

PHS Lunch Menu

January 2025

Monday

Tuesday

Wednesday

Thursday

Friday



2
Chicken Nuggets
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

3
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

6
Bosco Sticks w/
Marinara Sauce

Rainbow Fruit &
Veggie Tray

7
Dutch Waffle
w/ Turkey Sausage

Rainbow Fruit &
Veggie Tray

8
Cheese Quesadilla
w/ Salsa and Sour
Cream

Rainbow Fruit &
Veggie Tray

9
Popcorn Chicken
Bowl
Dinner Roll

Rainbow Fruit &
Veggie Tray

10
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

13
Mozzarella Sticks w/
Marinara Sauce

Rainbow Fruit &
Veggie Tray

14
Walking Taco w/
Salsa and Sour
Cream

Rainbow Fruit &
Veggie Tray

15
Orange Chicken
w/ Brown Rice

Rainbow Fruit &
Veggie Tray

16
Mid-Term
Deli Sandwiches
Hummus Boxes

17
Mid-Term
Deli Sandwiches
Hummus Boxes

20
No School

Martin Luther King
Day

21
Mid-Term
Deli Sandwiches
Hummus Boxes

22
Mid-Term
Deli Sandwiches
Hummus Boxes

23
Chicken Sandwich
w/ Chick'n Dippn'
and Pickles
Oven Baked Fries

Rainbow Fruit &
Veggie Tray

24
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

27
French Toast Sticks
w/ Turkey Sausage

Rainbow Fruit &
Veggie Tray

28
Chili w/ Toppings
Tortilla Chips
Rainbow Fruit &
Veggie Tray

29
Pasta with Meat
Sauce
Garlic Knot
Rainbow Fruit &
Veggie Tray

30
Popcorn Chicken
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

31
Assorted Pizza
Mixed Green Salad

Rainbow Fruit &
Veggie Tray

Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain
Flatbread and Assorted
Veggies

Yogurt Parfait w/
Homemade Granola

Chicken Caesar Salad w/
Local Hydroponic Lettuce

Signature Wrap: Kick'n
Chicken

Or

Deli Bar

Choice of
Boar's Head
Turkey, Ham, Buffalo
Chicken, Tuna

Cheese: American,
Provolone, Pepper Jack

Toppings: Lettuce, Tomato,
Pickles, Banana Peppers,
Jalapeno Peppers, Olives,
Mayo, Mustard, Hot Sauce

**All meals options are served with
two fruit, two veggies and a milk.
Choice of 1% white milk, non-fat
chocolate milk & non-fat
strawberry milk**