

Vol 43 No 1

The Chatter

Winter
2025

A Publication for Experienced Adults

Sponsored by and serving Independent School District 191 and the City of Burnsville



ERA Aging & Wellness Expo

Thursday, April 24, 2025 · 2-5 pm
Burnsville Senior Center
(Diamondhead Ed Center - 200 W. Burnsville Pkwy.)

Discover a wide variety of area services during this free event sponsored by the Elder Resource Association (ERA) - South of the River. You'll also enjoy exhibits, goodie bags, door prizes, treats, health screenings and more.

For complete details, turn to page 19!

Our Mission

To provide a Senior Center that is a community focal point on aging where older adults come together for services and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

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Welcome to the Burnsville Senior Center

The Burnsville Senior Center offers a variety of events, services, screenings, enrichment and social groups. Located in the lower level, east side of Diamondhead Education Center (DEC). Enter door 12 or door 11. During business hours you must be buzzed in to the building. Press the buzzer, when it is answered, please say you are coming to the Senior Center or indicate which activity you are attending. If there is no answer, call 952-707-4150 during business hours for assistance.

Use the registration form on the back page to register for classes or events. Registrations may be mailed or dropped off at the above address. Register online at communityed191.org You will find Senior Center information under the ADULT tab.



Address: 200 W Burnsville Pkwy
Burnsville, MN 55337
Phone: 952-707-4120
Email: senior.center@isd191.org

The Burnsville Senior Center is open
Monday-Friday, 9 am-4:30 pm. We
are closed May 26 and June 19.

Senior Center Advisory Council

Laurie Clough
Ingrid Jensen
Barb Knoke
Maggie McKinney

Wayne Scheffel
Fred Steaderman
Wanda Trousil
Liz Whetter

Guests are always welcome



Helpful Phone Numbers

ISD 191 Community Education
952-707-4150

AARP Office
952-858-9040

Metro Mobility
651-333-2433

MN Highway Safety Center
888-234-9040

Meals on Wheels
952-393-9860

Happy Feet
763-346-3390



Where aging is embraced

Senior Center Partners:

Linda MelbergSite Manager - noontime Dining Program
Susan DiesethMoving Meals Program Manager
Barb Tiggemann.....Friendly Visitors Program - DARTS
Joyce Fagerness.....Quilters Coordinator
Bruce SmithWoodcarving Coordinator
Sherry Beason.....Knitter Coordinator
Angie O'Connor.....Craft Group Coordinator
Dick Hennon.....Duplicate Bridge Coordinators
Colleen MalterudHand & Foot Coordinator
Sharon RaaschStroke Group Coordinator
Wanda TrousilLibrary Coordinator
Dan McElroyMen's Breakfast Coordinator
Senior LedSunrise Stretch Coordinator
Barb KnokeDecorations Coordinator
TrellisHealth Insurance Counselor
Craig RosenblumScrabble Coordinator
Gary Konkler & Elizabeth Mikeworth.....500 Coordinators
Judy HurleyCard Recycling Coordinator
Chuck Lucas.....Pinochle Coordinator
Naomi Whitman.....Cribbage Coordinator
Maggie McKinney.....Ladies Breakfast Coordinator
Sara MillerSo Metro Stitchers Coordinator
Dwight OlingerTwin Cities Ukulele



Burnsville Senior Center Newsletter Staff



Editor:
Jennifer Green

The Chatter is filled with activities, news, and events you are sure to love. It is published in January, May and September. The Senior Chatter is mailed to over 3,500 senior households in northwest Dakota County courtesy of ISD 191 Community Education and the City of Burnsville. If you have friends or relatives who would like to receive a free subscription to The Chatter, have them call 952-707-4120. If you would like your name removed from The Chatter mailing list, please call 952-707-4120.

Online:
www.communityed191.org

Green Space

Happy New Year

What an amazing first quarter I've experienced with you at the Burnsville Senior Center. Thanks to you, I'm enjoying getting to know my way around here.

I appreciate your warm welcome and on-going support. Every day I observe how warm and welcoming you are with one another. I've heard from folks who are new to us or some who have just stopped in to see what the Burnsville Senior Center is about, and they've expressed how welcome they feel. That's what we are all about and I'm here for it!

Fall flew by and we sure had a good time. We've had some impressive turnouts at Coffee Talks and social events. The Halloween party was very fun, and we enjoyed a holiday sing-along with members of the Twin Cities Ukulele group. Attendance at card games only seems to be growing and we are still working on some additional activities based on interest you've expressed. Stay tuned! I love hearing the conversations and laughter that take place during card games, at the jigsaw puzzle table and among our book club attendees (they are growing!), quilters, crafters, and card recyclers.




Jennifer Green

Take a look at some of the new opportunities in this edition of The Chatter. Some of it is based on your suggestions so keep those ideas coming.

Remember the Senior Center Advisory Council meets on the 3rd Monday of the month at 9:30 am and all are welcome. If you are interested in volunteering at our reception desk, let's talk. It's a great place for folks who enjoy visiting and helping others, and it's the best place to learn all about the BSC.

Stay warm and be well,


Jennifer Green
Burnsville Senior Center
Coordinator




Burnsville High School Theatre Guild

Season 64 ★ 2024-2025

Mraz Center, Burnsville High School





FREE Senior Preview
Wednesday, Feb. 12 at 4 pm

Ticketed Shows
Feb. 13-14 at 7 pm
Feb. 15 at 2 pm & 7 pm
Feb. 20-21 at 7 pm
Feb. 22 at 2 pm & 7 pm

One91 News

Finding your purpose & fueling your passion



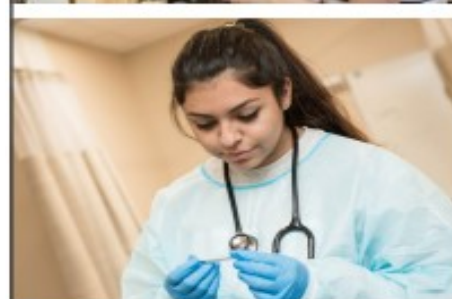
Dr. Theresa Battle
Superintendent

In District 191, we are all about supporting learners as they explore the things they are passionate about and turn that passion into action, whether in their career, in service to their communities, or in making their life more fulfilling. In our schools, we provide students from preschool through 12th grade with opportunities and experiences that spark their wonder and curiosity, fuel their personal and academic growth, and prepare them to blaze their own path after graduation. But we also know that learning isn't bound by the walls of our schools. You're proof of that.

