



**Meet Your Nutritious Friend:
Mr. Oatis**

Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily						
		Happy New Year ¹	²	³	<p>What is a Meal? Students must have at least 3 of the 4 components for the school breakfast price.</p> <ul style="list-style-type: none"> - Whole Grain - Protein - Fruit - Milk <p>A minimum ½ cup serving of fruit must accompany a reimbursable breakfast.</p> <p>Daily Alternate</p> <ul style="list-style-type: none"> -WG Pop-Tart with a Cheese Stick -Yogurt & Graham Crackers -Oatmeal Bar & Cheese Stick -Cereal & Graham Crackers <p>Milk 1% white, FF White</p>						
			Cinnamon Toast Crunch Jump Start	Egg & Cheese on a Bagel							
			Fresh or Cupped Fruit Orange Juice	Fresh or Cupped Fruit Orange Juice							
⁶	⁷	⁸	⁹	¹⁰							
Cinnamon Toast Crunch Jump Start	Yogurt & Graham Crackers	Apple Strudel	Warm Muffin	Egg & Cheese on a Bagel							
Fresh or Cupped Fruit Orange Juice	Fresh or Cupped Fruit Orange Juice	Fresh or Cupped Fruit Orange Juice	Fresh or Cupped Fruit Orange Juice	Fresh or Cupped Fruit Orange Juice							
¹³	¹⁴	¹⁵	¹⁶	¹⁷							
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No School ²⁰	²¹	²²	²³	²⁴							
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<p>Rachel Adams, Food Service Director 609-476-2412 ext. 5 wey@nsfm.com</p>			<p>Meal Prices</p> <table> <tr> <td>Student Breakfast</td> <td>\$1.75</td> </tr> <tr> <td>Reduced Breakfast</td> <td>\$0.00</td> </tr> <tr> <td>Faculty Breakfast</td> <td>\$2.25</td> </tr> </table>		Student Breakfast	\$1.75	Reduced Breakfast	\$0.00	Faculty Breakfast	\$2.25	
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Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.