



# FWISD High School Lunch Menu January 2025

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

## WINTER BREAK

<p>1</p> <p style="color: red; font-weight: bold; font-size: 1.2em;">HAPPY NEW YEAR!</p>	<p>2</p>	<p>3</p>	<p>6</p> <p style="font-weight: bold; color: black;">No School!</p>	<p>7</p> <p>Beef Nachos with Spanish Rice Southwest Chicken Wrap Chicken Tenders with Steamed Rice Roasted Zucchini Fresh Baby Carrots</p>	<p>8</p> <p>Southwest Baked Potato with Garlic Breadstick Chicken Potato Bowl with Dinner Roll Chicken Tenders with Dinner Roll Chicken Cobb Salad with Baked Pretzel Mashed Potatoes Fresh Cherry Tomatoes</p>	<p>9</p> <p>BBQ Chicken Fries with Garlic Breadstick Beef Nachos with Spanish Rice Chili Cheese Dog Turkey Sandwich French Fries Fresh Cut Carrots</p>	<p>10</p> <p>BBQ Chicken Pizza BBQ Chicken Sandwich Boneless Buffalo Wings with Dinner Roll Popcorn Chicken with Dinner Roll Mac and Cheese with Garlic Breadstick Popcorn Chicken Salad with Garlic Breadstick Waffle Fries Fresh Baby Carrots</p>
<p>13</p> <p>Cheddar Cheese Nachos with Spanish Rice Powder Sugar Dusted French Toast Sticks with Sausage Turkey Sandwich Pinto Beans Tater Tots</p>	<p>14</p> <p>Boneless Buffalo Wings with Dinner Roll Spicy Chicken Chef Salad with Garlic Breadstick French Fries Fresh Baby Carrots</p>	<p>15</p> <p>Chicken and Waffle Beefy Mac with Garlic Breadstick Meatball Flatbread Turkey Chef Salad with Baked Pretzel French Fries Celery Sticks Strawberry Milk!</p>	<p>16</p> <p>Beef Nachos with Spanish Rice Orange Popcorn Chicken with Dinner Roll Yogurt and Cheese Plate with Baked Pretzel Roasted Zucchini Glazed Carrots</p>	<p>17</p> <p>Chicken Katsu Sandwich Chicken Potato Bowl with Garlic Breadstick Chicken Tenders with Dinner Roll Grilled Cheese Sandwich Turkey Chef Salad with Baked Pretzel Roasted Broccoli Fresh Cherry Tomatoes</p>			
<p>20</p> <p style="font-weight: bold; color: black;">No School!</p>	<p>21</p> <p>Southwest Baked Potato with Garlic Breadstick Chili Cheese Tamale with Spanish Rice Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Fresh Cucumbers</p>	<p>22</p> <p>Bacon Cheeseburger Turkey Chef Salad with Baked Pretzel French Fries Fresh Baby Carrots</p>	<p>23</p> <p>Walking Frito Pie Fish Sticks with Mac and Cheese Popcorn Chicken Salad with Garlic Breadstick Roasted Broccoli Celery Sticks</p>	<p>24</p> <p>Chicken Katsu Sandwich Spicy Buffalo Chicken Wrap Beef Nachos with Spanish Rice Fiesta Tostada with Spanish Rice Pinto Beans Steamed Carrots</p>			
<p>27</p> <p>Chicken Alfredo Pasta with Garlic Breadstick Breaded Beef Fingers with Dinner Roll Chili Cheese Dog Popcorn Chicken Salad with Breadstick Mashed Potatoes with Gravy Fresh Cherry Tomatoes</p>	<p>28</p> <p>Breaded Beef Fingers with Dinner Roll Spicy Chicken Chef Salad with Garlic Breadstick Mashed Potatoes with Gravy Celery Sticks</p>	<p>29</p> <p>Chicken Fried Rice Chili Cheese Dog Spicy Popcorn Chicken with dinner roll Spicy Chicken Chef Salad with Garlic Breadstick Roasted Broccoli Fresh Cherry Tomatoes</p>	<p>30</p> <p>Popcorn Chicken with Dinner Roll Chicken Cobb Salad with Baked Pretzel French Fries Fresh Broccoli</p>	<p>31</p> <p>Chicken Alfredo with Garlic Breadstick Turkey Sandwich Pinto Beans Glazed Carrots Fresh Broccoli Hot Chocolate Pudding!</p>			

This Month

Breakfast for Lunch!



Offered Daily: Cheese, Meat-Lover's, Buffalo Chicken, or Pepperoni Pizza, Hamburger, Cheeseburger, Spicy or Regular Chicken Sandwich, Seasonal Fresh or Canned Fruit, Milk

This Institution is an Equal Opportunity Provider