As you read through this catalog, you may know exactly what you're looking for. You have a purpose in mind - maybe it's personal fitness or starting your own business - and you're looking for the classes that will fuel your growth. Or maybe you're not sure just what you're looking for but you know you might find a spark of inspiration in these pages - an art or gardening class that turns into a lifelong practice.

Whatever your path, One91 is here to help you find it and make it your own. Thank you for partnering with us as you pursue your passion and turn it into purpose.

Dr. Theresa Battle Superintendent



**Extensive college
and career prep
opportunities**

**Pre-engineering courses
in middle & high school**

**Commitment to arts
education at all levels**

**One-to-one technology
in grades 6-12**

**Dedicated, talented
staff members**

District One91
Future Ready. Community Strong.

952-707-2000

www.isd191.org

Advisory Council Highlights

At our most recent meetings we discussed:

Annual Giving Campaign letters were mailed in mid-September. We started receiving donations quickly and continue to accept donations throughout the year. Community donations help us remain a membership free center which is a welcoming place to all. We are grateful for this generous, ongoing support. Our intention is to purchase new storage to help keep our space organized.

This fall we hosted two Flu & Covid vaccination clinics in partnership with Cub Foods Pharmacy. We held our annual Holiday Boutique and Bake Sale and the Meal Deal in partnership with Perkins and the Burnsville Savage Lions Club. Dr Theresa Battle visited to talk about the Tech Levy Renewal on the fall ballot and answer questions from those in attendance.



We held a Halloween Party and learned about Day of the Dead with the help of 191 Community Education Hispanic Engagement staff. We enjoyed a holiday concert from the Twin Cities Ukulele Club. It's been an engaging and interesting fall to say the least.

As we step into winter, a reminder to listen for school closings. When ISD 191 Burnsville, Eagan, Savage closes due to inclement weather, the Burnsville Senior Center does too.

Coffee Talks

Free information sessions held at Diamondhead Education Center.
Pre-registration required.



**Turn to
Page 26
for Info!**



Diamondhead Education Center
District 191 Community Education
200 W Burnsville Pkwy
Burnsville, MN

Announcements

Weather Closures

If District 191 Burnsville, Eagan, Savage Schools closes due to weather, the Burnsville Senior Center will also close. Closing will be announced on local television and radio stations, the district web site and social media sites. When in doubt, call ahead and check with the Senior Center at 952-707-4120.



Call for Old Cell Phones

We collect old, unused cell phones and send them to the National Council on Aging, where they are recycled. To date we have collected over \$2,000. Keep up the great work and think of us before you toss that old phone out.

Registration Information

We request that you register in advance for Coffee Talks, classes, and most activities at the Senior Center. This helps us prepare for the activity. We will also notify you should we need to cancel an activity.

Health Insurance Update 2025

With the start of a new year, we need to review and update your health insurance information. The Burnsville Senior Center is a Silver Sneakers, and One Pass site. Your insurance may assist in paying for a class or activity. To determine eligibility please provide the following when registering:

- Your name and address
- Your birthdate
- A copy of your 2025 insurance card
- Your Silver Sneakers, One Pass or Active Renew code

Announcements

Annual Giving Campaign

The Burnsville Senior Center annual Giving Campaign is ongoing. As of this writing, we've received over \$6,000. Thank you for your generous ongoing support which helps us remain a membership free center that is a welcoming place to all.



Energy Assistance Availability

Minnesota residential utility customers have some protection from utility service shut off all year round. The Cold Weather Rule is a state law that protects residential utility customers from having electric or natural gas service shut off between Oct 1 and April 30. Both homeowners and renters are eligible. Homeowners may be eligible for furnace repairs and winterization services to help reduce heating and electric bills. Renters and those in subsidized housing may also be eligible to get help with their energy bills. If you are having trouble, contact your local utility company and establish a plan to prevent a shut off from happening. Call 651-322-3500 for more information or to get an application.

Donations to the Senior Center

We appreciate your donations of greeting cards, yarn, fabric and used jewelry. Our vintage jewelry sales are huge success and proceeds from them go to the Burnsville Senior Center.

Yarn donations are used by our Knitters and Crocheters who make hats, mittens, scarves, baby booties and lap robes. Likewise, the Quilting group, uses donated fabric to create upwards of 1,200 quilts this year. These groups donate their handcrafted products to local groups and agencies to be distributed among those in need.

We Have a New Registration System

Explore and register for Community Education and Senior Center activities. All of our programs are run through Arux- a simple, mobile friendly portal that give you access to registrations, information, and schedule. To get started, visit **communityed191.org** or scan the QR code below and click on the **Registration Link**. Select **Sign In**, scroll to the bottom and click **Create One Now**. Then complete the **Register a New Account Form**. **Log In**, click **Enroll Now** and get started viewing and registering for classes! Because of this new system, we request that you provide your name, address, phone number and email address as it will help us set up your profile in the new system.



Metro Dining Club Card

Sales for 2024-2025 continue. The 138 restaurant cards may be used monthly for discounts at a variety of south of the river establishments. Cards are valid through September, 2025 and cost \$30. This is a fundraiser for the BSC, your support is appreciated!

Senior Center Schedule

The Burnsville Senior Center is open Mon-Fri from 9 am-4:30 pm.

Closed Monday, May 26, Thu, June 19. Should District 191 call a severe weather closure, the Burnsville Senior Center is also closed. When in doubt, please call ahead. 952-707-4120.

Weekly Updates

Each week Jennifer sends out an email or voice message providing updates and reminders for the BSC. If you would like to receive it, call 952-707-4120 to provide the phone number or email address you'd like to use. You may update your information and request to be removed at the same number.

Announcements



Jason Sellars, MCEA Region 5 Educator of Excellence Award

Each year the Minnesota Community Education Association recognizes the outstanding work of community educators who go above and beyond to make a positive impact on their local communities. Congratulations to District 191 Community Education Director Jason Sellars who selected as the 2024 award winner for Region 5 and was presented with the award at the 2024 MCEA Fall Conference on October 24 in Duluth. Congratulations Jason!

55+ Discount Driver Course



PRECISION
DRIVING CENTER

A DIVISION OF ST. CLOUD STATE UNIVERSITY

Complete this course to get a 10% discount on your auto insurance premiums. Presentation is taught by a certified instructor. You'll discuss challenges we face as drivers, new road designs, vehicle technology, and updates to current laws. Best of all, there are no written or behind the wheel tests. Certificate provided at the end of class.

