



Mansfield ISD School Health Advisory Council Minutes
(SHAC)

1110 W. Debbie Lane; Mansfield, TX 76063

Thursday, December 12th, 2024

12:00PM – 1:00PM

Introductions

- Meeting begins – called to order at 12:05pm
- Introductions of committee members and guests

SHAC Business

- Overview of SHAC
 - What is required
 - What SHAC provides for the district.
- Approve minutes from 3.28.24
 - Motion to approve: Windsor Giblin motioned to approve, and Nikayela Lockett seconded the motion.
 - No Discussion
 - Passes 100%
- Election for parent Secretary
 - Windsor Giblon volunteered
 - Motion to elect: Jennifer Patterson
 - Second: Jonathan Miller
 - No Discussion
 - Passes 100%
- Election for parent Co-Chair
 - Ana Horn volunteered
 - Motion to elect: Windsor Giblin
 - Second: Nikayela Lockett
 - No Discussion
 - Passes 100%
- Physical Education Committee
 - Jennifer Patterson will remain as chair of this committee again this year
 - The committee would like to work on getting more information about increased recesses on elementary campus.
 - An email will go out to get volunteers to participate in this committee.
- Discussion of health topics of interest for the SHAC Committee
 - How can we positively impact traffic and driving at local middle schools and high schools with constant construction?
 - Idea proposed to have all MISD schools update their traffic flowchart for first week of school, and update on the main website, Facebook pages and district

homepages.

- Idea proposed to recommend including a QR code with a direct link to this traffic flowchart on the parking pass given to every student/parent.
 - Windsor Giblin offered to lead Mental Health/Wellness
 - Topics around Zen rooms, quiet areas for kids to take their lunch in, as well as promoting wellness for students and faculty
 - Promoting more textbook work vs screen time work
- Update on Fentanyl Education
 - Fentanyl training is mandatory for 6th-12th grade at minimum 1x per year school year 2023-2024 vendor presentations were not well received
 - For next school year, we will utilize Natural High vendor again, however revamp our approach. Teachers will present to small groups of students and lead discussion with questions provided by Natural High.
 - We will continue to monitor feedback and make changes as needed.

Closing

- Next meeting: January 16th, 2025
- Vanessa James motioned to adjourn the meeting
- Second by Alexis Cappelletti
- The meeting was adjourned at 1:05pm.

Attendance

9 SHAC Committee Members

5 Guests

