



WINTER 2025 CATALOG

FRIDLEY COMMUNITY COURSE CATALOG EDUCATION

www.fridleycommed.com

Program Offerings

- Adult Enrichment
- Adult Basic Education
- Fridley Community Theatre
- Fridley Senior Program
- Fridley Event Services
- Youth Enrichment
- Aquatics
- Early Childhood Family Ed
- Preschool Programs
- Tiger Club Childcare

Adult Enrichment



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Youth Enrichment



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Fridley Preschool



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Plus More!

Come see
what we
have to offer!



Primary Years Programme

The Fridley Preschool is the **only preschool program in the state of Minnesota** to offer the **International Baccalaureate (IB) Primary Years Programme (PYP)**. Each student begins his or her journey to college and career readiness with social and emotional learning, mathematics, and literacy.

The **IB Primary Years Programme (PYP)** strives to develop caring young people to create a better and more peaceful world through their actions.

To learn more or register, see page 23!



THE IB LEARNER PROFILE

Through the IB Learning Profile, our students at **Fridley Preschool** are: *Inquirers, Knowledge Seekers, Thinkers, Communicators, Risk-Takers, Principled, Open-Minded, Caring, Balanced and Reflective* of the local and global world around them.

DIFFERENT OPTIONS FOR ENROLLMENT:

- 3-year-old **Half-Day a.m. or p.m.** Preschool (*fee based*)
- 4-year-old **Half-Day a.m. or p.m.** Preschool (*no cost*)
- 3- and 4-year-old **Full-Day** Preschool (*fee based*)

For more information on enrollment, call 763-502-5081.

FACILITIES & INFORMATION:

The abbreviations listed below denote the locations of the classes listed on the following pages of this catalog:

FRIDLEY SCHOOLS

FCC – Fridley Community Center
6085 Seventh Street NE

FHS – Fridley High School
6000 West Moore Lake Drive

FMS – Fridley Middle School
6100 West Moore Lake Drive

HES – Hayes Elementary School
615 Mississippi Street NE

SES – Stevenson Elementary School
6080 East River Road

ALC – Fridley Moore Lake Area Learning Center
1317 Rice Creek Road

OTHER FACILITIES

Conquer Ninja Gym Blaine
1467 101st Avenue NE
Blaine, MN 55449

BPEEC – Boulder Pointe Equestrian
6612 189th Lane Northwest
Anoka, MN 55303

UMN Lee Bolstad Golf Course
2275 Larpenteur Ave W
St. Paul, MN 55113

Gardens of Rice Creek
1315 66th Ave NE
Minneapolis, MN 55432

Office Hours:

FRIDLEY COMMUNITY CENTER

8 AM - 4 PM (Monday through Friday)
6085 Seventh Street NE, Fridley, MN 55432

OFFICE WILL BE CLOSED ON:

Jan 20, Feb 17 and April 18.



ON THE COVER:

ECFE student gets her face painted at the annual ECFE Fall Festival!

See Page 21 for more information about our ECFE Program!



Course Catalog WINTER 2025

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Free Family Movie Night



Friday, Jan 3, 2025



Friday, Feb 7, 2025

Fridley Community Education

presents FREE Family Movie Night at the
Fridley District Auditorium

Doors open at 6:30. Movie starts at 7 pm.

Inexpensive concessions are available. Cash Only.
Students without HS ID will not be admitted unless
accompanied by parent or guardian.

Any questions, please call 763-502-5100.

FRIDLEY COMMUNITY EDUCATION CONTACTS:

Fridley Community Education
6085 Seventh Street NE
Fridley, MN 55432
763-502-5100, option 1

Stephen Keeler, Director of Community
Education
763-502-5106

Afolabi Runsewe, Assistant Principal - Preschool
763-502-5101

Community Education Support/Registration
763-502-5100 (option 1 for community education)

Community Education Preschool Support
763-502-5105

Facilities Rental Support
763-502-5104 or fridleyeventservices.com

Fridley Senior Center Support
763-502-5150

Lila Mapp, ECFE Coordinator
763-502-5143

Karin Beckstrand, Pre-K PYP Coordinator
763-502-5117

Sally Leone, Tiger Club Coordinator
763-502-5135

Jordan Wright, Tiger Club Administrative
Assistant
763-502-5107

Dan Wold, Auditorium & Events Coordinator
763-502-5631

Sasha Herder, Aquatics and Youth & Adult
Enrichment Coordinator
763-502-5118 or
763-402-1391 (Aquatics phone)

Jarrett Person, Front Desk Receptionist
763-502-5102

Follow us!

Find class updates, special events and more!



FridleyCommEd

visit www.fridleycommmed.com

ADULT ENRICHMENT

FINANCE & BUSINESS

EVERYTHING YOU WANT TO KNOW ABOUT MEDICARE – FCC-Room 109

An educational presentation for anyone who wants to know more about Medicare. Topics will include Parts A, B, C, & D of Medicare, application process, estimated costs, supplements, MAPD, and when is the right time to sign up. This an ideal course for people that are turning 65 or over 65 and coming off their employer medical plan as well as those currently enrolled in Medicare.

Cost	Class #	Day	Date	Time
\$15	6311A	Wed	Feb 5	10:00-11:30am
\$15	6311B	Wed	March 5	6:30-8:00pm

4 STRATEGIES FOR A SMARTER COLLEGE SEARCH – Online only

The college search process is increasingly complex, making it challenging for families to find the right fit. Admissions trends have shifted, with many schools making ACT/SAT scores optional, though some still require them for scholarships or are reinstating testing requirements. More schools are now considered “selective,” not just elite institutions. Additionally, significant changes to the FAFSA and financial aid system could raise the cost of college, adding another layer of difficulty for families planning for higher education.

Cost	Class #	Day	Date	Time
\$5	6120	Mon	Feb 10	7:30-8:30pm

LETS PROBATE AN ACTUAL MN ESTATE –

Online Only

In this class, we will walk through an actual Minnesota Probate Estate from the filing of the Application for Probate to the Final Accounts and all the steps in between. Class participants will learn the entire process including:

- current form, court and filing requirements
- accounting and procedural steps
- procedures for the sale and distribution of estate assets

We will also discuss the roles, responsibilities, and liabilities of a person who is appointed as the Executor/Personal Representative. The class will be filled with real-life examples and solutions to the multitude of issues involving a typical (or not typical) Minnesota Probate Estate. Bring your questions.

Cost	Class #	Day	Date	Time
\$15	6308	Mon	Feb 24	6:30-8:00pm

THE 5 PHASES OF ANIRA – FCC-Room 114

There's a shift in your mindset when you switch from saving and investing all those years to spending that money – and paying taxes on it. There are many options if your goal is to grow, spend and give more of your wealth. But it takes planning.

Join Thrivent expert, Greg Schraufnagel, for a workshop on the 5 Phases of an IRA and discover strategies for reducing the taxes you and your heirs could pay.

No products will be sold.

Cost	Class #	Day	Date	Time
Free	6305	Wed	March 19	6:00-7:30 pm

SAVVY TAX STRATEGIES – FCC-Rm109

Learn how to avoid common mistakes when it comes to your investment portfolio, health care and estate strategies. The Savvy Tax Strategies workshop provides answers to the critical tax questions you must answer before retirement. Explore how to help dodge the Social Security “tax trap” and more.

Fact #1: Taxes can be complicated. Fact #2: No one wants to pay more than their fair share. Cut through the jargon to help create an efficient retirement tax strategy and avoid common—and costly—mistakes regarding your investments, health care and estate.

No Products will be sold.

Cost	Class #	Day	Date	Time
Free	6306	Wed	Feb 19	6:30-7:30pm

SAVVY SOCIAL SECURITY – FCC-Rm 109

Careful planning can help you get the most out of your Social Security benefits. Savvy Social Security is a workshop that will help you determine the ideal time to apply and ways to help maximize your Social Security benefits while minimizing taxes on those benefits.

No products will be sold.

Cost	Class #	Day	Date	Time
Free	6314	Wed	Jan 15	6:00-7:30pm

SO YOU'RE THINKING OF LEAVING MINNESOTA, AN ATTORNEY'S PERSPECTIVE ON HOW TO DO IT –

Online Only

A vital part of every retirement or resettlement discussion involves the roadmap of issues that help us decide where we want to call home! Is it Taxes, the Political Landscape, the Weather, the location of Family assets, Debt or Income concerns in Retirement, Cost of Living, Health Concerns or . . . our Friends are already there! When should we start this discussion? Did you know many States do not tax Social Security, Pensions or other Qualified Retirement Income sources? Which are the worst states for Estate Taxes? How do we establish Domicile? How about quality of medical resources and retirement facilities – who is good, who is not-so-good? All these issues will be raised and discussed in an open and friendly manner with questions encouraged.

Cost	Class #	Day	Date	Time
\$15	6309	Wed	March 19	6:30-8:00pm

MEDICARE MATTERS: YOU, MEDICARE, AND THE INFLATION REDUCTION ACT–*FCC Room 109*

Over 67 million people receive health insurance coverage through Medicare. But even though it is widely used, it can be very overwhelming and confusing. This course will cover the different parts of Medicare (A, B, C, and D), enrollment periods, and costs. We will also discuss how the Inflation Reduction Act impacts Medicare coverage and how you can get the most out of your Medicare plan.