Several ways to register:

- Mail in your registration form and a check made out to "Burnsville Senior Center".
- Visit communityed191.org. Click the Registration link at the top of the page. Click on Burnsville Senior Center>55+Defensive Driving.
- Visit the Burnsville Senior Center & we'll assist you.
- Call the MHSRC toll-free 1-888-234-1294, register and pay at the time of the class.

Please note there is a \$10 fee for any changes on pre-paid classes and no refunds if you are unable to attend a pre-paid class. Walk-in registrations will be accepted at the discretion of the instructor.

55+ Driver Discount Program

The 4-hour course fulfills the initial requirement to earn the discount. Repeat the 4-hour course every three years to maintain the discount. \$24/person. Pre-registration is required. Register online or by calling the Burnsville Senior Center 952-707-4120 or Precision Driving center 1-888-234-1294.



DEFENSIVE DRIVING

Office Use _____
Name _____
Telephone (Work/Cell) _____
E-mail _____
Address _____
City, State, Zip _____



Classes are held at the Diamondhead Education Center, Burnsville Senior Center Meeting Room
4-Hour Refresher Course • \$24/person

1-5 pm

___ 0904 - Jan16	Thu	Jan 16	1-5 pm
___ 0904 - Jan28	Tue	Jan 28	1-5 pm
___ 0904 - Feb05	Wed	Feb 5	1-5 pm
___ 0904 - Feb18	Tue	Feb 18	1-5 pm
___ 0904 - Mar06	Thu	Mar 6	1-5 pm
___ 0904 - Mar25	Tue	Mar 25	1-5 pm
___ 0904 - Apr14	Mon	Apr 14	1-5 pm
___ 0904 - May06	Tue	May 6	1-5 pm

5:30-9:30 pm

___ 0904 - Jan22	Wed	Jan 22	5:30-9:30 pm
___ 0904 - Mar19	Wed	Mar 19	5:30-9:30 pm
___ 0904 - Feb26	Wed	Feb 26	5:30-9:30 pm
___ 0904 - Apr22	Tue	Apr 22	5:30-9:30 pm

Payment Method

Cash _____ Charge My: ☐ Visa ☐ MasterCard
Check _____ Expiration Date: _____
Account Number: _____
Signature: _____

Announcements

Jennifer Green accepts Burnsville Community Builder Award Oct. 22 on behalf of the Burnsville Senior Center

Nominator, Vel Bostick wrote in her nomination:

"Jennifer was positive and had a glowing willingness to help the Burnsville Festival and Fire Muster event in any way possible... Jennifer, you and your volunteer team were always welcoming and inviting. You looked at the things you could do and never said you can't or you won't. You and the entire Senior Center deserve this nomination. My gratitude is beyond words. I wish you and the Senior Center much success with all that you do."

I want to express my heartfelt thanks to the entire BSC community for their contributions, generosity, and volunteer efforts, which help create a better environment for everyone.



Health and Wellness

CapTel Captioned Telephones

You can literally see what you're missing. CapTel phones permit you to read what your caller is saying while still hearing their voice. Perfect for people with hearing loss. There is a phone on display at the Senior Center. Phones are available at no charge by the Americans with Disabilities Act. Contact Jennifer at 952-707-4120 if you are interested in one.

Stroke Support Group

4th Tue at 10:30 am

Jan 28, Feb 25, Mar 25, Apr 22, May 27, June 24

Support for stroke survivors or for the spouse or caregiver of a person who has had a stroke. Meetings are held at the Burnsville Senior Center and include continuing education programs, information and updates, social activities, guest speakers and more. All who are interested are invited to attend. Provided in cooperation with M Health Fairview.

Blood Pressure Check

3rd Wed, 11:30 am-12:30 pm

Jan 15, Feb 19, Mar 19, Apr 16, May 21, June 18

Arbors at Ridges stops by each month to provide a free blood pressure check.

Happy Feet Foot Care

1st & 3rd Thu, 1st, 3rd, 4th Fri

By appointment only. You'll receive 30 minutes of basic foot care including: Foot soak, care for corns and calluses, nail trimming and treating ingrown nails, end with a soothing foot rub. Bring your own towel. Call Happy Feet directly to make your appointment: 763-346-3390. \$45/appointment. 24-hour advanced notice required for cancellation.



Hearing Screening and Hearing Instrument Cleaning

4th Thu of odd months 10 am-12 pm

Jan 23, Mar 27, May 22

Raphael Cheron of Sounds Good! Visits the BSC for hearing screening and hearing aid cleaning appointments. Hearing screening can determine whether or not hearing loss is present and if further testing is necessary. Appointment required, call 952-707-4120 to make yours.



Word Find

V R B G N I K A B W V Y M B R R
O J J N Z W M P D M L R W T J D
L J L I E V O M Z I L Z D J X L
U I Z T V C M O B P L D W B X N
N D C L Z Z A R D M Q C R R T C
T R L E E T A L O C O H C T O H
E A S M S R R E P N A W M F R K
E Z L S Y K N G N E W R F T E J
R Z E X E I A E N P R E V C N W
T I T L H N C T A I E I I E O X
T L H S C T L N I T T T F L R B
Y B N G I Y C L A N S L P T A S
B U Y O I A C L E L G W I K J K
S K N Q K E K E O W O Q I U W G
J S N E L S L S R N L N J X Q R
K V S K M T K S S B G D T P L T

