



**grab-n-go**  
**HURST JUNIOR HIGH**

# 2025 MENU

**BREAKFAST:** Student \$2.25 • Adult: a la carte    **LUNCH:** Student \$3.65 • Reduced \$0.40 • Adult: \$5.25

**BREAKFAST:** PopTart & Cereal offered daily. Includes choice of milk.    **LUNCH:** Includes entrée, vegetable, fruit & choice of milk.



<p><b>7 BREAKFAST</b> Mini Pancakes <b>OR</b> PopTart &amp; Cereal Raisels Fruit Juice</p> <p><b>LUNCH</b> Hamburger/Cheeseburger <b>OR</b> Corn Dogs Strawberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</p>	<p><b>8 BREAKFAST</b> Mini Cinnamon Crumb Loaf <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice</p> <p><b>LUNCH</b> Chicken Tenders <b>OR</b> Steak Fingers Wheat Roll <b>OR</b> Cold Cut Sub Sand <b>OR</b> Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p><b>9 BREAKFAST</b> Breakfast Pizza <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Soft Chicken Tacos w/ Mexican Rice <b>OR</b> Fiestada Pizza <b>OR</b> Grilled Cheese Sandwich <b>OR</b> Crispy Chicken Caesar Salad w/ Flatbread Ranch Beans French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	<p><b>10 BREAKFAST</b> English Muffin w/ Egg &amp; Cheese <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/Cheese Pizza <b>OR</b> Crispy Chicken Sandwich <b>OR</b> *Turkey Club Sub <b>OR</b> Crispy Buffalo Chicken Wrap French Fries Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>	
<p><b>13 BREAKFAST</b> Fruit Filled Frudel Strudel <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice</p> <p><b>LUNCH</b> Beef/Cheese Nachos <b>OR</b> Hot/Spicy Chicken Sandwich <b>OR</b> Blueberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Veg. of the Day Fruit Cup Fruit Juice Strawberry Ice Cream Treat</p>	<p><b>14 BREAKFAST</b> Breakfast on a Stick <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> Hamburger/Cheeseburger <b>OR</b> Sweet/Sour Chicken w/ Seasoned Rice &amp; Wheat Roll <b>OR</b> Turkey/Ham/Cheese Salad w/ Flatbread <b>OR</b> Fruit/Cheese Plate w/ Muffin Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>15 BREAKFAST</b> Mini Pancakes <b>OR</b> PopTart &amp; Cereal Craisins Fruit Juice</p> <p><b>LUNCH</b> Chicken Tenders <b>OR</b> Chicken Fried Steak Wheat Roll <b>OR</b> Italian Sub Sandwich <b>OR</b> Strawberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>16 BREAKFAST</b> French Toast &amp; Sausage Link <b>OR</b> PopTart &amp; Cereal Raisels, Fruit Juice</p> <p><b>LUNCH</b> *Pepperoni Calzone/Cheese Calzone <b>OR</b> Crispy Chicken Sandwich <b>OR</b> Crispy Buffalo Chicken Salad w/ Flatbread <b>OR</b> Turkey/Cheese Wrap California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice</p>	<p><b>17 BREAKFAST</b> Cinnamon Roll &amp; String Cheese <b>OR</b> PopTart &amp; Cereal Craisins, Fruit Juice</p> <p><b>LUNCH</b> Pepperoni Pizza/Cheese Pizza <b>OR</b> Grilled Philly Cheese Sandwich <b>OR</b> Mango Yogurt Parfait w/ Muffin <b>OR</b> Ham/Cheese Sub Sandwich Corn on the Cob French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice</p>

\*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

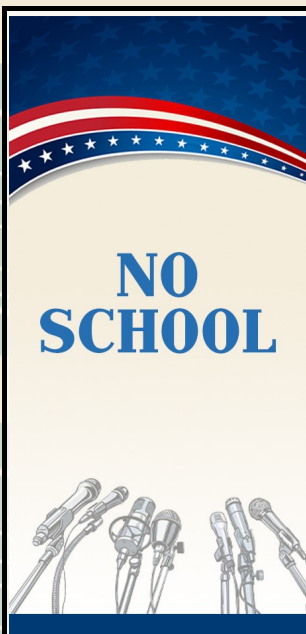


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**21 BREAKFAST**  
Chocolate Filled Crescent  
OR  
PopTart & Cereal Raisels  
Fruit Juice