Cost	Class #	Day	Date	Time
\$15	6304A	Mon	Jan 13	6:30-8:00pm
\$15	6304B	Mon	Jan 27	6:30-8:00pm
\$15	6304C	Mon	Feb 24	6:30-8:00pm
\$15	6304D	Mon	March 24	6:30-8:00pm

BEGINNING SCUBA DIVING (AGES 12 & UP) –*FMS: pool*

Are you tired of a two-dimensional life? Do you wish you could be weightless? Have you ever dreamed of breathing underwater? If so, Beginning SCUBA Diving is for you! This six-week class will provide all the technical, safety and skills knowledge to begin your SCUBA journey. Each class will include instruction on the physics, safety, and skills of SCUBA diving as well as time in the pool experiencing weightlessness and breathing underwater. Once this class is completed five open water dives with the instructor are all that stand in your way from full Open Water SCUBA Certification. Once this certification is achieved you can SCUBA dive anywhere in the world. Come experience the wonder of SCUBA diving. [Check online for time and dates]

Cost	Class #	Day	Dates	Time
\$200	6532	Sundays	TBD	TBD

HOME AND GARDEN

INTRO TO HOME ORGANIZING –*FCC: Room 109*

In this Introduction to Home Organizing class, we will learn about basic home organizing principles and practices, with a particular focus on sustainability. Many of us struggle with over-consumption—both in terms of the large quantity and the lesser quality of the things we buy. We also often struggle to notice our purchases' impact on people and the planet and to distinguish between genuine wants and needs. Home organizing can empower us all to live more in harmony with ourselves and others, including the natural world. Students will have time to put pen to paper and start planning their own home organizing projects with instructor support. Handouts with helpful tips and resources will also be provided.

Cost	Class #	Day	Dates	Time
\$35	6135	Mon	January 6	6:30-7:30pm

HOBBIES & SPECIAL INTERESTS

AN INTRODUCTION TO VOICEOVERS–*Online*

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class!

Online class. Once registered, someone will contact you to set up an appointment time. Must have personal computer or tablet with Zoom, Skype, (Win/Mac/Mobile) or iChat/FaceTime (Mac/iOS). Please ensure your contact information is complete in your profile.

Cost	Class #	Day	Date	Time
\$50	6503	TBD	TBD	TBD

OPEN PAINTING –*FCC: Various Rooms*

Come to this class and enjoy painting with others.

Cost	Class #	Day	Dates	Time
\$22	6003	Tues	Jan 7-Mar 25	9:30-11:30am

ADULT ENRICHMENT

COOKING

A TEX MEX FIESTA – *FHS Foods Lab, Room 113*

We'll begin with "Empanadas", pastries filled with beef, tomatoes, potatoes and herbs. Flautas are next with chicken in a jalapeno/garlic paste and fried crisp in a corn tortillas. We'll then prepare authentic Mexican rice prepared with onions, garlic, tomatoes and fresh cilantro along with Mexican style corn prepared with lime aioli, cayenne pepper and Cotija cheese. Fajitas follow with tender strips of marinated beef and chicken with fresh sauteed bell peppers and onions wrapped in a warm tortilla shell. We'll finish this fiesta with a Yucatecan-style delight, fresh coconut blended with rich custard in a wonderful nutty crust, baked to a caramelly brown, and served with crème fraiche.

Cost	Class #	Day	Dates	Time
\$45	6102	Tues	Feb 26	6:00-9:00pm

TRADITIONAL ITALIAN CUISINE–*FHS Foods Lab, Room 113*

Enjoy Traditional Italian favorites beginning with classic panzanella, a toasted bread salad with refreshing summer vegetables in a light vinaigrette. You'll prepare the celebrated chicken saltimbocca using thin slice prosciutto ham and fresh sage topped with a lemon caper butter sauce and pan fried artichokes. You learn the art of potato gnocchi, shaped potato dumpling, tossed with a medley of amazing sauces including fresh basil pesto, marinara, and brown butter with sage. We'll finish with canoli, fried pastry filled with sweetened ricotta and mascarpone cheeses, served on a pool of warm chocolate sauce and garnished with chopped pistachios.

Cost	Class #	Day	Dates	Time
\$45	6101	Tues	Jan 21	6:00-9:00pm

AIR FRYER SEAFOOD– *Online*

Transform your kitchen into a seafood haven with the convenience of an air fryer! In this live online class Kirsten will use air fryers to demonstrate Glazed Salmon 3 Ways, Gnocchi with Shrimp and Tomatoes, Mini Tuna Casseroles, and more! You'll also explore creative sauces that complement your seafood creations perfectly. Handout includes additional recipes for inspiration, and class will be recorded so you can watch again at your convenience.

Cost	Class #	Day	Dates	Time
\$30	6106	Tues	Feb 26	6:30-8:00pm

BREAKFAST MEAL PREP– *Online*

Need new make-ahead breakfast recipes to start your day in a healthy way? Join Kirsten live online from her kitchen where she'll demonstrate Air Fryer Poached Eggs, Instant Pot Steel-cut Oats, Chimichanga Breakfast Burritos, Overnight Breakfast Grain Bowls, Egg Bites 3 Ways, and more! Additional make ahead breakfast recipes included in the handout, and class is recorded so you can re-watch at your convenience.

Cost	Class #	Day	Date	Time
\$30	6104	Thurs	Jan 28	6:30-8:00pm

FAST FAMILY MEALS– *Online*

Bring the family together around the dinner table with quick and satisfying meals. Perfect for busy nights, these dishes are packed with flavor and made with simple, everyday ingredients. In this live online class Kirsten will demonstrate Creamy Taco Soup in a pressure cooker, Turkey-stuffed Peppers or Vegetable Lasagna in an air fryer, and more! Handout will include additional recipes for inspiration, and class will be recorded so you can rewatch at your convenience. Join Kirsten and unlock the secrets to creating fast family meals that are as quick to prepare as they are to disappear from the plate!

Cost	Class #	Day	Date	Time
\$30	6107	Tues	March 4	6:30-8:00pm

INSTANT POT SWEETS FOR YOUR SWEETHEART– *Online*

Get ready to impress your loved ones with delectable desserts made in your Instant Pot! Is your sweetheart a chocoholic? Choose your adventure with 3 different versions of Chocolate Lava Cake. Does your Googly Bear avoid gluten? Treat them to Coconut Chai Rice Pudding. Looking for something light? Try a Lemon Spongecake! In this live online class Kirsten will use pressure cookers to demonstrate several desserts perfect for any occasion, especially when you want to show someone how much you care. This course caters to many dietary preferences, including vegan and gluten-free options, so everyone can indulge in these delightful treats. Handout includes additional recipes for inspiration and class will be recorded so you can

Cost	Class #	Day	Dates	Time
\$30	6105	Tues	Feb 4	6:30-8:00pm

DANCE

TANGO WORKSHOP– *Dance Floor (Lower Level)*

Pure romance in dance form! This exciting workshop covers the basics of Tango... the embrace... the sultry walks... the sensuous footwork. Tango is "the history of love - for three minutes".

Couples only please!

*The enrollment price is for two individuals, so please list the name of the partner you are bringing. You and your partner do not need to enroll separately.

Cost	Class #	Day	Date	Time
\$30	6150	Wed	March 5	7:30-9:00pm

FUN WITH BALLROOM DANCE!– *FCC- Dance Floor (Lower Level)*

Whether you've never danced before or have a bit of experience, this one night workshop will have you turning, spinning & more in Waltz, Foxtrot and Rumba.

Couples only please!

*The enrollment price is for two individuals, so please list the name of the partner you are bringing. You and your partner do not need to enroll separately.



Cost	Class #	Day	Date	Time
\$15	6155	Sat	April 27	10:00-11:00am



BECOME A COMMUNITY EDUCATION INSTRUCTOR!

Our Fridley Community Education Adult Enrichment program offers classes on a variety of interests and topics including arts, crafts & textiles; computers & technology; cooking; dance; defensive driving; finance/business; health & wellness; history & cultural awareness; the Streams of Justice series; hobbies & special interests; home and garden; languages; music; and personal & family development.

Courses are taught by professionals and experts who are independent contractors that enjoy sharing information, new ideas, and strategies in their field of expertise and have a desire to share their passion with others.

If you are interested in teaching a Community Education class for an audience of any age, please scan the QR code below to fill out a class proposal form.



We look forward to hearing from you!

ADULT ENRICHMENT

FITNESS

HISTORICAL MARTIAL ARTS – LONGSWORD: **ADVANCED** – FCC: Gym

This class is an ongoing Intermediate to Advanced study of the Longsword in both sport and combat techniques as taught in the published works of 16th century fencing master Joachim Meyer (1537–1571) and other related historical texts. This is a hand's on (i.e. - "sword in hand") type of class with some limited academic discussion for context and relevance. Prior Longsword experience is required.

Minimum requirements are:

- * HEMA rated Fencing mask (students/attendees must provide their own protective equipment)
- * 4+ months of prior Longsword training and/or completion of the Longsword Foundations I class.

Instructors are provided by the St. Paul Freifechter, a 501(c)3 non-profit organization dedicated to the study and practice of Historical Martial Arts.

For questions - contact SGCoordinator@stpaulff.com

Class #	Day	Dates	Time	Cost
6955 - Jan	Sun	Jan 5-26	10:00am-12:00pm	\$40
6955 - Feb	Sun	Feb 2-23	10:00am-12:00pm	\$40
6955 - Mar	Sun	Mar 2-30	10:00am-12:00pm	\$50



TAI' CHI CH'UAN – FCC: Tiger Territory (Dance floor)

For centuries Chinese people have practiced Tai' Chi Ch'uan for health, as a martial art, a means of exercise and self-development. See for yourself how the slow movements of this art can help reduce the effects of stress and improve your fitness, flexibility, balance, concentration, and health. This is an excellent, low-impact, non-contact physical fitness program that's ideal for all adults.