CONNECTIONS

BLIZZARD

LIBRARY

HOT CHOCOLATE

WELLNESS

VOLUNTEER

PANCAKES

QUILTING

WOODCARVERS

ICE SKATING

RECYCLE

BAKING

FIREPLACE

SUNSHINE

SOLSTICE

SNOWPLOW


MELTING

BAKING

COFFEE TALKS

SLEIGH

January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 Crafters 9 am Footcare 9 am Insurance Counseling Appt	3 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Holiday Open House 1-3 pm
6 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm	7 Men's Breakfast 8:30 am Scrabble 11 am Dup Bridge 12:30 pm Book Club 2-1 pm Barnes and Noble	8 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage 10 am Ukulele Club 10 am 500 12:45 pm	9 GG-Book Buddies 10:30 am Woodcarvers 6-9 pm Campus Cup	10 Sunrise Stretch 8:30 am Ladies Breakfast 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
13 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Card Recycle 12:30 pm CT-Neuropathy 1 pm	14 Quilters 9 am Scrabble 11 am Dup Bridge 12:30 pm	15 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am Blood Pressure Check 11:30 am 500 12:45 pm	16 Footcare 9 am Crafters 9 am Insurance Counseling Appt 55+ Def Driving Class 1-5 pm Woodcarvers 6 pm Campus Cup	17 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
20 Sunrise Stretch 8:30 am Advisory Council 9:30 am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm Books R Us 1 pm	21 Scrabble 11 am Dup Bridge 12:30 pm	22 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm 55+ Def Driving Class 5:30 pm	23 Hearing Check By Appt 10 am-12 pm Caring for the Caregiver 6 pm Woodcarvers 6-9 pm Campus Cup	24 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
27 Sunrise Stretch 8:30 am CT-Fall Prevention-10 am Str & Bal 10:30, 11:30 am Card Recycle 12:30-4 pm S Metro Stitchers 5-8 pm	28 Quilters 9 am Stroke Support 10:30 am Scrabble 11 am Dup Bridge 12:30 pm 55+ Def Driving Class 1-5 pm	29 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:30 pm	30 BINGO 1 pm Woodcarvers 6-9 pm Campus Cup	31 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am (Makeup date) Str & Bal 10:30, 11:30 am Hand & Foot 11 am

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm	4 Men's Breakfast 8:30 am Scrabble 11 am Dup Bridge 12:30 pm Book Club 2-1 pm Barnes and Noble	5 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage 10 am Ukulele Club 10 am 500 12:45 pm	6 Crafters 9 am Footcare 9 am Insurance Counseling Appt	7 Sunrise Stretch 8:30 am Footcare 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
10 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Card Recycle 12:30 pm	11 Quilters 9 am Scrabble 11 am Dup Bridge 12:30 pm CT-Fraud Prevention/Sr Safety 1 pm	12 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm	13 Caring for Person w/ Dementia or Alzheimer's 6-7 pm Woodcarvers 6 pm Campus Cup	14 Sunrise Stretch 8:30 am Ladies Breakfast 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
17 Sunrise Stretch 8:30 am Advisory Couns 9:30 am St & Bal 10:30, 11:30 am Pinochle 12:30 pm Books R Us 1 pm	18 Scrabble 11 am Dup Bridge 12:30 pm 55 Def Driving Class 1-5 pm	19 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am Blood Pressure Check 11:30 am 500 12:45 pm CT-Healthcare Directive 2pm	20 Crafters 9 am Footcare 9 am Insurance Counseling Appt CT-Assisted Travel 10 am Woodcarvers 6-9 pm Campus Cup	21 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
24 Sunrise Stretch 8:30 am CT-Benefits of Preplanning Cremation 10 am Str & Bal 10:30, 11:30 am Card Recycle 12:30-4 pm S Metro Stitchers 5-8 pm	25 Quilters 9 am Stroke Support 10:30 am Scrabble 11 am Dup Bridge 12:30 pm	26 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm 55 Defensive Driving 5:30-9:30 pm	27 Travel Talk 1 pm Woodcarvers 6-9 pm Campus Cup	28 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am

March

2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sunrise Stretch 8:30 am CT-B4 & After the Funeral 10am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm	Men's Breakfast 8:30 am Scrabble 11 am Dup Bridge 12:30 pm Book Club 2 -1 pm Barnes and Noble	5 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage 10 am Ukulele Club 10 am 500 12:45 pm GG-Potter's All Call 1 pm	6 Crafters 9 am Footcare 9 am GG-Rideshare 10 am 55 Def Driving Class 1-5 pm Insurance Counseling Appt	7 Sunrise Stretch 8:30 am Footcare 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
10 Sunrise Stretch 8:30 am CT-Fond Farewell 10 am Str & Bal 10:30, 11:30 am Card Recycle 12:30 pm	11 Quilters 9 am Scrabble 11 am Dup Bridge 12:30 pm	12 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm	13 Woodcarvers 6 pm Campus Cup	14 Sunrise Stretch 8:30 am Ladies Breakfast 9 am Knit/Crochet 9 am Mtg Painters 9 am-Conf 2 Str & Bal 10:30, 11:30 am Hand & Foot 11 am
17 Sunrise Stretch 8:30 am Advisory Couns 9:30 am CT-Don't Know 10:30 am Pinochle 12:30 pm Str & Bal 10:30, 11:30 am Books R Us 1 pm	18 CT-CapTel 10 am Scrabble 11 am Dup Bridge 12:30 pm	19 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am Blood Pressure Check 11:30 am 500 12:45 pm 55 Def Driving 5:30-9:30 pm	20 Crafters 9 am Footcare 9 am Insurance Counseling Appt Spring Bake Sale! Woodcarvers 6-9 pm Campus Cup	21 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
24 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Card Recycle 12:30-4 pm S Metro Stitches 5-8 pm	25 Quilters 9 am Stroke Support 10:30 am Scrabble 11 am Dup Bridge 12:30 pm 55 Def Driving 1-5 pm	26 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm	27 CT-Speaking of Dying Film Woodcarvers 6-9 pm Campus Cup	28 Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am
31 Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am				

