

## **EAP SERVICES**

CLINICAL SUPPORT FOR URGENT AND NON-URGENT CASES

SHORT-TERM COUNSELING

CRITICAL INCIDENT COUNSELING

STRESS & ANXIETY MANAGEMENT

SUBSTANCE ABUSE SUPPORT

FINANCIAL & LEGAL ASSISTANCE

CHILD & ELDER CARE RESOURCES

IN-PERSON, TELEPHONE AND VIDEO COUNSELING

HELP FOR THE WHOLE FAMILY – AT NO EXTRA COST

## **AVANTE BEHAVIORAL HEALTH Employee Assistance Program (EAP)**

The Avante Behavioral Health *Employee Assistance Program* is designed to help employees assess and resolve issues that may be affecting their personal lives and/or job performance. The **EAP** is available to employees and their immediate family members *at no cost to them*.

In addition to counseling, Avante Behavioral Health provides both employers and employees with other valuable resources including legal and financial services, guides to choosing child and elder care, and directories of local agencies and support groups. Avante is a full-service health and wellness concierge, here to help our clients navigate the **EAP** from start to finish.

Employees are a company's biggest asset and happy employees are productive employees. You can trust our team of experts to help with life's obstacles. Our highly skilled clinicians offer immediate, short-term assistance and resource support, 24 hours a day, to address small issues before they become large ones.

## **How it Works**

Simply call Avante Behavioral Health when you or an immediate family member needs counseling services. One of our mental health clinicians will talk you through your problem and work hand-in-hand with you to find a solution.

## We are here to help!

For more information contact our EAP services department at (650) 393-9291.