Class #	Day	Dates	Time	Cost
6352A	Wed	Jan 8-29	6:00-7:00pm	\$36
6352B	Wed	Feb 5-26	6:00-7:00pm	\$36



POUND! ROCKOUT-WORKOUT – FCC: 116

POUND® is a cardio jam session inspired by the infectious, energizing, & sweat-dripping fun of playing the drums. Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, & strength training with yoga & Pilates-inspired movements. Using Ripstix®, lightly-weighted drumsticks engineered specifically for exercise. POUND® transforms drumming into an incredibly effective way of working out.

Designed for all fitness levels and easy to modify. Bring a yoga mat and water.

Class #	Day	Dates	Time	Cost
6354A	Thurs	Jan 2-30	7:00-8:00pm	\$36
6354B	Thurs	Feb 6-27	7:00-8:00pm	\$36
6354C	Thurs	Mar 6-27	7:00-8:00pm	\$36

ADULT ENRICHMENT

YOGA MINDFULNESS – FCC: 114/116 & Online

Explore a deeper mind-body connection with Mindfulness Yoga. Learn how to be aware of your body and be connected to everything that you do while you strengthen and tone, improve circulation, lower blood pressure, and relieve stress.



Class #	Day	Dates	Time	Cost
6351A	Sat	Jan 4-25	10:00-11:30am	\$36
6351A-Online	Sat	Jan 4-25	10:00-11:30am	\$36
6351B	Sat	Feb 1-22	10:00-11:30am	\$36
6351B-Online	Sat	Feb 1-22	10:00-11:30am	\$36
6351C	Sat	Mar 1-29	10:00-11:30am	\$45

YOGA – FCC: 114/116 & Online



Come explore this ancient exercise system that strengthens the body while calming and focusing the mind. Learn how to take these basic exercises into your daily life to strengthen and tone your body, improve circulation, lower blood pressure, and help relieve stress. All classes include classic Hatha or stretching, breathing practices, and a guided relaxation/meditation. Please dress in

comfortable clothes and bring a mat, towel, or rug for floor work.

Class #	Day	Dates	Time	Cost
6350A	Tues	Jan 7-28	6:00-7:30pm	\$36
6350A-Online	Tues	Jan 7-28	6:00-7:30pm	\$36
6350B	Tues	Feb 4-25	6:00-7:30pm	\$36
6350B-Online	Tues	Feb 4-25	6:00-7:30pm	\$36
6350C	Tues	March 4-25	6:00-7:30pm	\$36
6350C-Online	Tues	March 4-25	6:00-7:30pm	\$36

TAE KWON DO – FCC-Gym

This class is open to ages 8 years old and up. The curriculum develops the student's knowledge and self defense. Personal development of the student leads to success in daily life! Leadership development becomes part of the student's growth as they take responsibility for helping junior students.



Class #	Day	Month	Time	Cost
6355A - Jan	Tues/Thu	Jan	6:00-7:00pm	\$100
6355A - Feb	Tues/Thu	Feb	6:00-7:00pm	\$100
6355A - Mar	Tues/Thu	March	6:00-7:00pm	\$100
Class #	Day	Month	Time	Cost
6355B - Jan	Mon/Wed	Jan	7:00-8:00pm	\$100
6355B - Feb	Mon/Wed	Feb	7:00-8:00pm	\$100
6355B - Mar	Mon/Wed	March	7:00-8:00pm	\$100

KOREAN SWORD (HAIDONG) – FCC-Gym



This program is open to ages 12 years old and up or those with permission from the instructor. It utilizes the sword to help students with personal development and leadership skills. It focuses on patterns, fighting drills and target cutting. It is

NOT a sport version.

Class #	Day	Month	Time	Cost
6357A - Jan	Tues/Thu	Jan	7:00-8:00pm	\$100
6357A - Feb	Tues/Thu	Feb	7:00-8:00pm	\$100
6357A - Mar	Tues/Thu	March	7:00-8:00pm	\$100
Class #	Day	Month	Time	Cost
6357B - Jan	Mon/Wed	Jan	6:00-7:00pm	\$100
6357B - Feb	Mon/Wed	Feb	6:00-7:00pm	\$100
6357B - Mar	Mon/Wed	March	6:00-7:00pm	\$100



FRIDLEY
SCHOOLS FOUNDATION

The 8th annual

black & gold

GALA

January 30, 2025

Jax Cafe | 5:30-9 p.m.

1928 UNIVERSITY AVE. NE, MINNEAPOLIS, MN 55418

The Fridley Schools Foundation awards educator innovation grants across the school district, provides post secondary scholarships to graduating seniors, and supports district initiatives.

Get Your
TICKETS

Individual - \$100

Gala table of 8 - \$750

To purchase tickets or to learn more about the event, scan the QR code
or visit: events.readysetauction.com/fridleyschoolsfoundation/gala2025



FRIDLEY SENIOR PROGRAM (Fridley Community Center – Door 10)



Supporting a Balanced and Well Connected Life Through Active Aging

Welcome to the Fridley Senior Program! We offer a complete program of social, recreational and educational opportunities for members of our community, featuring a robust and active Senior Program held at the Fridley Community Center. This is the place for seniors to play games with their friends, learn a new skill, pursue a favorite hobby and generally have a good time. We've designed the Senior Program with special activities and services intended just for our seniors, including social events, outings, exercise classes, and a whole lot more.

FRIENDS OF FRIDLEY SENIOR PROGRAM

A 501-c 3 charitable foundation has been established to support the long term needs of the Fridley Senior Program and low income seniors in our community. Thanks to a generous donation from the Fridley Lions Club, a Lions Share was established to help low income seniors with remodeling needs so they can stay in their homes safely.

If you are interested in becoming a Friend to the Fridley Senior Program please call 763-502-5150 or e-mail Stephen Keeler-- any size gift is appreciated and is tax deductible.

CONTACTS



HELPFUL CONTACTS:

Senior Program - 763-502-5150
Senior Info Line - 763.783-4707
Meals on Wheels - 763-236-3636
ACCAP Outreach - 763-783-4741
Store to Door - 651-642-1892
Chores & More - 763-783-4767

COURTNEY GREEN

Senior Programs Coordinator
cgreen@isd14.org
763-502-5150

RESOURCES & SERVICES FOR SENIORS

SENIOR OUTREACH WORKER

Angie Sable is our outreach worker from Anoka County Community Action Program (ACCAP), she is available in person at the Fridley Senior Center every 2nd Monday of each month from 1:00-3:00pm. Get help filling out forms for a variety of programs (Energy Assistance, TAP, SNAP) or find programs that you qualify for to make life a little easier. Call Angie Sable at 763-783-4741 to set up an appointment or talk over the phone.

HEALTH INSURANCE COUNSELING – LINKAGE LINE

To get your questions answered or to schedule a free, individual appointment, please call the LINKAGE LINE at 1-800-333-2433. The Health Insurance Counseling Program is made possible by Trellis (was MAAA) and Anoka County and is not affiliated with any insurance company.

LEGAL AIDE FOR SENIORS

The Senior Law Project provides a monthly outreach service for a free, one time, legal advice consultation for common legal issues facing older adults. Appointments are on the first Tuesday of the month between 9am and 10:30am. *Call the Senior Center to set up a 30 minute appointment.*

NEWSLETTER



The Senior Newsletter provides up-to-date information, resources, news, events, and more! Most seniors can pick up the newsletters at the Senior Center for free! Have the newsletter emailed to you or pay \$10 to cover postage and it will be mailed to you monthly. You can sign up by calling the Senior Center at 763-502-5150.

FRIDLEY SENIOR PROGRAM *(Fridley Community Center – D)*

RESOURCES & SERVICES FOR SENIORS

SOUTHERN ANOKA COUNTY COMMUNITY ASSISTANCE (SACA)

The Southern Anoka Community Assistance (SACA) Area Food Shelf serves Columbia Heights, Hilltop, Fridley, Spring Lake Park and NE Minneapolis. Please call for an appointment, 763-789-2444. You will need a photo ID and two pieces of mail for proof of address. Hours are Monday, Tuesday, and Thursday from 8:00-4:30pm, Wednesday from 10:00-6:00pm, closed on Friday. Location: 627 38th Ave NE, Columbia Heights, MN 55421.

FARE FOR ALL

Fare For All is a low-cost, mobile grocery purchase program. This program is community-supported and open to everyone. There are no qualifications to participate and no pre-registration. Fare For All will be available at the Fridley Community Center, 6085 7th Street NE, Fridley. *Time: 10 am-12 pm. See Senior Newsletter for upcoming dates.*

CHORES AND MORE

Need help with yard work, snow removal, or cleaning your home? Call Chores and More for more details on how they can help! Call 763-783-4767 for more details.

HELP AT YOUR DOOR

Help at your door is a non-profit which provides grocery assistance and essential medical transportation for seniors. Once registered, it typically takes 2-5 business days for your first delivery. The cost for delivery is \$15 plus the cost of groceries, though there is a sliding fee scale for individuals over 60 who meet income qualifications. To sign up for services, call 651-642-1892 or email at information@helpatyourdoor.org.

