

JUNIOR HIGH

2025 MENU

BREAKFAST: Student \$2.25 • Adult: a la carte

LUNCH: Student \$3.65 • Reduced \$0.40 • Adult: \$5.25

BREAKFAST: Toast or PopTart & Cereal offered daily. Includes choice of milk.

LUNCH: Includes entrée, vegetable, fruit & choice of milk.



7 BREAKFAST
Mini Cinnamon Crumb Loaf
OR
PopTart & Cereal Raisels Fruit Juice

LUNCH
Hamburger/Cheeseburger
OR
Corn Dogs
OR
Strawberry Yogurt Parfait w/ Muffin French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice

8 BREAKFAST
Glazed Donut & String Cheese
OR
Toast & Cereal Raisels, Fruit Juice

LUNCH
Chicken Tenders
OR
Steak Fingers Wheat Roll
OR
Cold Cut Sub Sand
OR
Blueberry Yogurt Parfait w/ Muffin Mashed Potatoes w/ Cream Gravy Green Beans Fresh Veg. of the Day Fruit Cup, Fruit Juice

9 BREAKFAST
Breakfast Pizza
OR
PopTart & Cereal Raisels, Fruit Juice

LUNCH
Soft Chicken Tacos w/ Mexican Rice
OR
Fiestada Pizza
OR
Grilled Cheese Sandwich
OR
Crispy Chicken Caesar Salad w/ Flatbread Ranch Beans French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice

10 BREAKFAST
English Muffin w/ Egg & Cheese
OR
Toast & Cereal Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/Cheese Pizza
OR
Crispy Chicken Sandwich
OR
*Turkey Club Sub
OR
Crispy Buffalo Chicken Wrap French Fries Whole Kernel Corn Fresh Veg. of the Day Fruit Cup, Fruit Juice

13 BREAKFAST
Fruit Filled Frudel Strudel
OR
PopTart & Cereal Craisins Fruit Juice

LUNCH
Beef/Cheese Nachos
OR
Hot/Spicy Chicken Sandwich
OR
Blueberry Yogurt Parfait w/ Muffin Refried Beans French Fries Fresh Veg. of the Day Fruit Cup Fruit Juice Strawberry Ice Cream Treat

14 BREAKFAST
Chicken-n-Waffles
OR
Toast & Cereal Raisels, Fruit Juice

LUNCH
Hamburger/Cheeseburger
OR
Sweet/Sour Chicken w/ Seasoned Rice & Wheat Roll
OR
Turkey/Ham/Cheese Salad w/ Flatbread
OR
Fruit/Cheese Plate w/ Muffin Steamed Broccoli French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice

15 BREAKFAST
Mini Pancakes
OR
Toast & Cereal Craisins Fruit Juice

LUNCH
Chicken Tenders
OR
Chicken Fried Steak Wheat Roll
OR
Italian Sub Sandwich
OR
Strawberry Yogurt Parfait w/ Muffin Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice

16 BREAKFAST
French Toast & Sausage
OR
PopTart & Cereal Raisels, Fruit Juice

LUNCH
*Pepperoni Calzone/Cheese Calzone
OR
Crispy Chicken Sandwich
OR
Crispy Buffalo Chicken Salad w/ Flatbread
OR
Turkey/Cheese Wrap California Blend French Fries Fresh Vegetable of the Day Fruit Cup, Fruit Juice

17 BREAKFAST
Cinnamon Roll & String Cheese
OR
Toast & Cereal Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/Cheese Pizza
OR
Grilled Philly Cheese Sandwich
OR
Mango Yogurt Parfait w/ Muffin
OR
Ham/Cheese Sub Sandwich Corn on the Cob French Fries Fresh Veg. of the Day Fruit Cup, Fruit Juice



*Contains Pork

Fresh fruit offered daily

Menu Subject to change due to product availability



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

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21 BREAKFAST
Chocolate Filled Crescent
OR
PopTart & Cereal Raisels
Fruit Juice

LUNCH
Hamburger/Cheeseburger
OR
Fiestada Stuffed Pizza Sandwich
OR
Strawberry Yogurt Parfait w/ Muffin
French Fries
Baked Beans
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

22 BREAKFAST
Waffles w/ Strawberries /Cream
OR
PopTart & Cereal Craisins, Fruit Juice

LUNCH
Chicken Nuggets
OR
Steak Fingers Wheat Roll
OR
Grilled Cheese Sand.
OR
Cold Cut Sub Sandwich
Mashed Potatoes w/Cream Gravy
Green Beans
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

23 BREAKFAST
French Toast Bites
OR
Toast & Cereal Raisels, Fruit Juice

LUNCH
Spaghetti w/ Meat Sauce and Wheat Roll
OR
Crispy Chicken Sandwich
OR
*Turkey Club Wrap
OR
Blueberry Yogurt Parfait w/ Muffin
Steamed Broccoli
French Fries
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

24 BREAKFAST
Biscuit & Sausage w/ Cream Gravy
OR
PopTart & Cereal Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/Cheese Pizza
OR
Chicken/Cheese Quesadilla
OR
Italian Sub
OR
Crispy Buffalo Chicken Wrap
Whole Kernel Corn
French Fries
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

27 BREAKFAST
Breakfast Pizza
OR
PopTart & Cereal Craisins, Fruit Juice

LUNCH
Beef/Cheese Nachos
OR
Hot/Spicy Chicken Sandwich
OR
Strawberry Yogurt Parfait w/ Muffin
Refried Beans
French Fries
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

28 BREAKFAST
Chicken Biscuit Sand.
OR
PopTart & Cereal Raisels, Fruit Juice

LUNCH
Hamburger/Cheeseburger
OR
Macaroni/Cheese w/ Fish Nuggets & Hushpuppies
OR
Turkey/Cheese Wrap
OR
Crispy Chicken Salad w/ Flatbread
Green Beans
French Fries
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

29 BREAKFAST
Mini Cinnis
OR
Toast & Cereal Craisins, Fruit Juice

LUNCH
Chicken Tenders
OR
Steak Fingers Wheat Roll
OR
Turkey/Ham/Cheese Sub Sandwich
OR
Blueberry Yogurt Parfait w/ Muffin
Mashed Potatoes w/ Cream Gravy
Whole Kernel Corn
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

30 BREAKFAST
* Breakfast Taco w/ Egg & Bacon Tater Tots
OR
Toast & Cereal Raisels, Fruit Juice

LUNCH
Beef Lasagna
OR
Oven Fried Chicken Drumstick
OR
Crispy Buffalo Chicken Salad
Wheat Roll
OR
Grilled Cheese Sandwich
French Fries
California Blend
Fresh Veg. of the Day
Fruit Cup, Fruit Juice

31 BREAKFAST
Glazed Donut & String Cheese
OR
Toast & Cereal Craisins, Fruit Juice

LUNCH
Pepperoni Pizza/Cheese Pizza
OR
BBQ Beef Rib Sandwich
OR
Crispy Chicken Caesar Wrap
OR
Mand. Orange Yogurt Parfait w/ Muffin
Onion Rings
Corn on the Cob
Fresh Vegetable of the Day
Fruit Cup, Fruit Juice

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