

Region 15 Middle Lunch Menu

January 2025

Monday

Tuesday

Wednesday

Thursday

Friday

Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain Flatbread and Assorted Veggies

Yogurt Parfait w/ Homemade Granola

Chicken Caesar Salad w/ Local Hydroponic Lettuce

Or

Deli Bar

Choice of Boar's Head Turkey, Ham, Buffalo Chicken

Cheese: American, Provolone

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Jalapeno Peppers, Olives, Mayo, Mustard, Hot Sauce

Happy New Year

6

Pizza Crunchers

Rainbow Fruit & Veggie Tray

7

Dutch Waffle w/ Turkey Sausage

Rainbow Fruit & Veggie Tray

8

Land O' Lakes Mac & Cheese Dinner Roll

Rainbow Fruit & Veggie Tray

9

Popcorn Chicken Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

10

Assorted Pizza

Rainbow Fruit & Veggie Tray

13

Mozzarella Sticks w/ Marinara Sauce

Rainbow Fruit & Veggie Tray

14

Seasoned Beef Nachos w/ Salsa and Sour Cream

Rainbow Fruit & Veggie Tray

15

Hot Dog on Whole Grain Bun Oven Baked Beans

Rainbow Fruit & Veggie Tray

16

Chicken Patty on Whole Grain Roll Oven Baked Fries

Rainbow Fruit & Veggie Tray

17

Assorted Pizza

Rainbow Fruit & Veggie Tray

20

No School

Martin Luther King Day

21

Orange Chicken w/ Brown Rice

Rainbow Fruit & Veggie Tray

22

French Toast Sticks w/ Turkey Sausage

Rainbow Fruit & Veggie Tray

23

Chicken Tenders Whole Grain Roll Oven Baked Fries

Rainbow Fruit & Veggie Tray

24

Assorted Pizza

Rainbow Fruit & Veggie Tray

27

Cheese Quesadilla w/ Salsa and Sour Cream

Rainbow Fruit & Veggie Tray

28

Hamburger or Cheeseburger on Whole Grain Bun Oven Baked Beans

Rainbow Fruit & Veggie Tray

29

Oven Baked Grilled Cheese Tomato Soup

Rainbow Fruit & Veggie Tray

30

Chicken Nuggets Oven Baked Fries Dinner Roll

Rainbow Fruit & Veggie Tray

31

Assorted Pizza

Rainbow Fruit & Veggie Tray

All meals options are served with a fruit, two veggies and a milk. Choice of 1% white milk, non-fat chocolate milk & non-fat strawberry milk