THE BOOKSHELF

A kind volunteer has offered to organize/curate a bookshelf for our casual book sharing. This initiative is now sponsored by Anoka County Library Recycled Reads Program. We are limited to a few shelves of space, but if you'd like to bring a few books and take a few, the bookshelf is located in the senior lobby. Please do not leave items other than books on this shelf.

IN-PERSON TECHNOLOGY HELP AT MISSISSIPPI LIBRARY

Book a session and get 1-1 help from a private technology coach. Get help with things like usage of personal devices, basic computer skills, navigating websites, e-mail, social media, and saving/organizing files. Make an appointment with Library staff by call 763-324-1560 or stop by the Anoka County Mississippi Library Tuesdays from 1:00-3:00pm or Thursdays from 4:00-6:00pm. 410 Mississippi St NE, Fridley, MN 55432.

COFFEE, GAMES & CONVERSATIONS

All older adults, age 55 and older, are invited to participate in any of our weekly card groups. There is no need to pre-register, just show up and join in the fun!



BRIDGE

Mondays | Time: 12:30-3:00 PM

SOCIAL 500

Tuesdays | Time: 9-11:30 AM

CRIBBAGE

Fridays | Time: 12:30-3:00 PM

HAND & FOOT

Last Wednesdays of the month
1:00-3:00 PM | FCC - Room 114



FRIDLEY SENIOR PROGRAM (Fridley Community Center – Door 10)

SENIOR ACTIVITIES

BINGO

Join us every Thursday for 10 rounds of BINGO. When someone at your table wins, so do all the table mates! We like to pass the luck around.

Thursdays, 10-11:15am FCC-Room 112/114, \$2 for 2 cards

BOOK CLUB:

Members meet monthly to discuss selected books and authors.

Fourth Tuesdays of the month | 10 - 11am | FCC-Room 112
Upcoming books: April 23 is *The Book Woman of Troublesome Creek* by Kim Michele. May 28 is *The Drifter* by Nick Petrie. June 25th is *The Exchange* by John Grisham.

GENTLE STRETCH

This is a senior stretching class held on Tuesday mornings. Emphasis is on soft stretching, movement, and flexibility. Appropriate for all fitness levels. The instructor will evaluate abilities at the first class and adapt to fit needs. A \$5 fee will be paid to the instructor. Class meets on Tuesdays, 10-11am in Room 116 at the Senior Center.

FOOT CARE

2nd Thursdays every month, 8-4pm | Appointment only | 30-minute appointment | Cost: \$40 per session Cash or Check, Credit Card accepted with a fee. Upcoming dates are May 9 and June 13. Bring your own bath towel. Laura Newton, RN, will clean and assess feet, trim nails, work on fungal/ingrown nails, and non-invasive treatment to callouses followed by a foot run and practical tips for after-care.

SENIOR MOVIE THEATER

Tuesdays | 1 PM | FCC-Room 109 | Suggested Donation: \$2
See senior newsletter for movie selections

QUILTING GROUPS

JAMS – JAMMAS ARE MY SPECIALTY

Join this talented group of individuals that love to sew! They make pajamas, t-shirts and sweatpants for anyone in need. Most of the articles are made from donated material. *For more information, please call the Senior Center.*

Thursdays | Time: 11am-3pm
Site: King of Glory Lutheran Church,
10103 University Avenue NE, Blaine, MN

FRIDAY QUILTERS

Fridays | 9-11am | FCC-Room 116

CAMPAIGN OF CHEER

This volunteer group makes wheelchair/walker bags, lap robes, shawls, chemo hats and shirt coverups. The items are donated to Anoka County nursing homes and hospitals. Receiving blankets are also made and donated to local school resource centers.

Mondays | 8:30-11am | FCC-Room 116

SNOWFLAKE STITCHERS/QUILTS OF VALOR

Join the Snowflake Stitchers as they expand to include Quilts of Valor in their repertoire.

Join them for a morning of quilting and an afternoon meeting each month. Stitchers working on any projects are welcome!

3rd Thursday | 9am-4pm | FCC-Room 116

INSTRUCTIONAL COURSES

DEFENSIVE DRIVING REFRESHER – FCC Room 109

Now you can renew your 10% three year car insurance discount by taking this state-approved four hour refresher course. There's no driving and no test. Senior discount already applied.

These classes are all in person. Active participation in the class is expected. A certificate will be issued upon completion of the course.



Cost	Class #	Day	Dates	Time
\$30	6202A	Thurs	Jan 16	1:00-5:00pm
\$30	6202B	Thurs	Feb 20	1:00-5:00pm
\$30	6202C	Thurs	Mar 20	1:00-5:00pm

SENIOR TRIPS

To get informaiton and updates on senior trip opportunities, check out the senior newsletter!

Fridley Community Theatre Dinner Show Presents

Almost, **MAINE**

By John Cariani

Tickets available online at
www.FridleyCommunityTheatre.org

Or calling Fridley Community Center at 763-502-5100

Dinner Show \$35

Feb. 14, 15, 20, 21

Dinner at 6 pm

Performance at 7 pm

Dessert Only Show \$20

February 16, 22

Performance at 2 pm



SCAN ME

Tickets go on sale January 8, 2025

Performances at Fridley District Auditorium
6000 West Moore Lake Drive

EVENT SERVICES & RENTALS

LOOKING FOR A PLACE TO HOST YOUR NEXT EVENT?

Rental opportunities are available through Fridley Event Services. Our facilities are an excellent option for any group large or small!

Whether you are planning to host a conference, banquet, meeting, training, private party, performance (theatre, dance, and concert) or athletic event we have the space that is right for you! Our facilities are conveniently located, easily-accessible and fully serviced.

We can accommodate groups looking for a location to meet once, weekly, monthly, or annually. Our service stands out because of the personal attention our customers receive in all phases of the planning process as well as during and after their event.

Our goal is to partner with you in each stage of the planning process to ensure your event is the absolute best it can be!

FACILITY AMENITIES

Our facilities include the following amenities:



LCD PROJECTION
EQUIPMENT & SCREEN



WIRELESS MICROPHONES



SOUND SYSTEM



HIGH SPEED,
WIRELESS INTERNET

ATHLETIC FACILITIES

GYMNASIUMS AT FRIDLEY HIGH SCHOOL

- Main gym with seating for up to 500
- Concession Area
- Auxiliary gym
- Locker room facilities available

GYMNASIUMS AT FRIDLEY MIDDLE SCHOOL

- Main gym with seating for up to 200
- Auxiliary gym
- Locker room facilities available

THE POOL AT FRIDLEY MIDDLE SCHOOL

- Available for private parties & events
- Lifeguards on duty

TENNIS COURTS AT FRIDLEY HIGH SCHOOL

- 6 courts available
- Reasonably priced

ATHLETIC FIELDS

- Football fields
- Soccer fields
- Baseball fields
- Softball fields
- Multi-use green space
- Reasonably priced

FRIDLEY EVENT SERVICES

BOOK YOUR NEXT EVENT

WITH FRIDLEY EVENT SERVICES!

CONTACT

INFORMATION, TOURS, AND BOOKINGS

For information, to schedule a tour, or to book a facility, please contact:

STEPHEN KEELER

Facilities & Events Coordinator

763-502-5104

stephen.keeler@fridley.k12.mn.us

FOR PRICING & BOOKING

www.fridleyeventservices.com

763-502-5104

LOCATIONS

FRIDLEY COMMUNITY CENTER (FCC)

6085 Seventh Street NE,
Fridley, MN 55432

*Conveniently located one mile
north of Hwy 694 on 61st Ave NE*

FRIDLEY HIGH SCHOOL

6000 West Moore Lake Drive,
Fridley, MN 55432

*Conveniently located 1/2 mile north
of Hwy 694 on West Moore Lake Drive*

FRIDLEY MIDDLE SCHOOL

6100 West Moore Lake Drive,
Fridley, MN 55432

*Conveniently located 3/4 mile north
of Hwy 694 on West Moore Lake Drive*

EVENT SERVICES & RENTALS



DISTRICT AUDITORIUM & THEATER

FRIDLEY DISTRICT AUDITORIUM AT FRIDLEY HIGH SCHOOL

- Seating for up to 715
- Proscenium stage with full fly loft
- Orchestra pit
- Lighting and sound system
- Ideal for seminars, conferences, weddings, religious gatherings, musical and theatrical productions

BANQUET SPACE & PARTY SPACE COMMUNITY ROOMS AT FCC

- Multi-purpose room, ideal for meetings, workshops, banquets/award events.
- Audio/Visual equipment
- Seating for up to 150
- Access to outdoor patio space

TIGER TERRITORY (LOWER LEVEL) AT FCC

- Multi-purpose room ideal for birthday parties, showers and small receptions.
- Audio/Visual equipment
- Seating for up to 75

THE GYM AT FCC

- Multi-purpose room ideal for banquets/award events at Fridley Community Center
- Audio/Visual equipment
- Seating for up to 150

THE CAFE AT FRIDLEY MIDDLE SCHOOL

- Multi-purpose room ideal for banquets/award events
- Audio/Visual equipment
- Seating for up to 200

THE CAFE AT FRIDLEY HIGH SCHOOL

- Multi-purpose room ideal for banquets/award events
- Access to beautiful outdoor courtyard space
- Audio/Visual equipment
- Seating for up to 225

CONFERENCES & MEETING ROOMS

FRIDLEY COMMUNITY CENTER

- Meeting facilities for 10-150 with breakout rooms available.
- Flexible spaces to accommodate varying group sizes and activities.