April 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Men's Breakfast 8:30 am CT-Wills & POA 10 am Scrabble 11 am Dup Bridge 12:30 pm Book Club 2-1 pm Barnes and Noble</p>	<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage 10 am Ukulele Club 10 am 500 12:45 pm</p>	<p>Crafters 9 am Footcare 9 am CT-Fall Prevention 10 am Insurance Counseling Appt</p>	<p>Sunrise Stretch 8:30 am Footcare 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am</p>
<p>Sunrise Stretch 8:30 am CT-Estate Planning w/ Firearms 10am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm</p>	<p>Quilters 9 am Scrabble 11 am Dup Bridge 12:30 pm CT-City Connections BV 1 pm</p>	<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm</p>	<p>Woodcarvers 6 pm Campus Cup</p>	<p>Sunrise Stretch 8:30 am Ladies Breakfast 9am Knit/Crochet 9 am Mtg Painters 9 am-Conf 2</p>
<p>Sunrise Stretch 8:30 am CT-Fond Farewell 10 am Str & Bal 10:30, 11:30 am Card Recycle 12:30 pm 55 Def Drivin Class 1-5 pm</p>	<p>CT-MA/VA Benefits 10 am Scrabble 11 am Dup Bridge 12:30 pm</p>	<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am Blood Pressure Check 11:30 am 500 12:45 pm</p>	<p>Crafters 9 am Footcare 9 am Insurance Counseling Appt VOLUNTEER BREAKFAST Woodcarvers 6-9 pm Campus Cup</p>	<p>Sunrise Stretch 8:30 am Painters 9 am Footcare 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am</p>
<p>Sunrise Stretch 8:30 am Advisory Couns 9:30 am Str & Bal 10:30, 11:30 am Pinochle 12:30 pm Books R Us 1 pm</p>	<p>Quilters 9 am Stroke Support 10:30 am Scrabble 11 am Dup Bridge 12:30 pm 55 Def Driving 5:30-9:30 pm</p>	<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm</p>	<p>ERA EXPO Woodcarvers 6-9 pm Campus Cup</p>	<p>Sunrise Stretch 8:30 am Footcare 9 am Painters 9 am Str & Bal 10:30, 11:30 am Hand & Foot 11 am</p>
<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Card Recycle 12:30-4 pm Healthcare Directive class 2 pm (and May 5) S Metro Stitches 5-8 pm</p>	<p>Scrabble 11 am Dup Bridge 12:30 pm</p>	<p>Sunrise Stretch 8:30 am Str & Bal 10:30, 11:30 am Cribbage & Uke Club 10 am 500 12:45 pm</p>		

Educational Opportunities

Painter's Workshop

Self-led workshop for beginning and experienced artists in oils and acrylics. Enjoy a cooperative painting time that allows you to develop and enhance your own artistic style. The group setting provides a great source a motivation and inspiration. Students gain perspective and insight from one another. Please bring your own materials. Register for the whole month, or pay \$5 each week you'd like to attend. Painter's will meet in another room if the meeting room is scheduled for another activity. Check with receptionist.

***DEC = Diamondhead Education Center**



09PW-Jan25	Fri	Jan 3-31	9 am-12 pm	5 sessions	\$15	DEC Meeting Room
09PW-Feb25	Fri	Feb 7-28	9 am-12 pm	4 sessions	\$12	DEC Meeting Room
09PW-Mar25	Fri	Mar 7-28	9 am-12 pm	4 sessions	\$12	DEC Meeting Room
09PW-Apr25	Fri	Apr 4-25	9 am-12 pm	4 sessions	\$12	DEC Meeting Room

Strength & Balance

Strength and Balance is designed for independent seniors. Strength exercises may include lifting weights, using resistance bands or doing body weight exercises. This class may be covered by your insurance. All insurance information must be verified prior to registering. To determine if this class is covered, please provide up-to-date health insurance information, a silver Sneakers, Silver & Fit, Active ReNew or One Pass confirmation number, along with your date of birth when registering. Online registration is limited to those paying the monthly tuition. ***DEC = Diamondhead Education Center**

10:30 am class is higher impact and moves at a faster pace to increase strength and flexibility.

09SB-Jan1030	M,W,F Jan 3-31	10:30-11:15 am	13 sessions	\$32/month	DEC	Studio B
09SB- Feb1030	M,W,F Feb 3-28	10:30-11:15 am	12 sessions	\$32/month	DEC	Studio B
09SB-Mar1030	M,W,F Mar 3-31	10:30-11:15 am	12 sessions	\$32/month	DEC	Studio B
09SB-Apr1030	M,W,F Apr 2-30	10:30-11:15 am	13 sessions	\$32/month	DEC	Studio B
09SB- May1030	M,W,F May 2-30	10:30-11:15 am	12 sessions	\$32/month	DEC	Studio B

11:30 am class is low impact, helps you improve flexibility and build strong muscles.

09SB- Jan1130	M,W,F Jan 3-31	11:30 am-12:30 pm	13 sessions	\$32/month	DEC	Studio B
09SB- Feb1130	M,W,F Feb 3-28	11:30 am-12:30 pm	12 sessions	\$32/month	DEC	Studio B
09SB- Mar1130	M,W,F Mar 3-31	11:30 am-12:30 pm	13 sessions	\$32/month	DEC	Studio B
09SB-Apr1130	M,W,F Apr 2-30	11:30 am-12:30 pm	13 sessions	\$32/month	DEC	Studio B
09SB- May1130	M,W,F May 2-30	11:30 am-12:30 pm	12 sessions	\$32/month	DEC	Studio B

Educational Opportunities

Sunrise Stretch

Start your day with a stretch and a smile. This is a self led exercise class, done with pre-recorded instructions. Class meets M,W, F morning at Diamondhead in Studio B. \$10/month.

09SS- Jan03	M,W,F	Jan 3-31	8:30-9:30 am	13 sessions	\$10	DEC	Studio B
09SS-Feb25	M,W,F	Feb 3-28	8:30-9:30 am	12 sessions	\$10	DEC	Studio B
09SS- Mar25	M,W,F	Mar 3-31	8:30-9:30 am	13 sessions	\$10	DEC	Studio B
09SS-Apr25	M,W,F	Apr 2-30	8:30-9:30 am	13 sessions	\$10	DEC	Studio B

Writing a Health Care Directive Workshop

Call to reserve your spot. Learn, explore options, and share stories as you write your Health Care Directive. Working in a group setting ensures you complete this important document. Additionally, consider joining us for the "Speaking of Dying" film screening on Thursday, March 27 at 2 pm. Laurel Riedel, a nurse midwife with nearly 30 years of experience at Hennepin County Medical Center, now focuses on assisting people in writing thoughtful Health Care Directives and facilitating end-of-life conversations. She believes the journey is more peaceful when we are clear about the comfort and care we want to surround us.

0944-W25 Mon Apr 28, May 5 2-3:30 pm 2 sessions DEC Sr Center Mtg Rm \$29

Services

2024 ERA Senior Resource Guide

The ERA Resource Guide provides current information about senior resources in the Burnsville and surrounding area. Stop by and pick one up. Look for the bright orange cover or ask the receptionist for assistance.

Health Insurance Counseling Provided by Trellis (MAAA)

Trellis offers appointments in person or by phone, to help older adults navigate the often-complex world of Medicare. Trained volunteers help answer questions about supplemental coverage, Part D, or details in filing a claim or appeal. Schedule your one-on-one information Medicare Counseling appointment by calling the Senior Linkage Line at 1-800-333-2433. You may meet the volunteer here at the Burnsville Senior Center. Select a date and time that work best for you and be sure to bring your questions. You may also make an appointment online at trellisconnects.org/get-help/Medicare/.

