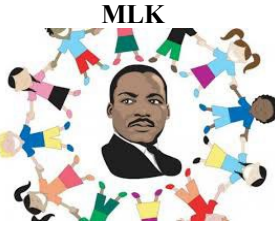



Middle School January 2025

<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
6 Chicken Tenders Baked Potato Tots Sweet Corn Red Delicious Apple 100% Fruit Juice Hormone Free Milk	7 Grilled Cheese Chicken Noodle Soup 8oz (Included with meal) Chicken Noodle 16oz (\$4.00 not included) Cherry Tomato Cup Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	8 Three Cheese Baked Ziti or Buttered Pasta Roasted Kale Toasted Garlic Stick Kiwi Slices California Roll \$6.75 Salmon Roll \$6.75 Carrot/Cucumber Roll	9 Brunch for Lunch French Toast Sticks Crispy Bacon Potato Rounds Carrot Sticks with Dip Fresh Banana 100% Fruit Juice Hormone Free Milk	10 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
13 Boneless Wings BBQ Sauce or Honey Mustard Roasted Butternut Squash Fresh Pear 100% Fruit Juice Hormone Free Milk	14 Barilla Pasta Rotini with Meat Sauce or Marinara Plain Pasta Available Sautéed Spinach Warm Garlic Bread Chilled Peach Cup 100% Fruit Juice Hormone Free Milk	15 Beef Nachos Bag of Tostitos Scoops Shredded Cheese Salsa/Sour Cream Refried Bean Sliced Fresh Melon 100% Fruit Juice Hormone Free Milk California Roll \$6.75 Carrot/Cucumber Roll	14 Brunch for Lunch Waffle or Pancakes (Blueberry Available) Hash Brown Potato Hard Boiled Egg Bell Pepper Slices Orange Slices 100% Fruit Juice Hormone Free Milk	17 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
 MLK	21 Macaroni and Cheese or Pasta with butter Crisp Cucumber Slices Red Delicious Apple 100% Fruit Juice Hormone Free Milk	22 Cheese Quesadilla Pastina Soup 8oz (Included with meal) Pastina Soup 16oz (\$4.00 not included) Veggie Salsa/Sour Cream Fresh Banana California Roll \$6.75 Carrot/Cucumber Roll	23 Brunch for Lunch Challah French Toast Baked Potato Tots Sausage Link or Patty Orange Slices 100% Fruit Juice Hormone Free Milk	24 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk
27 Angus Burger or Cheeseburger Deluxe Hamburger Roll Lettuce/Tomato/Pickle Baked Steak Cut Potato Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	28 Bowtie Pasta Fresh Basil with Garlic and Olive Oil Steamed Broccoli Diced Chicken (Buttered Pasta Available) Toasted Garlic Bread Fresh Grapes 100% Fruit Juice Hormone Free Milk	29 Lunar New Year School Closed 	30 TACO BOWL Seasoned Taco Meat Fluffy White Rice Cheddar Cheese Shredded Lettuce Veggie Salsa Sour Cream/Guacamole 100% Fruit Juice Hormone Free Milk	31 Sunrise Pizza Buffalo Slice \$4.00 Grandma Slice \$4.00 Pepperoni Slice \$4.00 Cheese Slice \$2.75 100% Fruit Juice Hormone Free Milk



Cafeteria Offerings

Gluten Free

Rolls, Cereal, Pizza and Pasta available upon request

MEAL OF THE DAY \$4.50

INCLUDES

Vegetable, Fresh Whole Fruit, 100% Fruit Juice (6oz) Hormone/Antibiotic Free Skim, Low Fat Choc, 1%, and Whole Milk

Fresh Fruit Basket offered Daily

Horizon Organic Milk \$2.50

Pre-Made Sandwiches offered daily with Boar's Head Meats

(Turkey, Ham, Salami, Buffalo Chicken and Cheddar Cheese)

Sun Butter and Jelly Sandwich

Pre-Made Salads Available:

Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek

Large: \$5.50-\$6.25 Small \$3.25-\$5.25

À la Carte Prices

Mini 8oz Poland Spring Water \$1.25

Poland Spring Water 16oz \$1.50

Baked Snack Varieties \$1.50-\$2.75

Fresh Fruit Purchase \$1.00

Fruit Cup 9oz \$2.50

Fresh Baked Muffin \$1.75

Baked Cookie \$1.25

Ice Cream \$1.75-\$3.75

Strawberry/Banana Smoothies made fresh at your school

Made on site hummus sesame free!!

We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.