**WE ARE
HIRING!**

FIND YOUR CAREER AT FRIDLEY PUBLIC SCHOOLS:

- Welcoming and supportive environment for all students and staff.
- Numerous opportunities for professional growth, staff development and collaboration opportunities for staff.
- Competitive pay and comprehensive benefits.
- Part of the Teacher Loan Forgiveness Program.
- Gain experience working in an International Baccalaureate World School teaching curriculum that is inquiry-based with global perspectives.
- Strong district commitment to equity.

TO APPLY:

- Visit: www.fridleyschools.org/jobs
- Browse all current job opportunities by category or school
- Questions? Contact 763-502-5003

 Fridley Public Schools is the only district in Minnesota that offers the full *International Baccalaureate Continuum* to students in pre-K to grade 12.
We offer *magnet school* programs within the *Northwest Suburban Integration School District* - All schools in our district are authorized IB World Schools.

YOUTH ENRICHMENT

SPORTS & FITNESS

FRIDLEY WRESTLING CLINIC (GR: PREK-6) – FHS-WRESTLING

Class will include wrestling instruction of techniques, fitness activities, games, and live wrestling. Wrestlers will have options to compete in events on some nights and weekends throughout the season as well.

Cost	Class #	Day	Dates	Time
\$50	2710A	Mon/Wed	Dec 2-Jan 29	6:00-7:00pm

MY LITTLE HORSE DAY CAMP (AGES 2-5) – Boulder Pointe Equestrian Center

This 2 hour camp is designed for adults and children, ages 2-5. Campers will get to ride a real horse in an arena, meet a number of different horses at Boulder Pointe and learn how to groom the horses...all with a focus on safety! In addition, students will do an art project and have an opportunity to make horse treats to feed their new friends. Stations are split into 15 minute intervals to keep everyone engaged. Parents have the opportunity to lead their child on the horse and take photographs as they go. Camps are held rain or shine and parent/guardian is expected to remain with their child during the entire duration of the camp.



Everyone engaged. Parents have the opportunity to lead their child on the horse and take photographs as they go. Camps are held rain or shine and parent/guardian is expected to remain with their child during the entire duration of the camp.

Cost	Class #	Day	Dates	Time
\$64	2220A	Sat.	Jan 11	12:00-2:00pm
\$64	2220B	Sat.	Feb 8	12:00-2:00pm
\$64	2220C	Sat	March 8	12:00-2:00pm

HORSE BACK RIDING SINGLE DAY CAMP (AGES 6-17) – Boulder Pointe Equestrian Center

Kids will learn what it's like to have a horse for a day! Campers get to ride in the indoor and/or outdoor arenas for 40min-50min (no trails), practice how to steer, stop, turn, and walk on their own. They also might make horse treats, do a craft, and play games. And don't forget the time to meet and care for the horses, which is a big part of ownership! Campers are broken into smaller groups based on similar riding experience and age, which is perfect for both new and more experienced riders! Parent/guardian required to drop off and pick up at Boulder Pointe. For ages 6-17 years old.



Cost	Class #	Day	Date	Time
\$110	2270A	Mon	Jan 25	9:00-3:00pm
\$110	2270B	Mon	Feb 17	9:00-3:00pm
\$110	2270C	Fri	March 7	9:00-3:00pm
\$110	2270D	Fri	March 28	9:00-3:00pm
\$110	2270E	Mon	March 31	9:00-3:00pm

ENRICHMENT

SAFeway DRIVER'S EDUCATION – FHS - Rm 171

Classroom training can be taken by students who are 14-1/2 years or older and consists of 10 three-hour lessons. Each lesson is independent and can be taken in any order. If a lesson is missed, the student can make it up when and where it is convenient at a Safeway classroom or contact Safeway for more information. Lesson calendars are available on Safeway's web site. Safewaydrivingschool.com



Behind-the-wheel training consists of 3 two-hour private lessons which can be scheduled online or by calling Safeway's office (651-351-9150). Pick-up and drop-off is at home, school or work. Training is done in a white late-model car with Safeway's "Student Driver" graphics.

Class #	Days	Dates	Time
2239A	Mon-Thurs	Jan 6-22	3:15-6:15pm
2239B	Mon-Thurs	March 10-25	3:15-6:15pm

Cost

Total Package Cost:

\$414.00 (includes \$49 CE Registration Fee)

CE Registration Fee:

\$49.00 (this amount and more depending on need may be waived by filling out this form.)

Payment Plan to Safeway:

\$234 (includes \$49 CE Registration Fee)

1st Behind The Wheel Payment:

\$90.00 - Payment due at 1st class

2nd Behind The Wheel Payment:

\$90.00 - Payment due at 2nd class

AQUATICS



Winter 2025 - Fridley Community Education Aquatics

SWIM CLASS DESCRIPTIONS

PRESCHOOL- BEGINNER: In this introductory class, students will learn to enter safely into the pool, to blow bubbles through their mouth and nose, to submerge their eyes, nose, and mouth in the water, to float on front and back, to use arm and leg actions, and water safety. This class is recommended for children 3-4 years old.

PRESCHOOL- INTERMEDIATE: Students will learn how to submerge head completely underwater and hold breath, blow bubbles through mouth and nose for 5 seconds, float on front and back, roll from front float to back float, swim on front and back with arm and leg movements, and water safety. Recommended for children 5-6 years old.

PRESCHOOL- ADVANCED: Students will learn how to submerge their head completely underwater and open their eyes to retrieve toys, blow bubbles through mouth and nose for 5 seconds, front and back glides off of the wall, swim on front and back with arm and leg movements, and an introduction to elementary backstroke and front crawl. All skills will be encouraged to try with limited assistance. Recommended for children 5-6 years old.

LEVEL 1: Swimmers learn to submerge mouth, nose, and eyes; front and back glides, floating on their front and back, for 10 seconds, treading water motions, front crawl with flutter kick, elementary backstroke with flutter kick, and water safety. All skills are encouraged to be done with limited assistance from the teacher. Students must be 6 years old to be in Level 1.

LEVEL 2: Swimmers learn to jump from the side of the pool, float on front and back independently, how to use streamline arms to kick independently, front crawl for 15 yards independently, and the basics of elementary backstroke. Students must be 7 years old to be in Level 2.



LEVEL 3: Swimmers learn to jump and float in deep water, diving from the sitting and kneeling positions, treading water in deep water, and the mastery of rotary breathing. They will also learn how to do these kicks: whip kick, sidestroke kick, and dolphin kick. Your child should be able to swim across the short end of the pool by themselves multiple times to sign up for this class.

LEVEL 4: Students will learn to dive into deep water in the standing and stride positions, mastery of front and back open turns, and an introduction to flip turns and competitive starts. They will also learn these strokes: breaststroke, sidestroke, and butterfly. Your child should be able to swim across the length of the pool to sign up for this level.

LEVEL 5/6: These lessons teach further coordination and refinement of the strokes learned in Level 4 so students swim them with ease, efficiency, power, and smoothness over greater distances. Students will swim to improve their fitness level as they refine their strokes. They will also learn surface dives, mastery of flip turns, underwater streamline for 10 dolphin kicks, and an introduction to competitive swimming skills.

LEVEL 7: Level 7 prepares participants for a competitive swim team structure. The lesson will consist mainly of swimming sets created by the instructor, as well as learning skills to help better each swimming stroke. Students will be expected to know how to do: each swimming stroke, flip turns and open turns, and standing dives from the wall. Each stroke will be swam for a long distance, so students should be prepared to swim for long distances.

Wednesday Evening lessons: January 15–March 5

Regular Lessons (Ages 5 and up)		
Class Time: 45 min	Group/Section	Cost
6:30-7:15pm	<u>Level 2 #3002A</u> <u>Level 3 #3003A</u>	\$100
7:15-8:00pm	<u>Level 2 #3002B</u> <u>Level 4 #3004A</u>	\$100

Young Swimmer Lessons (Ages 6 months - 5 years old)		
Class Time: 25 min	Group/Section	Cost
6:15-6:45pm	<u>Parent/Child #3000A</u>	\$80
6:45-7:15pm	<u>Pre-K Beginner #3008A</u>	\$80
7:15-7:45pm	<u>Pre-K Intermediate #3008B</u>	\$80

Saturday Morning lessons: January 18–March 8

Regular Lessons (Ages 5 and up)		
Class Time: 45 min	Group/Section	Cost
10:15-11:00am	<u>Level 1 #3001A</u> <u>Level 2 #3002C</u> <u>Level 3 #3003B</u>	\$100
11:00-11:45am	<u>Level 2 #3002D</u> <u>Level 3 #3003B</u> <u>Level 4 #3004B</u>	\$100
11:45-12:30pm	<u>Level 1 #3001B</u> <u>Level 2 # 3002E</u> <u>Level 3 #3003C</u>	\$100
12:30-1:30pm	<u>Level 1 #3001C</u> <u>Level 2 #3002F</u> <u>Level 4 #3004C</u>	\$100

LOCATION

FRIDLEY MIDDLE SCHOOL POOL

6100 West Moore Lake Drive, Fridley, MN 55432



Scan me to find classes online!



AQUATICS, YOUTH & ADULT ENRICHMENT COORDINATOR

SASHA HERDER

sherder@isd14.org or 763-402-1391-please leave a message!

JOIN OUR TEAM!

If you or someone you know is interested in teaching swimming lessons, please reach out to Sasha Herder at sherder@isd14.org or by calling 763-502-5118.