Senior LinkAge Line

BURNSVILLE ARENA
251 CIVIC CENTER PKWY

18+ PUBLIC ICE SKATING

ADULTS ONLY OPEN SKATE
TUE AND FRI
9-10:30 AM

\$5/62+
\$7/18-61

ADMISSION FEE WAIVED WITH
YOUR YELLOW BURNSVILLE
SENIOR CENTER CARD
SKATE RENTAL ADDITIONAL FEE

Burnsville Ice Center reserves the right to alter or cancel
any scheduled events. Call 952-895-4651 to confirm.

Activities

BOOKS "R" US

JANUARY 20

Horses

Geraldine Brooks

FEBRUARY 17

We are Not Like Them

Christine Pride & Jo Piazza

MARCH 17

**Women in White Coats:
How the First Women
Doctors Changed the
World of Medicine**

Gabrielle Zevin

APRIL 21

Drowning Woman

Robyn Harding

MAY 19

**Tomorrow and Tomorrow
and Tomorrow**

Gabrielle Zevin

3RD MONDAY

OF THE MONTH - 1PM

BURNSVILLE SENIOR CENTER

PLEASE RSVP FOR EACH

MONTH YOU PLAN TO ATTEND

952-707-4120 OR ONLINE



Book Club II

First Tuesday of each month 1pm at the Barnes and Noble in the Burnhaven Shopping Center, 828 W County Rd 42. Book listing is available in the Senior Center.

Craft Group

1st & 3rd Thu of each month at 9 am

Jan 2, 16, Feb 6, 20, Mar 6, 20, Apr 3, 17,

May 1, 15, June 5 (the BSC is closed June 19)

Join this community-minded, social group in making special projects for people who receive meals on wheels, and those who live in skilled care homes, health care centers and hospitals.

Senior Center Advisory Council

3rd Monday of the Month at 9:30 am

Jan 20, Feb 17, Mar 17, Apr 21

All are welcome to attend.

Activities

Men's Breakfast

1st Tue of each month at 8:30 am
Jan 7, Feb 4, Mar 4, Apr 1, May 6,
June 3

The Men's Breakfast group meets at the Original Pancake House, 14351 Nicollet Court in Burnsville. The typical agenda includes great conversation with old and new friends, great food and separate checks. For more information contact Dan McElroy at danmcelroy@comcast.net or 952-797-4548.

Ladies Breakfast

2nd Fri of each month at 9 am
Jan 10, Feb 14, Mar 14, Apr 11,
May 9, June 13

We gather for breakfast and conversation at Steak & Ale in the Wyndham Hotel, 14201 Nicollet Ave, Burnsville. Register for the dates you can join us by calling 952-707-4120. Reach out to Maggie with questions. 651-226-2372 or email dancnldy57@yahoo.com. We'd love to have you join us.

Woodcarvers

Thu, 6-9 pm in the Campus Cup at Diamondhead.

This open carving group welcomes beginners and will help you get started. Bring a carving knife, experienced woodcarvers will teach you how to sharpen your knife to make sure it's in excellent working order. A piece of basswood will be made available for beginners to practice basic cuts. You are welcome to come and watch the veteran carvers and check the group out. Children age 12 and up are welcome to participate with an attending, paid adult. \$25 fee pays for attendance through the school year. Register online or call 952-707-4120.

Knitters & Crocheters

2nd Fri 9 am-12 pm Big Mtg Rm
Jan 10, Feb 14, Mar 14, Apr 11

Hundreds of mittens, scarves, lap robes, afghans, booties, and slippers are created and donated to charitable organizations within our community. We'd love for you to join this supportive group. We'll even help you learn some basics. Yarn donations are welcomed.

Card Recyclers

2nd & 4th Mon of the month from 12:30-3 pm
Jan 13, 27, Feb 10, 24, Mar 10, 24,
Apr 14, 28, May 12, (Skip May 26),
June 9, 23

The card recyclers use a few supplies and a lot of creativity to transform trash into treasure. Join us in the fun! Help us recycle, or drop your old cards off at the Senior Center for recycling. Stop by and purchase a few cards from us. You won't find a better price anywhere.

ERA Aging & Wellness Expo

Promoting area services
for older adults
and caregivers
www.erasouth.org

ERA
elder resource
association
south of the river

Thursday, April 24, 2025

2:00 - 5:00 pm

Burnsville Senior Center

952-707-4120

(Diamondhead Education Center – 200 W. Burnsville Pkwy.)

*** Exhibits * Resources * Screenings ***
Goodie Bags * Door Prizes * Treats

Activities

VOLUNTEER APPRECIATION

pancake

BREAKFAST

**April 17
10 am**

**Call to RSVP
952-707-4120**

Enjoy every bite of it



It's time to remind you just how much we appreciate you! Join us for a pancake breakfast so we can say thank you!

Twin Cities Ukulele Group

Wed, 10 am-12 pm

The Twin Cities Ukulele group gathers weekly to 'jam'. Contact Dwight Olinger at doling136@comcast.net.

Quilters

**2nd & 4th Tue of the month
at 9 am - Jan 7, 21, Feb 11, 25
Mar 11, 25, Apr 8, 22,
May 13, 27, June 10, 24**

This creative group makes warm, colorful quilts for children in shelters and hospitals, elderly folks in health care centers and more. The quilters have a good time while they share quilting knowledge and skills with one another. The over 1,000 quilts they've produced this year are made from donated fabric and in turn donated to local organizations. Donations of fabric are always welcome. Cash donations to support the purchase of new batting are also appreciated.

South Metro Stitchers

4th Mon 5-8 pm

Jan 27, Feb 24, Mar 24, Apr 28

**Schedule adjusted to
accommodate holidays**

Do you like to cross stitch, needlepoint, knit, crochet, tat, or perhaps another type of handcraft? Whether you are working on a project for your favorite charity, a gift for a friend, or something for yourself, all types of hand stitching are welcome. If you are a beginner looking for tips and tricks, we probably have someone who can help you. For more info, contact Sara at sbmilleok@yahoo.com.

