



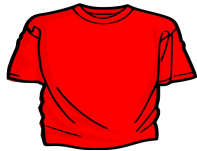
Dear Families,

Did You Know.... Children whose parents talk to their kids regularly about drugs are 42% less likely to use drugs than those who don't?

We recognize **Red Ribbon Week** from October 23-31 to encourage families to have these conversations. **Red Ribbon Week** is the nation's oldest and largest drug prevention awareness program. It started in 1985 after Drug Enforcement Administration Special Agent Enrique "Kiki" Camarena, lost his life at the hands of drug traffickers.

Conversations about drugs are hard but necessary to support a healthy life for our kids. This week, your child is participating in age-appropriate lessons in Health and Wellness class dealing with good choices and drug prevention. We will celebrate what we have learned by creating a hallway display of this year's theme - Life is a Movie - Live Drug Free - and by having a dress-up week during the last week of October. Here are this year's selections. We hope all students join in and have fun, starting Monday, October 28th!

Sincerely,
Mary Claire Vivian & Chad Filipski
Health and Wellness



Monday (10/28)	<i>Rock your "Red Ribbon" - Kick-off the week by wearing as much red as you can!</i>
Tuesday (10/29)	<i>Together we are Ellicott Strong - Wear your new Ellicott t-shirts.</i>
Wednesday (10/30)	<i>Cozy up with Healthy Choices!- Wear fleece or flannel or sweats or pjs!</i>
Thursday (10/31)	<i>Say Boo! To Drugs: Wear your Halloween Costume to school.</i>
Friday (11/1)	<i><u>BILLieve</u> that being kind to your mind makes a difference by wearing your favorite sports team clothing.</i>