Looking ahead at Spring/Summer 2025 Aquatics:

As some of you may know, the two referendums that Fridley Public Schools were proposing in November passed, which is allowing us to begin tackling our deferred maintenance needs; one of those needs being the pool area and locker rooms at the Fridley Middle school. While this is great news for us, it does mean that the pool is going to have to be closed throughout the spring and summer months, more specifically March 17th-August 1st.

What does this mean for swimming lessons and aquatics?

Because of our consortium with St. Anthony-New Brighton, we don't have to stop offering lessons just because the pool is closed. We will be offering Spring and Summer classes through our program at the pool at St. Anthony Village High School.

Their classes and Eleyo can be found at the QR code on the right side of this page. If you have any questions or concerns, don't hesitate to reach out.



ST. ANTHONY/NEW BRIGHTON SWIMMING LESSONS

Fridley and St. Anthony-New Brighton School District have combined into a consortium to create more availability for families in our community to attend swim lessons. If the options at Fridley do not work in your family's schedule we strongly suggest looking at St. Anthony-New Brightons Aquatics Programs for swim lessons.

Click here to view [St. Anthony-New Brighton's Aquatics Offerings](#) or scan the QR Code below.



ST. ANTHONY COMMUNITY SERVICES COORDINATOR

KRISTEN MORRIS

kmorris@isd282.org 612-706-1185



EARLY CHILDHOOD FAMILY EDUCATION



We offer multiple classes and programs to meet the needs of you and your family!

WELCOME TO ECFE!

The Early Childhood Family Education (ECFE) program offers fun, interactive and educational activities to parents and children ages birth to five years. The goal of the program is to strengthen families and help parents and children grow and develop within a circle of support. Parents and children participate in fun activities that encourage learning. Parents participate in discussions led by a parent educator while their children play, learn and socialize with other children.



*The word "parents" includes all individuals who function in a parenting role – mothers, fathers, partners, grandparents and other relatives, foster parents, etc.

Come for your child... Stay for yourself!

ABOUT FRIDLEY ECFE:

- ECFE welcomes all parents
- Our parent educators offer research-based information to our program participants and are always available to answer questions
- Our classes are fun and educational for both parents and children
- We offer parent discussions to connect parents to other parents in the community
- Parents can learn about community resources

ECFE/PRESCHOOL ADVISORY COUNCIL

Are you in an ECFE class? Do you come to the Creative Play Center? Or are you interested in becoming a community member? We invite you to join our Advisory Council.

The Advisory Council advises Fridley Community Education and advocates for its programs and community engagement. The council's input and planning has been looked upon to guide community needs and create events that welcome and support all Fridley families. The council meets once a month. All parents and community members are welcome! Please call Lila Mapp at 763-502-5143 for more information.

CONTACTS



DILELIA (LILA) MAPP

ECFE Coordinator

763-502-5143

mapp@is14.org

MAE NALLOS

ECFE Teacher, Early Childhood Screener

763-502-5157

nallos@isd14.org

All ECFE classes are held at the Fridley Community Center, 6085 7th Street NE, Fridley, MN 55432

SPECIAL EVENTS

FRIENDSHIP DANCE

Join us for a fun and exciting Friendship Dance hosted by the ECFE Program! We will have pizza, drinks, music and lots more to celebrate friends! This is a whole family event, come out and spread joy, laughter and your best dances moves.

Class #	Day	Dates	Time
6650	Sat	Feb 15	4:00 -6:00pm
Cost			
Parent & Child: \$10			
Family of 4: \$20			
Each additional child: \$2			

EARLY CHILDHOOD FAMILY EDUCATION



HELP ME GROW

While all young children grow and change at their own individual rate, some children experience delays in their development. Help Me Grow is a group of service providers who work together providing free early intervention referral services for children birth to three-years-old. MN Children who qualify could be eligible for services in their home, child care setting, or school. Further resources are provided by calling **Anoka Area Help Me Grow Central 1-866-693-GROW (4769)** or go to helpmegrowmn.org to schedule and gain more information regarding a free screening.

SCHEDULE AN EARLY CHILDHOOD SCREENING

Will your child be attending preschool this year? Is your child between the ages of 3 and Kindergarten? If you answer yes to either of these questions, then Early Childhood Screening is for your child!

Screening is a free and quick look at how your child is growing and developing. Ideally, the screening process serves children between the ages of 3 and 5, and is required before your child registers for Preschool and Kindergarten throughout the state of Minnesota.

Screening identifies possible learning or health concerns so that children can get the help they need before starting school.

Appointments are necessary!

To schedule a screening, please call 763-502-5143 or schedule an appointment online at <https://fridley.ce.eleyo.com/> and search "screening".

"NEW KIDS IN TOWN!" HOME VISITS

Fridley Early Childhood Family Education program wants to support all families. If you have a new baby or have recently moved into the city of Fridley with children under the age of 3 please call us to receive information about our programs and a new baby/family packet at your request. Call us today at **763-502-5143** to let us know about the new baby and children of your household!

SLIDING FEE SCALE ECFE CLASSES

Separating						Non-Separating		2024-25: 3-year-old Preschool	
Family Income	17 wks	16 wks	15 wks	Sibling Care	13 wks	Family Income	4 days/wk (half day)		
\$110,000 +	\$255	\$240	\$225	\$165	\$86	\$110,000 +	\$340/mo		
\$100-109,000	\$238	\$224	\$210	\$144	\$71	\$100-109,000	\$315/mo		
\$90-99,000	\$221	\$208	\$195	\$123	\$57	\$90-99,000	\$315/mo		
\$80-89,000	\$204	\$192	\$180	\$103	\$54	\$80-89,000	\$290/mo		
\$70-79,000	\$187	\$176	\$165	\$82	\$39	\$70-79,000	\$265/mo		
\$60-69,000	\$170	\$160	\$150	\$73	\$32	\$60-69,000	\$220/mo		
\$50-59,000	\$153	\$144	\$135	\$62	\$29	\$50-59,000	\$195/mo		
\$40-49,000	\$136	\$128	\$120	\$52	\$24	\$40-49,000	\$165/mo		
\$30-39,000	\$85	\$80	\$75	\$41	\$21	\$30-39,000	\$105/mo		
\$20-29,00	\$51	\$48	\$45	\$31	\$17	\$20-29,000	\$70/mo		
\$19,999 or less	\$25	\$24	\$22	\$20	\$9.00	\$19,999 or less	\$40/mo		
Chart A						Chart B		Chart C	

EARLY CHILDHOOD FAMILY EDUCATION

ECFE CLASSES

TODDLERS AND TWO'S NEXT STEPS! (12-36 MONTHS) 8 WEEK SEPARATING CLASS – FCC: Rm 125/127

This class is perfect if you have an energetic toddler or two-year-old who loves to play! Parents separate for an hour from children for parent education while the students get to play in a classroom with each other and gain independence and self-confidence. No class April 1st.

Class #	Day	Dates	Time
6630WS	Tues	Jan 14 - May 13	9:45am-11:45am
Cost			
Sliding Fee, Chart A (Separating)			

CREATIVE PLAY CENTER – NON-SEPARATING CLASS – FCC: Rm 125/127

Fridley offers the Creative Play Center once a week for small pods of children birth-5 years old and their care giver. Large motor activities include outdoor play or the gym. No class January 31, March 7, March 28 and April 4.

Class #	Day	Dates	Time
6605WS	Fri	Jan 24 - May 16	10:30-11:45am
Cost			
Sliding Fee, Chart A (Non-seperating)			

MIXED AGE DAYTIME- SEPARATING CLASS FCC: Rm. 125/127

In this mixed age class, you will enjoy time with your children (birth to 5 years) exploring sensory, literacy, and social experiences. No class April 2.

Class #	Day	Dates	Time
6610WS	Wed	Jan 15 - May 15	9:45am-11:45am
Cost			
Sliding Fee, Chart A (Separating)			

THURSDAY NIGHT LIVE! (0-5 YEARS) – 8 WEEK SEPARATING CLASS – FCC: Rm. 125/127

In this mixed age class, you will enjoy time with your children (birth to 5 years) helping to build friendships, do activities and sing songs with other families. No class January 23 and April 3.

Class #	Day	Dates	Time
6615WS	Thurs	Jan 16 - May 15	6:00-7:30pm
Cost			
Sliding Fee, Chart A (Separating)			

BOOK DISCUSSION CLASS (0-5 YEARS) 8 WEEK SEPARATING- FCC: Rm 125/127

In this two-hour class, parents separate after the first hour for a discussion about the book: *Raising Antiracist Children: A Practical Parenting Guide* by Britt Hawthorne. Raising antiracist children is a noble goal for any parent, caregiver, or educator, but it can be hard to know where to start. Let Britt Hawthorne—a nationally recognized teacher and advocate—be your guide. *Raising Antiracist Children* acts as an interactive guide for strategically incorporating the tools of inclusivity into everyday life and parenting. No class January 20, February 17, and March 31.

Class #	Day	Dates	Time
6600-SS	Mon	Jan 13 - May 12	9:45am-11:45am
Cost			
Sliding Fee, Chart A (Separating)			

ECFE EN ESPAÑOL (EADAES 0-5 AÑOS) CLASE POR SEPARADO- FCC: Rm 125/127

Nuestro objetivo es servir a tantas familias, especialmente familias nuevas tanto como sea posible. Para que las nuevas familias tengan la oportunidad de inscribirse en nuestros cursos, le pedimos que solo se inscriba en 1 clase en este momento. Si está inscribiendo a más de 1 niño, deberá hacer varias inscripciones por niño. Todas nuestras inscripciones ECCE son individuales por niño.

