



FWISD High School Lunch Menu February 2025

Monday

Tuesday

Wednesday

Thursday

Friday



AFRICAN AMERICAN HISTORY MONTH

<p>3</p> <p>Breaded Beef Fingers with Dinner Roll Spicy Chicken Chef Salad with Dinner Roll Mashed Potatoes with Gravy Celery Sticks</p>	<p>4</p> <p>Beefy Mac with Garlic Breadstick Turkey/Cheese Sandwich Eggoji Waffle with Sausage Pinto Beans Fresh Baby Carrots</p> <p style="text-align: right;"></p>	<p>5</p> <p>Bacon Cheeseburger Chicken Cobb Salad with Baked Pretzel Waffle Fries Garden Salad</p>	<p>6</p> <p>Chicken Alfredo with Garlic Breadstick Beef Nachos with Spanish Rice Spicy Buffalo Chicken Wrap Chicken Tenders with Dinner Roll Roasted Zucchini Fresh Baby Carrots</p> <p style="text-align: right;"></p>	<p>7</p> <p>Cheesy Grits with Dinner Roll Southwest Baked Potato with Garlic Breadstick Chicken Tenders with Dinner Roll Chicken Potato Bowl with Dinner Roll Chicken Cobb Salad with Baked Pretzel Mashed Potatoes Fresh Cherry Tomatoes</p> <p style="text-align: right;"></p>
<p>10</p> <p>BBQ Chicken Fries with Garlic Breadstick Veggie Supreme Pizza Beef Nachos with Spanish Rice Chili Cheese Dog Turkey/Cheese Sandwich French Fries Steamed Carrots Pinto Beans</p> <p style="text-align: right;"></p>	<p>11</p> <p>BBQ Chicken Sandwich Boneless Buffalo Wings with Dinner Roll Mac and Cheese with Garlic Breadstick Popcorn Chicken with Dinner Roll Waffle Fries Fresh Baby Carrots</p> <p style="text-align: right;"></p>	<p>12</p> <p>Cheddar Cheese Nachos with Spanish Rice Powder Sugar French Toast Sticks with Sausage Turkey/Cheese Sandwich Pinto Beans Tater Tots</p>	<p>13</p> <p>Boneless Buffalo Wings with Dinner Roll Spicy Chicken Chef Salad with Dinner Roll French Fries Fresh Baby Carrots</p>	<p>14</p> <p>Chicken and Waffle Beefy Mac with Breadstick Meatball Flatbread Turkey Chef Salad with Baked Pretzel French Fries Celery Sticks Heart Cookie</p> <p style="text-align: right;"></p>
<p>17</p> <p style="text-align: center; font-size: 1.2em;">No School!</p> <p style="text-align: center;"></p>	<p>18</p> <p>Beef Nachos with Spanish Rice Orange Popcorn Chicken with Fried Rice Yogurt and Cheese Plate with Baked Pretzel Roasted Zucchini Glazed Carrots</p>	<p>19</p> <p>Chicken Potato Bowl with Garlic Breadstick Chicken Tenders with Dinner Roll Grilled Cheese Sandwich Turkey Chef Salad with Baked Pretzel Roasted Broccoli Fresh Cherry Tomatoes</p>	<p>20</p> <p>Southwest Baked Potato with Garlic Breadstick Chili Cheese Tamale with Spanish Rice Yogurt and Cheese Plate with Baked Pretzel Pinto Beans Fresh Cucumbers</p>	<p>21</p> <p>Chicken Po'boy Bacon Cheeseburger Turkey Chef Salad with Baked Pretzel French Fries Fresh Baby Carrots</p> <p style="text-align: right;"></p>
<p>24</p> <p>Walking Frito Pie Fish Sticks with Mac and Cheese Popcorn Chicken Salad with Garlic Breadstick Roasted Broccoli Celery Sticks</p> <p style="text-align: right;"></p>	<p>25</p> <p>Spicy Buffalo Chicken Wrap Beef Nachos with Spanish Rice Fiesta Tostada with Spanish Rice Pinto Beans Steamed Carrots</p>	<p>26</p> <p>Chicken Alfredo Pasta with Breadstick Breaded Beef Fingers with Dinner Roll Chili Cheese Dog Popcorn Chicken Salad with Dinner Roll Mashed Potatoes with Gravy Fresh Cherry Tomatoes</p> <p style="text-align: right;"></p>	<p>27</p> <p>Breaded Beef Fingers with Dinner Roll Spicy Chicken Chef Salad with Garlic Breadstick Mashed Potatoes with Gravy Celery Sticks</p>	<p>28</p> <p>Chicken Fried Rice Chili Cheese Dog Spicy Popcorn Chicken with Dinner Roll Spicy Chicken Chef Salad with Dinner Roll Roasted Broccoli Fresh Cherry Tomatoes</p>

This Month

Breakfast for Lunch!



Offered Daily: Cheese, Meat-Lover's, Hamburger, Cheeseburger, Spicy or Regular Chicken Sandwich, Seasonal Fresh or Canned Fruit, Milk

This Institution is an Equal Opportunity Provider