Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Fresh Grapes Fresh Side Salad Cucumber Coins 9	Pancakes & Omelet Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Orange Juice Baby Carrots & Dip Tater Tots 10
Popcorn Chicken Bowl Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Apple Sauce Cup Seasoned Corn Baby Carrots & Dip 13	Tortellini w/ Cheesy Bread Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Sour Raisins Kale Caesar Side Salad Celery Sticks & Dip 14	Cheese Steak Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Pineapple Cup Fresh Side Salad Potato Chips 15	Mini Corn Dogs Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Peach Cup Curly Fries Chickpea Salad 16	Bosco Sticks Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Frozen Juice Cup Marinara Sauce Cucumber Slices 17
	French Toast Sticks Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Orange Juice Smiley Fries Celery Sticks & Dip 21	Generals Chicken & Rice Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Baby Carrots & Dip Apple Slices Roasted Edamame 22	Pizza Quesadilla Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Pineapple Cup Seasoned Corn Salsa Cup 23	Chicken & Waffles Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Craisins Tater Tots Cucumber Coins 24
Mini Calzones Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Apple Slices Kale Side Salad Baby Carrots & Dip 27	Chicken Tenders & Roll Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Baked Apples Curly Fries Celery Sticks & Dip 28		Chicken Potstickers Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Mandarin Orange Cup Fortune Cookie Roasted Edamame 30	Pancakes & Omelet Deli & Hot Sandwiches Vegetarian Variety Pizza Bar Orange Juice Baby Carrots & Dip Tater Tots 31

 @ucfsdnutrition
Variety of fresh fruit and milk offered daily.

Celebrate Hanukkah on 1/3 with Potato Latkes



Celebrate Lunar New Year with Chicken Potstickers on 1/30



Lunch \$3.35
USDA is an equal opportunity provider and employer. Menu Subject to change.

WEEKLY MS BREAKFAST MENU

Low Fat Yogurt Parfait
with Granola

Assorted Breakfast Pastries

Assorted Breakfast Sandwiches

Assorted Cereals

Fruit Juice

Variety of Fresh Fruit

Low Fat & Non Fat Milk

**Breakfast is free for all
students**

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