Clase en español ofrecida por el programa de Educación Familiar para la Niñez Temprana (ECCE, por sus siglas en inglés), para familias con niños recién nacidos y hasta los cinco años de edad.

Esta clase se divide en dos secciones. Durante le primera parte, los padres tendrán la oportunidad de interactuar o jugar con sus hijos con una gran variedad de actividades diseñadas especialmente para ellos. Durante la segunda mitad de la clase los padres asistirán a charlas enfocadas en la familia mientras los maestros se quedan a cargo de los niños, realizando una gran variedad de actividades educativas y jugando con sus otros compañeros.

Class #	Day	Dates	Time
6620-SS	Jueves	Enero 16- Mayo 15	9:45-11:45am
Cost:			
Sliding Fee, Chart A (Separating)			

FRIDLEY ECCE

Serving parents and children from birth to five years

We offer many opportunities to learn and grow with your child!



FRIDLEY PRESCHOOL 2024-25



First and only International Baccalaureate program for 3- and 4-year-old Preschool in Minnesota

WELCOME TO FRIDLEY PRESCHOOL, AN IB WORLD SCHOOL!

Fridley Preschool is the only International Baccalaureate (IB) 3- and 4-year-old Preschool program in the state of Minnesota. Additionally, our school district is the first and only district in the state, and one of few in the nation, to offer the full PreK-12 IB Continuum to all students.

Here at Fridley Public Schools, we focus on developing the whole child, and that starts with our district's earliest learners. Both 3- and 4-year-old preschool programs are designed to provide your child with the necessary learning experiences to prepare for kindergarten. Utilizing our transdisciplinary IB curriculum framework, your child will be a step ahead when it comes to preparing for success in Kindergarten and a holistic IB educational experience.

WHY CHOOSE FRIDLEY PRESCHOOL?

Our high quality Preschool Program has multiple options to meet your families needs. This includes low cost half-day 3-year-old, NO COST half-day 4-year-old, and scholarship eligible cost based 3 & 4-year-old full-day preschool.

- **IB Primary Years Programme**

Fridley Preschool is an International Baccalaureate (IB) World School that offers the Primary Years Programme (PYP). Founded on a philosophy that recognizes a child's natural curiosity, creativity and ability to reflect, the PYP generates a stimulating, challenging learning environment to nurture those assets and foster a lifelong love of learning in every child.

- **Caring and nurturing teachers**

Each classroom is led by a Minnesota Department of Education (MDE) licensed Early Childhood Educator. Your child will receive personalized attention as each class is capped at 20 students with a teacher and classroom assistant in each classroom.

- **Parent Aware Four-Star Rating**

Fridley Public Schools is proud to offer a 4 Star Parent Aware rated Preschool Program to help prepare your child for school success.

- **High-quality and Aligned Curriculum**

Our preschool curriculum has been written to encompass several areas of inquiry and is aligned with Minnesota's Early Childhood Indicators of Progress (ECIPs). The ECIPs are Minnesota's early learning standards that provide a framework for developmentally appropriate expectations from birth to kindergarten. They also align to the Minnesota Kindergarten Academic Standards.

CONTACT

Preschool Program Questions:

WENDY NEWMAN

Preschool Secretary
763-502-5105

JARRETT PERSON

Front Desk Receptionist
763-502-5102

JORDAN WRIGHT

Secretary (full-day)
763-502-5107

4-year-old enrollment:

763-502-5081

Additional contacts:

AFOLABI RUNSEWE

Assistant Principal -Preschool
763-502-5101

STEPHEN KEELER

Community Education Director
763-502-5106 (full-day)

KARIN BECKSTRAND

Preschool IB PYP Coordinator
763-502-5117 (half-day)

SALLY LEONE

Childcare Coordinator
763-502-5135 (full-day)

Preschool Location:

Fridley Community Center
6085 7th Street NE
Fridley, MN 55432

3- & 4-YEAR-OLD CLASS OPTIONS

2024-25
school year



3-YEAR-OLD PRESCHOOL CLASS OPTIONS – Children must be 3 years old by Sept. 2, 2024.

Class Options:		To Register:
AM SESSION	Monday - Thursday Mornings 8:15 - 11:00am 9 monthly payments of \$340/mo or \$3060 annually <i>A Sliding Fee Scale is also available. See page 26.</i>	To register, you must submit an application: <ul style="list-style-type: none"> Online at: https://fridley.ce.eleyo.com By phone at 763-502-5105 with Visa/MasterCard/Discover In-person at the Enrollment Center in the FCC For more information about half-day preschool - Please call Katie Brown at 763-502-5105. For more information about the full-day preschool option - Please call Jordan Wright at 763-502-5107. You must submit all required documents listed below: <ul style="list-style-type: none"> Child's birth certificate Up-to-date immunization records
PM SESSION	Monday - Thursday Afternoons: 12:00 - 2:45pm 9 monthly payments of \$340/mo or \$3060 annually <i>A Sliding Fee Scale is also available. See page 26.</i>	
FULL DAY OPTION	Monday - Friday Full Day: 7:30am - 4:30pm \$290 per week <i>Needs-based scholarships available</i>	

4-YEAR-OLD PRESCHOOL CLASS OPTIONS – Children must be 4 years old by September 2, 2024.

Class Options:		To Register:
AM SESSION	Monday - Friday Mornings 8:15am - 11:15am No cost to families	<ul style="list-style-type: none"> Online at: www.fridleyschools.org/preschoolregistration In-person at the Enrollment Center in the FCC For more information about enrolling into our half-day preschool program - Please call 763-502-5081. For more information about the full-day preschool option - Please call Jordan Wright at 763-502-5107. You must submit all required documents listed below: <ul style="list-style-type: none"> Proof of address (driver's license, utility bill, rental/purchase agreement) OR Open Enrollment Form Child's birth certificate Up-to-date immunization records Preschool screening documents if screened outside our district
PM SESSION	Monday - Friday Afternoons: 12:00pm - 3:00pm No cost to families	
FULL DAY OPTION	Monday - Friday Full Day: 7:30am - 4:30pm \$290 per week <i>Needs-based scholarships available</i>	

*Copies will be made of each document and originals returned to you.
Registration is not complete until we have received all of the above documents.*

DOES YOUR 4-YEAR-OLD HALF-DAY STUDENT NEED BUS TRANSPORTATION?

Free transportation is provided for families within Fridley district boundaries and those who reside in the Northwest Suburban Integration School Districts, which include: Anoka-Hennepin, Brooklyn Center, Buffalo-Hanover-Montrose, ISD728 (Elk River Area), Fridley, Osseo, and Rockford.

Families are required to complete and submit an NWSISD online application. The priority application time period starts mid-October and goes through December 31. NWSISD will conduct a lottery based on its policies and procedures if the number of applicants exceeds the number of available seats. For more information and to submit an application, go to www.nws.k12.mn.us.


Ask about our **FREE**
bus transportation
for 4-year-old
half-day
students!

[LEARN MORE!](#)

FULL DAY 3 – & 4 – YEAR – OLD FRIDLEY PRESCHOOL

Get a Head Start on your First Steps!

LEARN MORE ABOUT OUR 2024–25 3– & 4–YEAR–OLD PRESCHOOL FULL DAY OPTION

Your child will be a step ahead in their educational journey with our full day Preschool program. We offer a great option for working families in need of full day care.

- **Hours:** 7:30 AM - 4:30 PM
- **Fridley Preschool** is seamlessly blended with **Tiger Club Childcare**, the district's high quality and educational childcare program
- Students will receive **International Baccalaureate (IB) Licensed instruction** and enjoy structured learning all day long
- Your child will be **prepared for success** in elementary school
- **Tuition:** \$290 per week - *Needs-based scholarships are available for 3- and 4-Year-Old options*



Register Today!

Please contact Jordan Wright at **763-502-5107** to learn more about the Full Day Preschool option!

2025–26 school year



Fridley Preschool Registration Night

DATE: FEB 25, 2025

TIME: 5:00–6:30 p.m.

PLACE: Fridley
Community Center -
Door 10



Stay tuned for
more information
about the 2025–2026
Preschool school year!



TIGER CLUB CHILDCARE



High-quality Fridley School District Childcare program for students in K-6

WELCOME TO FRIDLEY TIGER CLUB SCHOOL-AGE CHILDCARE

Located within the Fridley Community Center, our program offers before-and-after care on school days, and all-day care on Non-School days to students K – Grade 6. Our School-Age-Care program is Minnesota School-Age Childcare Association (MnSACA) Accredited and Department of Human Services (DHS) Certified.

LEARNING & CURRICULUM

Tiger Club is an ideal place where students can explore their interests through fun and challenging activities designed to build confidence and foster independence in a safe, nurturing environment. Our program is choice-based and play-based, and our team creates a variety of games, crafts, experiments and much more in interest areas that include, art, literacy, math, science, dramatic play, and technology. Whether delivered in a classroom, gym, playground, or outdoors, our curriculum will give children opportunities to learn and grow in an engaging and informal way.



ABOUT OUR STAFF

Our staff are trained in “out of school time” curriculum planning, choice-based programming, child development, active supervision, CPR, and First Aid. A staff to child ratio of 1:15 or less is maintained at all times to provide small group and individual attention. Staff build one-on-one connections with students and work to support each child’s individual social emotional growth.



