

January 2025
MES Breakfast Menu

6	7	8	9	10
Christmas Break	Christmas Break	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal
13	14	15	16	17
Pancake on a Stick or Assorted Cereal	French Toast Sticks or Cinnamon Pop Tart	Sausage & Cheese Grits Bowl w/ Toast or Assorted Cereal	Chicken Biscuit or Assorted Cereal	Sausage & Cheese Croissant or Assorted Cereal
20	21	22	23	24
Holiday	Sausage Breakfast Pizza or Assorted Cereal	Bacon & Cheese Grits Bowl w/ Toast or Assorted Cereal	Mini Donut Holes in a Cup or Assorted Cereal	Chicken Breakfast Sandwich or Blueberry Muffin Loaf
27	28	29	30	31
Blueberry Eggo Waffle Bites or Assorted Cereal	Sausage Biscuit or Strawberry Pop Tart	French Toast Sticks or Assorted Cereal	Cheese Toast w/ Breakfast Sausage or Strawberry Yogurt w/ Graham Crackers	Blueberry Muffin or Assorted Cereal

Grab & Go Breakfast Bags Available Daily
A Variety of Milk, Fruit & Juice Available Daily

January 2025
MES Lunch Menus

6	7	8	9	10
Christmas Break	Christmas Break	Steak Nuggets w/ Roll or Ham & Cheese Sandwich Rice & Gravy Sweet Potatoes Green Beans	Chicken Sandwich or Spicy Chicken Sandwich or Ham Sub Tater Tots Fresh Veggie Cup w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
13	14	15	16	17
Popcorn Chicken w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Baby Limas	Beef & Cheese Nachos or Deli Ham Wrap w/ Chips Green Beans Shredded Lettuce/ Diced Tomatoes/Cheese/ Salsa	Spaghetti w/ Meat Sauce & Garlic Breadstick or Grilled Cheese Sandwich English Peas Side Salad w/ Ranch	Fish Sticks & Grits w/ Garlic Breadstick or Assorted Cerals w/ Cheese Stick Baked Beans Coleslaw	Hot Dog w/ Bun or Grape Uncrustable w/ Cheese Stick Fresh Broccoli Cup w/ Ranch Fresh Baby Carrots w/ Ranch
20	21	22	23	24
Holiday	Beef Soft Shell Tacos w/ Mexican Rice or Grape Uncrustable w/ Cheese Stick Buttery Corn Shredded Lettuce/ Diced Tomatoes/Cheese/ Salsa	Oven Fried Chicken W/ Roll or Ham & Cheese Sandwich Steamed Broccoli w/ Cheese Sauce Oven Fried Okra	Corn Dog Nuggets or Grape Uncrustable w/ Cheese Stick Baked Beans Fresh Baby Carrots w/ Ranch	Tony's Pepperoni or Cheese Pizza or Grape Uncrustable w/ Cheese Stick Buttery Corn Side Salad w/ Ranch
27	28	29	30	31
Boneless Chicken Wings w/ Roll or Grape Uncrustable w/ Cheese Stick Mashed Potatoes Steamed Broccoli w/ Cheese Sauce	Creamy Chicken Alfredo w/ Garlic Bread Stick or BBQ Rib Sandwich English Peas Fresh Veggie Cup w/ Ranch	Hamburger Steak w/ Gravy & Roll or Ham & Cheese Sandwich Rice w/ Stewed Tomatoes Blackeye Peas	BBQ Sandwich w/ Chips or Turkey Wrap w/ Chips Corn on the Cob Cucumber & Tomato Cup w/ Ranch	Chicken Fajitas w/ Roll or Grilled Cheese Sandwich Oven Fried Okra Black Bean Salad

A Variety of Milk, Fruit & Juice Available Daily