**LUNCH**  
Hamburger/  
Cheeseburger  
OR  
Fiestada Stuffed Pizza Sandwich  
OR  
Strawberry Yogurt Parfait w/ Muffin  
French r Fries  
Baked Beans  
Fresh Vegetable of the Day  
Fruit Cup  
Fruit Juice

**22 BREAKFAST**  
Yogurt Cup w/ Grahams  
OR  
PopTart & Cereal Craisins, Fruit Juice

**LUNCH**  
Chicken Nuggets  
OR  
Steak Fingers  
Wheat Roll  
OR  
Grilled Cheese Sand.  
OR  
Cold Cut Sub Sandwich  
Mashed Potatoes w/Cream Gravy  
Green Beans  
Fresh Vegetable of the Day  
Fruit Cup, Fruit Juice

**23 BREAKFAST**  
Mini Waffles  
OR  
PopTart & Cereal Raisels, Fruit Juice

**LUNCH**  
Spaghetti w/ Meat Sauce and Wheat Roll  
OR  
Crispy Chicken Sandwich  
OR  
\*Turkey Club Wrap  
OR  
Blueberry Yogurt Parfait w/ Muffin  
Steamed Broccoli  
French Fries  
Fresh Vegetable of the Day  
Fruit Cup, Fruit Juice

**24 BREAKFAST**  
Sausage Breakfast Sandwich on Roll  
OR  
PopTart & Cereal Craisins, Fruit Juice

**LUNCH**  
Pepperoni Pizza/  
Cheese Pizza  
OR  
Chicken/Cheese Quesadilla  
OR  
Italian Sub  
OR  
Crispy Buffalo Chicken Wrap  
Whole Kernel Corn  
French Fries  
Fresh Vegetable of the Day  
Fruit Cup, Fruit Juice

**27 BREAKFAST**  
Bagel filled w/ Cream Cheese  
OR  
PopTart & Cereal Craisins  
Fruit Juice

**LUNCH**  
Beef/Cheese Nachos  
OR  
Hot/Spicy Chicken Sandwich  
OR  
Strawberry Yogurt Parfait w/ Muffin  
Refried Beans  
French Fries  
Fresh Vegetable of the Day  
Fruit Cup  
Fruit Juice

**28 BREAKFAST**  
Chicken Biscuit Sand.  
OR  
PopTart & Cereal Raisels, Fruit Juice

**LUNCH**  
Hamburger/  
Cheeseburger  
OR  
Macaroni/Cheese w/ Fish Nuggets & Hushpuppies  
OR  
Turkey/Cheese Wrap  
OR  
Crispy Chicken Salad w/ Flatbread  
Green Beans  
French Fries  
Fresh Veg. of the Day  
Fruit Cup, Fruit Juice

**29 BREAKFAST**  
Mini Cinnis  
OR  
PopTart & Cereal Craisins, Fruit Juice

**LUNCH**  
Chicken Tenders  
OR  
Steak Fingers  
Wheat Roll  
OR  
Turkey/Ham/Cheese Sub Sandwich  
OR  
Blueberry Yogurt Parfait w/ Muffin  
Mashed Potatoes w/ Cream Gravy  
Whole Kernel Corn  
Fresh Vegetable of the Day  
Fruit Cup, Fruit Juice

**30 BREAKFAST**  
Breakfast Burrito w/ Eggs & Sausage  
OR  
PopTart & Cereal Raisels, Fruit Juice

**LUNCH**  
Beef Lasagna  
OR  
Oven Fried Chicken Drumsticks  
OR  
Crispy Buffalo Chicken Salad  
Wheat Roll  
OR  
Grilled Cheese Sandwich  
French Fries  
California Blend  
Fresh Veg. of the Day  
Fruit Cup, Fruit Juice

**31 BREAKFAST**  
Cinnamon Donut & String Cheese  
OR  
PopTart & Cereal Craisins, Fruit Juice

**LUNCH**  
Pepperoni Pizza/  
Cheese Pizza  
OR  
BBQ Beef Rib Sandwich  
OR  
Crispy Chicken Caesar Wrap  
OR  
Mand. Orange Yogurt Parfait w/ Muffin  
Onion Rings  
Corn on the Cop  
Fresh Veg. of the Day  
Fruit Cup, Fruit Juice

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