

# JANUARY 2025

## BLUE MOUNTAIN UNION SCHOOL

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**HAPPY  
NEW  
YEAR**

**6**  
**Penne with  
Meat Sauce or Marinara**  
Roasted Green  
Bread Roll  
Fresh Fruit & Salad Bar

**7**  
**Walking Beef or  
Bean Tacos**  
Corn, Rice  
Guacamole  
Salsa, Sour Cream  
Fresh Fruit & Salad Bar

**8**  
**Fresh Pizza  
Pepperoni or Cheese**  
Sweet Potato Fries  
Caesar Salad  
Fresh Fruit & Salad Bar

**9**  
**Traditional Grilled Cheese  
or Pesto Tomato Grilled Cheese**  
Tomato Soup  
Grilled Asparagus  
Fresh Fruit & Salad Bar

**10**  
**Crispy Chicken Sandwich  
On a Bun**  
Roasted Potato Wedges  
Roasted Zucchini  
Fresh Fruit & Salad Bar

**13**  
**Brunch for Lunch**  
French Toast Sticks  
Scrambled Eggs  
Sausage  
Roasted Home fries  
Fresh Fruit & Salad Bar

**14**  
**Ultimate Nachos**  
Beef or Bean  
Corn  
Guacamole  
Salsa, Sour Cream  
Fresh Fruit & Salad Bar

**15**  
**Fresh Pizza  
Pepperoni or Cheese**  
Sweet Potato Fries  
Caesar Salad  
Fresh Fruit & Salad Bar

**16**  
**Cheesy Breadsticks**  
Marinara  
Roasted Broccoli  
Fresh Fruit & Salad Bar

**NO SCHOOL**

**NO SCHOOL**

**21**  
**BMU Bowls**  
Crispy Chicken or  
Mashed Potato, Corn, Gravy  
Fresh Fruit & Salad Bar

**22**  
**Fresh Pizza  
Pepperoni or Cheese**  
Sweet Potato Fries  
Caesar Salad  
Fresh Fruit & Salad Bar

**23**  
**Chicken Broccoli Alfredo  
Or Broccoli Alfredo**  
Garlic Toast  
Fresh Fruit & Salad Bar

**24**  
**100% Beef Burger or  
Impossible Burger**  
Tater Tots  
Fresh Fruit & Salad Bar

**27**  
**Shepherd's Pie**  
Beef, Corn, Mashed Potato  
Dinner Roll  
Fresh Fruit & Salad Bar

**28**  
**Generals Chicken  
w/ Broccoli**  
Fried Rice  
Spring Rolls  
Fresh Fruit & Salad Bar

**29**  
**Fresh Pizza  
Pepperoni or Cheese**  
Sweet Potato Fries  
Caesar Salad  
Fresh Fruit & Salad Bar

**30**  
**Beef or Cheese  
Lasagna Rollup**  
Marinara Sauce  
Green Beans  
Garlic Bread  
Fresh Fruit & Salad Bar

**31**  
**Chicken and/or Cheese  
Quesadillas**  
Corn, Rice  
Guacamole  
Salsa, Sour Cream  
Fresh Fruit & Salad Bar

**Breakfasts Available Everyday**

Choices Like:

Breakfast Sandwiches, Bagels, Cereal, Yogurt  
with Granola, Muffins & Breakfast Breads  
1% Milk, Skim Milk and 100% Juices

Please contact Paul Pellegrino with any  
questions or comments.  
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This Institution is an equal opportunity provider

Full Custom Sandwich Station available  
every day for grades 5-12  
Peanut Butter & Jelly or Ham & Cheese  
Sandwiches are always available everyday as  
a substitute for any entrée meal.