



Cross Country Skiing with the BYSNs this Winter!



WHAT: Weather permitting, a 9-week nordic (cross-country) ski program providing lessons and games to learn skills, make friends, and have fun!

WHO: We recommend children in grades 1st-8th (for other ages please contact us)

We are affiliated with the non-profit Bill Koch Youth Ski League. Its mission is to "introduce young people to the lifelong sport of cross-country skiing with all of its recreational, social, fitness, and competitive opportunities."

WHEN: 4:30-6:00 Friday afternoons, December 6th to February 7th.

WHERE: Elma Meadows Park, 1171 Girdle Rd., Elma, NY.

COST: \$60 total for nine sessions to cover costs of snacks and other club expenses. We purposely keep costs low so families can acquire equipment to participate.

You will need to find your own equipment but resources on where to buy skis/poles/boots affordably are available on our website. We also have a limited amount of gear you can rent from the club for the year. Please reach out if you want to participate but need help with the cost of equipment (or if you have extra equipment).

HOW: To get more information and sign up, visit sites.google.com/view/bysn (or point your phone's camera at the code above). **Register by November 29th.** Spots are limited.

We also need adult volunteers (no ski experience necessary)! BYSN is run entirely by volunteers; the number of participants will be limited by the number of available parent helpers. See the website for details.



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