



Menu Name : Cologne Academy K-8 Grades Lunch Menu Grade Level / Age Group : K-8 Grades		Options Provided : Hot, Hot Vegetarian, Cold Meals & Deli Salads Meal Pattern : NSLP Meal : Lunch			
JANUARY - 2025					
Hot Meal	<p>COLOR YOUR TRAY: The Power of Fruits in School Meals</p> <p>From fresh and frozen to canned, dried and dehydrated, all forms of fruit have a place on our school meal menus. Whether it's enjoying a juicy pear at lunch or enjoying a handful of raisins as a snack, every fruit choice contributes to one's overall health and well-being.</p> <p>Fruit is packed with essential vitamins, minerals and antioxidants that promote overall health and well-being. Whether it's the vitamin C boost from citrus fruits, the potassium-rich goodness of bananas or the fiber-packed sweetness of apples, each fruit offers its unique nutritional benefits. By incorporating a variety of fruits into our school meals, we provide students with a range of nutrients to help them thrive both in and out of the classroom.</p>	Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025	
		No School	Sweet & Sour Chicken	Twisted Cheese Breadsticks	
			Steamed Brown Rice Assorted Salad Bar Fruit Cup Choice Milk	Seasoned Red Sauce Assorted Salad Bar Crisp Varietal Apple Choice Milk	
			Veggie & Cheese Lasagna	Cheesy Quesadilla	
Hot Veg		Turkey & Cheese on WW Bread	Chicken Caesar Wrap		
Cold					
Hot Meal	Monday, January 6, 2025	Tuesday, January 7, 2025	Wednesday, January 8, 2025	Thursday, January 9, 2025	Friday, January 10, 2025
	Soft Shell Tortilla Taco	Mild Honey Sauced Drumstick	Mozzarella Burger	Premium Chicken Nuggets & BBQ Sauce	Fresh Baked Pan Pizza
	WG Tortilla, Taco Seasoned Beef, Shred Cheese & Crema Assorted Salad Bar Chilled Peaches Choice Milk	Mildly Seasoned Flavorful Chicken Drumstick Assorted Salad Bar Cheetos Chilled Fruit Cocktail & Choice Milk	Ketchup Assorted Salad Bar Banana Wheat Crackers & Choice Milk	Potato Smiles & Ketchup Assorted Salad Bar Fruit Cup Choice Milk & WG Dinner Roll	Assorted Salad Bar Crisp Varietal Apple Choice Milk
	Bean & Cheese Burrito	Pizza Crunchers	Garden Mozzarella Burger w/Ketchup	Easy-Cheesy Pull Aparts	Fresh Baked Cheese Pizza
Hot Veg	Turkey Bun w/ Mayo PC	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread	Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip
Cold					
Hot Meal	Monday, January 13, 2025	Tuesday, January 14, 2025	Wednesday, January 15, 2025	Thursday, January 16, 2025	Friday, January 17, 2025
	Chicken Tenders w/Boom Sauce	Classic Beef Sloppy Joe	Butter Chicken	Italiano Rosy Alfredo Pasta Bake	Brunch Lunch
	Assorted Salad Bar Chilled Peaches Choice Milk WG Dinner Roll	Traditional Sloppy Joe Meat served on WG Bn w/ Shred Cheese Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	Steamed Seasoned Rice Assorted Salad Bar Banana Choice Milk	WG Penne Rosa w/ Grilled Chicken Assorted Salad Bar Fruit Cup WG Roll & Choice Milk	Easy-Bite Mini Waffles & Syrup w/ Yogurt Swirl Cuo Hash Brown Patty w/ Ketchup Assorted Saald Bar Crisp Varietal Apple & Choice Milk
	Pizza Calzone	Twisted Cheese Breadsticks w/ Seasoned Sauce	French Bread	Veg Garden Nuggets w/ Ketchup & WG Roll	Multi Cheese Croissant Sandwich
Hot Veg	Wowbutter & Jelly sandwich	Turkey Bun w/ Mayo PC	Hoagie Chicken Club	Turkey & Cheese on WW Bread	Chicken Caesar Wrap
Cold					
Hot Meal	Monday, January 20, 2025	Tuesday, January 21, 2025	Wednesday, January 22, 2025	Thursday, January 23, 2025	Friday, January 24, 2025
	Tikka Drumstick	Chicken Enchilada Crunch Lunch	The Cheeseburger , that Never Gets Old-Fashioned	Golden Corn Dog	Fresh Baked Pan Pizza
	Assorted Salad Bar Chilled Peaches Cool Ranch Doritos Choice Milk	Seasoned Chicken Enchilada with Fritos Corn Chips for a crunchy base Served with Cheese on side Assorted Salad Bar Chilled Fruit Cocktail & Choice Milk	WG Bun, Cheese Slice & Ketchup Crispy Ranch Crackers Assorted Salad Bar Banana & Choice Milk	WG Chicken Corn Dog served with Ketchup Potato Stix w/ Ketchup Assorted Saald Bar Fruit Cup & Choice Milk	Assorted Salad Bar Crisp Varietal Apple Choice Milk
	Easy-Cheesy Pull Aparts	French Bread Pizza	Mac & Cheese Bites w/ Ranch	Grilled Cheese Sandwich	Fresh Baked Cheese Pizza
Hot Veg	Turkey Bun w/ Mayo PC	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread	Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip
Cold					
Hot Meal	Monday, January 27, 2025	Tuesday, January 28, 2025	Wednesday, January 29, 2025	Thursday, January 30, 2025	Friday, January 31, 2025
	Golden Chicken Tenders & Ketchup	Walking Taco	Mac & Cheese	Chinese Teriyaki Chicken	Garlic Dusted French Bread
	Assorted Salad Bar Chilled Peaches Dill Cobber Crackers Choice Milk	Beef Taco Meat, Nacho Cheese Doritos, Shred Cheese & Crema Assorted Salad Bar Chilled Fruit Cocktail Choice Milk	Strawberry Grahams Assorted Salad Bar Banana Choice Milk	Steamed Seasoned Rice Assorted Salad Bar Fruit Cup Choice Milk	Assorted Salad Bar Crisp Varietal Apple Choice Milk
	Fluffy Omelet, Buttermilk Pancakes & Svrup	Bean & Cheese Pupusa w/ Boom Sauce	Cheese Hot Pocket w/ Warm Red Sauce	Stuffed Rigatoni	Multi Cheese Croissant Sandwich
Hot Veg	Wowbutter & Jelly sandwich	Turkey & Cheese Bun w/ Mayo PC	Hoagie Chicken Club	Turkey & Cheese on WW Bread	Chicken Caesar Wrap
Cold					

