

January 2025

This institution is an equal opportunity provider.
MENU IS SUBJECT TO CHANGE.



HIGH SCHOOL MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

No School until Jan. 6th

Breakfast Burrito

CHILI HOT DOG w/ tortilla chips
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Pancakes

CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Breakfast Pizza

PULLED PORK SANDWICH W/ MAC & CHEESE
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

French Toast Sticks

CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest Veggie & Chicken Caesar Salad
PB & J & Ham & Cheese Sandwich

Mini Waffles

CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J & Italian Club Sandwich

Pancake on a Stick

GRILLED CHEESE SANDWICH w/TOMATO SOUP
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Biscuits & Gravy

CHICKEN FAJITA
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

French Toast Sticks

MEATBALL STROGANOFF W/ PASTA
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J Sandwich and Turkey & Cheese

Breakfast Pizza

COUNTRY FRIED STEAK
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J Sandwich & Ham & Cheese

Apple Oatmeal Bar

CORN DOG
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad, Veggie Salad
PB & J Sandwich & Italian Club

No School

Pancakes

MAC & CHEESE W/ NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese

Breakfast Pizza

CREAMY CHICKEN ENCHILADA
GENERAL TSO RICE BOWL
Grab & Go - Chef & Veggie Salad
PB & J and Turkey & Cheese Sandwich

French Toast Sticks

SLOPPY JOE
TERIYAKI RICE BOWL
Grab & Go - Southwest, Veggie, or Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

Mini Waffles

TERIYAKI BEEF DIPPERS
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef & Veggie Salad
PB & J and Italian Club Sandwich

Pancake on a Stick

CHILI HOT DOG w/ tortilla chips
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Biscuits & Gravy

CHICKEN NUGGETS
ORANGE CHICKEN RICE BOWL
Grab & Go - Southwest, Veggie, & Chicken Caesar Salad
PB & J and Ham & Cheese Sandwich

French Toast Sticks

PULLED PORK SANDWICH W/ MAC & CHEESE
GENERAL TSO RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J and Turkey & Cheese Sandwich

Breakfast Pizza

CHICKEN POTATO BOWL
TERIYAKI RICE BOWL
Grab & Go - Southwest Veggie & Chicken Caesar Salad
PB & J & Ham & Cheese Sandwich

Apple Oatmeal Bar

CHICKEN ALFREDO
ORANGE CHICKEN RICE BOWL
Grab & Go - Chef Salad & Veggie Salad
PB & J & Italian Club Sandwich

2024-2025 MEAL PRICES

PAID ELEMENTARY MEALS

Breakfast \$1.20
Lunch \$2.50

ADULT MEALS & 2nd STUDENT MEALS

Breakfast \$2.75
Lunch \$3.75

GRILL ITEMS SERVED DAILY -

Hamburger, Cheeseburger, Spicy Chicken Sandwich, Breaded Chicken Sandwich & Grilled Cheese

PIZZA SERVED DAILY -

PEPPERONI SERVED DAILY
CHEESE SERVED DAILY
HAWAIIAN SERVED TUESDAY
BBQ SERVED THURSDAY

EL CHAVO SERVED DAILY -

CHILI, CHIPS & CHEESE SERVED DAILY
CHEESE ENCHILADA SERVED MONDAY

During LUNCH, students must choose at least 3 of the following 5 components: Low-fat milk, whole grains, fruits, vegetables, and protein. When choosing ingredients and entrees to serve for our program we look for foods that are lean, low-fat, low-sodium, low-sugar, and whole grain rich. Students are able to choose whichever healthy foods they like best. All students must take a fruit or vegetable with every meal.

<https://www.slcschools.org/departments/child-nutrition/menus-common-concerns>

1 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN WITH EACH MEAL