CHILDREN WILL ENJOY:

- Daily Gym and/or Playground time
- Daily Creative and Dramatic Play
- Daily planned activities to choose from incorporating art, literacy, math, science, and much more
- Seasonal Community Service projects
- Daily Meals: Breakfast & Snack (Plus Lunch on Non-School Days)
- Fieldtrips and/or On-site presenters on Non-School Days
- Annual Special Events & Parent Engagement opportunities

CONTACT

For more information or questions regarding Tiger Club School Year, contact:

JORDAN WRIGHT
Tiger Club Secretary
763-502-5107
jwright@isd14.org

LOCATION:

Fridley Community Center
6085 7th Street NE,
Fridley, MN 55432

REGISTRATION

REGISTER ONLINE AT:

fridley.ce.eleyo.com

New registrations are required every season. Registrations are accepted first come; first serve regardless of prior season attendance.

WELCOME TO

SCHOOL YEAR 2024-25

FRIDLEY TIGER CLUB

TIGER CLUB SCHOOL-AGE CHILDCARE



Welcome to **Fridley Tiger Club School-Age Childcare**! Located within the Fridley Community Center, our program offers before- and after-school care on school days, and all-day care on non-school days to students in kindergarten through sixth grade. Our School-Age-Care program is Ignite's School Age Care (I-SAC) Accredited and Department of Human Services (DHS) Certified.

LEARNING & CURRICULUM:

Tiger Club is an ideal place where students can explore their interests through fun and challenging activities designed to build confidence and foster independence in a safe, nurturing environment. Our program is choice-based and play-based, and our team creates a variety of games, crafts, experiments and much more in interest areas that include, art, literacy, math, science, dramatic play, and technology. Whether delivered in a classroom, gym, playground, or outdoors, our curriculum will give children opportunities to learn and grow in an engaging and informal way.



ABOUT OUR STAFF:

Our staff are trained in out-of-school time curriculum planning, choice-based programming, child development, active supervision, CPR, and first aid. A staff to child ratio of 1-to-15 or less is maintained at all times to provide small group and individual attention. Staff build one-on-one connections with students and work to support each child's individual social and emotional growth.



CHILDREN WILL ENJOY:

- Daily gym and/or playground time
- Daily creative and dramatic play
- Daily planned activities to choose from incorporating art, literacy, math, science, and much more
- Seasonal community service projects
- Daily meals: breakfast and snack (plus lunch on non-school days)
- Field trips and/or on-site presenters on non-school days
- Annual special events and parent engagement opportunities

REGISTER ONLINE: fridley.ce.eleyo.com

**SCHOOL YEAR
REGISTRATION
DEADLINE:
AUGUST 2
or until full**

New registrations are required every school year, regardless of prior season attendance.

Once school year begins, new contracts are accepted based on space availability!



SCAN ME

SCHOOL YEAR 2024-25 SEASON:

DAYS & DATES:

Monday through Friday; September 4 – June 4
*Closed and non-school days schedule available

HOURS OF OPERATION: School days: 6:30 a.m. to school start; school release to 6 p.m.

Non-school days: 7 a.m. to 5:30 p.m.

REGISTRATION FEE: \$25 per child, required at time of registration. (Non-Refundable)

TUITION RATES:

Elementary Tuition:

- AM & PM - \$39 per day (Drop-In rate: \$50)
- AM or PM - \$23.50 per day (Drop-In rate: \$26.50)

Middle School Tuition:

- AM & PM - \$39 per day (Drop-In rate: \$50)
- AM ONLY - \$21 per day (Drop-In rate: \$24)
- PM ONLY - \$26 per day (Drop-In rate: \$29)

Non-School-Day Tuition:

- Full-day - \$52 per day (Drop In rate: \$63)

*We accept County Childcare Assistance Program (CCAP)

TUITION INCLUDES:

All daily activities, meals (breakfast and snack), and transportation to and/or from school on school days; and all activities (including field trips) and meals (breakfast, lunch and snack) on non-school days.

SCHEDULE OPTIONS:

- Consistent weekly set schedules ONLY
- Minimum of one (1) set scheduled day a week
- No "drop-in only" OR rotating schedules available
- Tuition is due each week regardless of attendance
- Non-school days not required; separate sign-up

TRANSPORTATION:

On school days, children are escorted between the FCC and their attending school via the district's transportation department according to their weekly set schedule.



For information or questions regarding Tiger Club School Year, contact:

Jordan Wright (Tiger Club secretary) at 763-502-5107 or jordan.wright@fridley.k12.mn.us



FRIDLEY COMMUNITY EDUCATION

6085 7th Street NE, Fridley, MN 55432 | 763-502-5107

HOW TO REGISTER



Online

Register online at:

<https://fridley.ce.eleyo.com>

If you need assistance in setting up your account, please call 763-502-5100.



Phone

Register by phone by calling

763-502-5100

with Visa, MasterCard or Discover



By Mail or In-Person

Register by mail or visit the Fridley Community Center in-person to register. Mail registration form to:

Fridley Community Center
6085 7th Street NE,
Fridley, MN, 55432

Office Hours:

Monday – Friday, 8:00 am – 4:00 pm



Fax

Fax your registration to us with your MasterCard, Discover, or Visa information. Fax to:

763-502-5140

DISTRICT POLICY

It is our policy not to discriminate on the basis of sex, race, religion, color, national origin, economic status, disability, age or mental status in any of our education programs or personnel practices.



CLASS REGISTRATION POLICIES

FEES

Fees must accompany your registration. You may pay with cash, check (Please make all checks out to ISD #14), or Visa/MasterCard/Discover credit cards.

CANCELLATIONS

Fridley Community Education reserves the right to cancel classes due to lack of enrollment or emergencies.

REFUNDS

Refunds minus a \$5 processing fee will only be issued if requested one (1) business day prior to the start of the first day of class. No refunds will be given after a class has started. For classes and tours that have a published cancellation deadline, no refunds or credits will be issued after the specified dates. Full refunds or credits are issued if Community Education cancels a class or tour, or the class or tour is already filled.

CLOSINGS DUE TO WEATHER

In case of bad weather, check the district's website at www.fridleyschools.org for the most current updates. You may also tune in to local media – broadcast, print and online for information on school closures. Classes are not held when Fridley schools are closed due to the weather.

SAFETY DISCLAIMER

There is an inherent risk of accident and injury in any activity. It is the responsibility of the participant to be aware that there are assumed risks in participation. Fridley Public Schools (ISD#14) assumes no responsibility for injuries received during activities. Any changes in participants' current physical activity level should be done under the approval and direction of their physician and/or health care provider(s).

SPECIAL SERVICES

Persons with disabilities are welcome in any class or activity and may bring a helper at no extra charge in most cases (please call first). If you need a reasonable accommodation, please contact the Community Education Office at 763-502-5100.

CONFIRMATION

If you have an email address on file with us, you will receive confirmation. You may also call to confirm your registration. You will be called if the class is canceled or filled.

PHOTO AGREEMENT

Fridley Public Schools Community Education has my permission to use photographs of the person/s enrolled in the course in public releases and or information publications about the program. If you do not want pictures in public releases, you need to contact the Community Education office in writing at fridleycommunityed@fridley.k12.mn.us.

FEE ASSISTANCE

Residents of the Fridley School District who are unable to pay the full registration fee for classes may request fee assistance by calling 763-502-5100 or email fridleycommunityed@fridley.k12.mn.us. Some classes may not qualify for fee assistance or it may be limited. Students within the district on free or reduced lunch are eligible for reduced prices on most classes with proof of participation in the free or reduced lunch program.

UCARE DISCOUNT

UCare members may take up to a \$15 discount on most classes listed in our catalog. If a class is less than \$15, the member may take the class free of charge. Members must be on UCare at the time of registration and through the duration of the class(es). Members will need to include their ID number when registering. Classes that are not eligible for the discount include homeopathy, high risk activities (rock climbing, etc.), hypnosis, and personal trainers. UCare for seniors allows one discount per year.

SENIOR CITIZEN DISCOUNT

Community members 62 years and older may attend classes at 10% off of the regular fee unless otherwise noted. This discount does NOT apply to classes offered outside of Fridley or Fridley Senior Program Classes.



**Satisfaction
Guaranteed**

We are committed to providing high-quality Community Education programs and classes. Please call us if you are not satisfied with any Community Education class.



E-mail Address

Class Number	Class Title	Price
		Total \$

Please provide names and ages of child/children being registered:

Name _____ Birthdate _____ Grade _____

☐ Check enclosed (payable to ISD #14)
Fridley Community Center
6085 Seventh Street NE, Fridley, MN 55432



Signature _____

Consider yourself registered for the classes that you have signed up for. Confirmation notice will only be sent to you via a valid email address on file. You will be contacted if the class is full or cancelled.



6085 Seventh Street NE.
Fridley, MN 55432

Nonprofit Org.
U.S. Postage

PAID

Twin Cities, MN
Permit No. 2613

ECRWSS
POSTAL CUSTOMER

Fridley Community Theatre Productions

Fridley Community Theatre Dinner Show Presents

Almost,
MAINE

By John Cariani

Tickets available online at
www.FridleyCommunityTheatre.org
Or calling Fridley Community Center at 763-502-5100

Dinner Show \$35	Dessert Only Show \$20
Feb. 14, 15, 20, 21	February 16, 22
Dinner at 6 pm	Performance at 2 pm
Performance at 7 pm	


SCAN ME

Tickets go on sale January 8, 2025

Performances at Fridley District Auditorium
6000 West Moore Lake Drive

Tickets for Almost Maine are available online by scanning the QR code above, calling 763-502-5100 or visiting FridleyCommunityTheatre.org

