



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
		Happy New Year ¹	² Hot Dog on a Bun Green Beans Cupped or Fresh Fruit 1% White Milk	³ Cheeseburger on a Bun Baked Beans Cupped or Fresh Fruit 1% White Milk	What is a Meal? Students are served in the classroom. - Whole Grain - Protein - Vegetable - Fruit -1% Milk
⁶ Chicken Nuggets Cucumber Slices Cupped or Fresh Fruit 1% White Milk	⁷ Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	⁸ Cheeseburger on a Bun Baked Beans Cupped or Fresh Fruit 1% White Milk	⁹ Hot Dog on a Bun Tater Tots Cupped or Fresh Fruit 1% White Milk	¹⁰ Stuffed Crust Pizza Side Salad Cupped or Fresh Fruit 1% White Milk	Daily Alternates Uncrustable with Veggie, Fruit and 1% White Milk
¹³ Chicken Nuggets Corn Cupped or Fresh Fruit 1% White Milk	¹⁴ Pancakes & Sausage Sweet Peas Cupped or Fresh Fruit 1% White Milk	¹⁵ Cheeseburger on a Bun Celery & Carrots Cupped or Fresh Fruit 1% White Milk	¹⁶ Hot Dog on a Bun Fresh Broccoli Cupped or Fresh Fruit 1% White Milk	¹⁷ Pizza Crunchers Veggie Patch Cupped or Fresh Fruit 1% White Milk	
²⁰ No School	²¹ Pancakes & Sausage Green Beans Cupped or Fresh Fruit 1% White Milk	²² Cheeseburger on a Bun Roasted Broccoli Cupped or Fresh Fruit 1% White Milk	²³ Hot Dog on a Bun Fresh Broccoli Cupped or Fresh Fruit 1% White Milk	²⁴ French Bread Pizza Side Salad Cupped or Fresh Fruit 1% White Milk	
²⁷ Chicken Nuggets Cucumber Slices Cupped or Fresh Fruit 1% White Milk	²⁸ Pancakes & Sausage Grape Tomatoes Cupped or Fresh Fruit 1% White Milk	²⁹ Cheeseburger on a Bun Celery & Carrots Cupped or Fresh Fruit 1% White Milk	³⁰ Hot Dog on a Bun Corn Cupped or Fresh Fruit 1% White Milk	³¹ Pizza Dippers Veggie Patch Cupped or Fresh Fruit 1% White Milk	
Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com			Meal Prices Student Lunch \$3.50 Reduced Lunch \$0.00 Faculty Lunch \$4.50		

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.