Food Resources

Low-Cost Food Sale



Open to ALL! No pre-registration needed

Location

Diamondhead Education Center (Door 11)
200 W Burnsville Parkway, Burnsville, MN 55337

2025 Dates | Wednesdays 3 pm - 5 pm

Jan 22, Feb 26, Mar 26, Apr 23, May 21, Jun 25,
Jul 30, Aug 27, Sept 24, Oct 22, Nov 19, Dec 17

Affordable frozen meats & fresh produce



Cash, Credit/Debit and SNAP accepted



For locations & info:

Visit: fareforall.org
or call: 763-450-3880

33 monthly sales throughout Minnesota!



Meals on Wheels

Meals On Wheels is a community-based service that provides fresh, nutritious meals delivered directly to the homes of seniors and individuals with disabilities throughout the Twin Cities. This service helps many meal recipients remain living independently in their own homes. Consider volunteering with Meals on Wheels for just a few hours a week. Contact volunteer coordinator Donna at 952-393-9860 to learn more.



Fare For All

The Food Group is a nonprofit working at the intersection of equity and access to fresh, sustainable foods. Fare For All sells packs of fresh produce and frozen meat at up to 40% off of retail prices. Everyone and anyone can shop at Fare For All for quality, nutritious foods at discount and budget-friendly prices. When you arrive, fill out an order slip indicating which boxes you'd like. Pay the cashier and a volunteer will help get your order to your vehicle. Enter Door 11 on the lower level, east side of Diamondhead.

Note: Fare For All will cancel if District 191 schools close due to weather.

community pantry 191

food at no cost to you

bulshada cuntada bilaasha 191
Cunto oo kuu bilaash ah

despensa comunitaria 191
comida sin costo para Ud



Pantry

1st & 3rd Tuesday
year around

2-4 pm or until food is gone

Diamondhead Education Center, 200 W Burnsville Pkwy
Door 9 West Side Lower Lot Drive-thru pick-up



Gathering Grounds

Burnsville Senior Center
Where aging is embraced

Join Us

For Fun & Friendship



Activities are diverse in content and open to all senior adults. Some activities may have a fee attached to help pay for speakers and entertainment. Space is limited. Reserve your spot and join the fun at an upcoming gathering. Call 952-707-4120 to reserve your spot and join the fun at an upcoming gathering.

Book Buddies

Thu, Jan 9, 10:30 am

Book Buddies is an intergenerational literacy activity provided in cooperation with District 191 Early Childhood Programs. Senior volunteers will read the book *Hot Cocoa Calm* to a group of prek students. The book introduces mindful breathing to help find peace and calm. After story time we'll enjoy hot cocoa and conversation together. We will need several volunteers to read, help prepare cocoa and snack and others who are interested in visiting.

Sponsor: InHom Care

BINGO is Back

Thu, Jan 30 1-2 pm & Thu, May 29 1-2 pm

Join Sue from Regent at Burnsville. We'll play a few games, share a few laughs and win a few prizes. No cost to participate, but please register as space is limited.

Sponsor: Regent at Burnsville

BSC Potter's All Call

09GG-Mar 5 Wed, Mar 5, 1-2:30 pm

A Potter's All Call is the chance for you to use your creative energies and learn basic pottery handcrafting skills all in support of BrainPower's hunger relief efforts in our community. No experience necessary. Join us for this opportunity to make something beautiful while making a difference.

Rideshare Training

09GG-Mar06 Thu, Mar 6, 10 am

Rideshare services like Lyft or Uber, can be a good option for people who can't or don't want to drive. If you have a smartphone and would like to learn more about rideshare services, this is a great place to start. Rideshare is much easier than you think! It is helpful to have a smartphone with an internet connection to participate. Free \$50 Lyft Pass for participants! Please provide your mobile phone number at registration. Presenter: Dakota County Communities for a Lifetime Initiative and GoDakota Sponsor: Ebenezer Ridges Campus

History Talk with Frank Sachs Immigration: America's Story

09GG-Apr10 Thu, 1 pm, \$5 suggested

Join Historian Frank Sachs for an informative, interactive overview of the history of immigration in America and the story of one person's personal experience.

Ice Cream Social

Thu, June 12 1 pm

Join us for an Ice Cream treat compliments of the Regent at Burnsville. Let's celebrate the start of summer! Give us a call at 952-707-4120 and let us know you're coming.



Coffee Talks

**Coffee Talks are free to attend. Registration is required.
To register call 952-707-4120 or visit communityed191.org.**

Peripheral Neuropathy

09CT-JAN13

Monday, January 13 at 1 pm

DEC Meeting Room

**Presenter & Sponsor: Align
Integrative Health**



Do you experience tingling, numbness, or burning sensations in your hands or feet? You may have Peripheral Neuropathy. Peripheral neuropathy occurs when peripheral nerves are damaged. Reduce the symptoms of neuropathy or reverse it without the use of medications, injections or surgery. Learn what to treatment mistakes to avoid so you will have success treating your neuropathy.



Fall Prevention



09CT-JAN27

Monday, January 27 at 10 am

DEC Meeting Room

Presenter: Dr. Jena

Sponsor: Fyzical Therapy & Balance Centers

Fight the Fall! Join us for an informative discussion on fall prevention, balance, and fall-risk awareness.

Coffee Talks

Coffee Talks are free to attend. Registration is required.
To register call 952-707-4120 or visit communityed191.org.



Senior Safety & Scam Prevention

09CT-FEB11

Tuesday, February 11 at 1 pm

DEC Meeting Room

Presenters: Brent Murray, Community Engagement Sergeant & Ben Archambault, Police Officer of the Burnsville Police Department

How many times have you seen or heard something that concerned you and you didn't know what to do next? Are there precautions you should take getting in and out of your car at the grocery store? Are seniors actually a target? How many of those annoying phone calls have you received from your grandson lost in another country and needing money?

Do you even have a grandson? These are just a few of the topics that will be covered by Sgt. Brent Murray (22 years sworn experience) and Off. Ben Archambault (24 years sworn experience) from our very own Burnsville Police Department. Join us for an informative session where you can voice your questions and concerns. You'll leave equipped with valuable new knowledge and answers to help you feel more secure in your daily life.

How to Write & Update a Health Care Directive

09CT-FEB19

Wednesday, February 19 at 2 pm

DEC Meeting Room

Presenter: Lauren Harding, Fairview Health Services

Sponsor: M Health Fairview



Have you ever wondered who will communicate your preferences for your health care when you are not able to yourself? We provide straight-forward information on how to complete or update a legal document called a health care directive. In this session we will walk you through the basics - what to do and what not to do when your doctor, your lawyer or your family member gives you a blank document to complete.