*** Hot Veg and Cold meals are served with vegetables, fruit of the day & milk.

*** Both Regular & Vegetarian options are available. Vegetarian choices come with egg or cheese in the place of meat. All deli salads come with fruit and milk)

Skim & 1% milk served daily.

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

This menu is 100% pork-free.

All rice dishes /rice products are made of whole grain brown rice.



FEBRUARY 2025 Menu (Subject to Change)

	Monday, February 3, 2025	Tuesday, February 4, 2025	Wednesday, February 5, 2025	Thursday, February 6, 2025	Friday, February 7, 2025	
Hot Meal	Premium Chicken Nuggets	BBQ Meatballs	Asian Chow Mein Bowl	Premium Chicken Patty Sandwich	Fresh Baked Pan Pizza	Week VI
	Honey Mustard Sauce	Mashed Potatoes	<i>Whole Grain Chow Mein Noodles with Asian Sesame Chicken</i>	WG Bun & Ketchup	Assorted Salad Bar	
	WG Ranch Crackers	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Crisp Varietal Apple	
	Assorted Salad Bar	WG Dinner Roll	Banana	Fruit Cup	Choice Milk	
	Chilled Peaches & Choice Milk	Chilled Fruit Cocktail & Choice Milk	Choice Milk	Cool Ranch Doritos & Choice Milk		
Hot Veg	<i>Easy Cheesy Pull Aparts</i>	<i>Pizza Crunchers</i>	<i>French Pizza Bread</i>	<i>Fluffy Omelet, Buttermilk Pancakes & Svrup</i>	<i>Fresh Baked Cheese Pizza</i>	
Cold	Turkey Bun w/ Mayo PC	Wowbutter & Jelly sandwich	Honey Mustard Chicken Bun	Roasted Turkey on WW Bread	Crunchy Ranch Chx Wrap w/ Herb Infused Ranch Dip	
Hot Meal	Monday, February 10, 2025	Tuesday, February 11, 2025				Week I
	CKC Chef's Texas Burger w/American Cheese Slice	Brunch Lunch				
	Potato Stix w/ Ketchup	French Toast Sticks & Syrup				
	Assorted Salad Bar	Assorted Salad Bar				
	Chilled Peaches	Chilled Fruit Cocktail				
	Choice Milk	Choice Milk				
Hot Veg	<i>Cheese Croissant Sandwich</i>	<i>Pizza Calzone</i>				
Cold	Wowbutter & Jelly sandwich	Turkey & Cheese Bun w/ Mayo PC				