Travel Tips & Assistance

09CT-FEB20

Thursday, February 20 at 10 am

DEC Meeting Room

Presenter: Maria Boileau is a professional travel companion

As fun as traveling is, as we age, it can also feel daunting. Planning ahead can make all the difference. Be better prepared for travel of any type and gain valuable information to assist you in planning, before you leave, as well as things to consider while you are traveling. Come for tips and ideas that can improve your travel experiences, regardless of how you get there, where you are going or when you are traveling.



Coffee Talks



Benefits of Preplanning Cremation

09CT-FEB24

Monday, February 24 at 10 am

DEC Meeting Room

Presenter: Danielle Gore, Certified Pre-Arrangement Advisor

Sponsor: National Cremation Society



Plan now to protect your loved ones later. Learn why cremation has become the preferred choice for so many people. Information on cremation and the environment, what sort of options are available for you, how cremains may be handled, and more will be discussed.

A Fond Farewell

09CT-MAR10

Monday, March 10 at 10 am

DEC Meeting Room

Presenter: Jeanne McGill, Preplanning Specialist Pre-Arrangement Advisor

Statistics show that 70 percent of us are unprepared in one or more areas of personal responsibility in planning. Be educated about innovative, creative and proper funeral preplanning. Learn about funeral options, laws regarding at home funeral arrangements, and cost comparisons.

Before & After the Funeral

09CT-MAR03

Monday, March 3 at 10 am

DEC Meeting Room

Presenter: Mary Frances

Price-Elder Law Attorney

Sponsor: BeeHive Homes Lakeville



After the loss of a loved one, numerous questions arise. By understanding the pre- and post-funeral processes, you can effectively plan ahead to lessen the burden on your family and gain peace of mind for yourself. Be-fore the funeral, around 65 decisions need to be addressed, such as payment responsibilities, service types, notifications, and family needs. Post-funeral, considerations include bill payments, managing possessions, Will existence, asset transfer, and if probate is necessary, how long will it take? Join us for answers and information.

GAME TIME

Stop by to play a game or two with us!

Call 952-707-4120 for more information.



**NOMINAL FEE PAYABLE
EACH DAY YOU PLAY**

Monday 1st & 3rd
DOUBLE DECK PINOCHLE
12:30-4 pm

Tuesday
SCRABBLE
11 am-2 pm
DUPLICATE BRIDGE
12:30-4 pm

Wednesday
CRIBBAGE
9:30 am-12:30 pm
500 CARDS
12:45 -4 pm

Friday
HAND & FOOT
11 am-4 pm

Coffee Talks

You Don't Know What You Don't Know

09CT-MAR17

Monday, March 17 at 10 am

DEC Meeting Room

Presenters: Jeanne McGill, Preplanning Specialist & Mary Francis Price, Elder Law Atty
Sponsor: BrightStar



Decisions facing seniors and their adult children can have significant financial and emotional impacts. Seeking guidance from the right resources can help. Jeanne McGill and Mary Frances price share real-life stories that provide valuable insight to help you make more informed decisions.



CapTel Captioned Phone

09CT-MAR18

Tuesday, March 18 at 10 am

DEC Meeting Room

Presenters: CapTel
Sponsor: OEI for CapTel



Have you heard that 1 in 5 people experience hearing loss? Do you ever have trouble talking on the phone? You are not alone. Please join us for a presentation about hearing health as we age. We'll also hear about resources that are available, to help improve our phone conversations—some at no cost thanks to assistance provided by the Americans with Disabilities Act. You're going to want to hear this one! A drawing for one, \$25 Target gift card will be held among those registered and in attendance.

Speaking of Dying - Film

09CT-MAR27

Thursday, March 27 at 2 pm

DEC Meeting Room

Presenters: Laurel Riedel

This 30-minute documentary addresses fears by promoting end-of-life planning and discussions. It highlights the importance of making choices before a crisis and showcases individuals who have found comfort and peace in their end-of-life process. The documentary aims to empower viewers to have open conversations about death and emphasizes that peaceful endings are achievable with proper planning.

Wills & Powers of Attorney

09CT-APR01

Tuesday, April 1 at 10 am

DEC Meeting Room

Presenter: Mary Frances Price, Edler Law Atty
Sponsor: Emerald Crest



You'd like to plan ahead and get your legal documents in order, but where do you start and what documents you will need? What is the difference between a will and a trust? Do you really need a Power of Attorney and a Health Care Directive? Mary Frances Price will help to clarify this information for you.

Estate Planning with Firearms

09CT-APR07

Monday, April 7 at 10 am

DEC Meeting Room

Presenter: Mary Frances Price, Edler Law Atty

Do you own firearms? Have you made plans for what happens to these assets if you become incapacitated or how they will be transferred at death? Explore these questions and more as you learn what to do with firearms as it relates to your estate planning.

Burnsville Connections

09CT-APR08

Tuesday, April 8 at 1 pm

DEC Meeting Room

Presenter: Amber Jacobson, Experience Engagement Manager and Ismail Said, Community Engagement Specialist

Join the City of Burnsville Engagement Team to learn more about our vibrant home community, updates & events you'll enjoy this summer!

Coffee Talks

Medical Assistance & Veterans Benefits

09CT-APR15

Tuesday, April 15 at 10 am

DEC Meeting Room

Presenters: Mary Francis Price, Elder Law Atty

Learn about medical assistance, VA aid and attendance benefits. It is important to anticipate your future needs. Can you ensure money saved will be enough to cover medical and long-term care expenses? Are there other resources available to help? If you or your spouse served in the military during a wartime period and you meet certain financial and health criteria, you could be eligible for additional income - even if you did not retire from the military!


Travel Talk - Landmark Tours

09CT-FEB27

Thursday, February 27 at 1 pm


DEC Meeting Room

Join us as Landmark Tours presents an array of unforgettable travel experiences in the U.S. and abroad. A local, family-owned tour operator, Landmark's inclusive packages feature round-trip airfare, quality accommodations in great locations, many enjoyable meal experiences, admission to all itinerary attractions, deluxe cruise and motor coach transportation, and the services of a professional Tour or Cruise Manager. There will be a host of different domestic and international tours to learn about. See the ad in The Chatter or call Landmark Tours at 612-230-2040 or the Burnsville Senior Center at 952-707-4120 with questions about this talk.



Adults age 55+ who live in Dakota County

Learn to use rideshare (Uber, Lyft)

Rideshare services are like Lyft and Uber. You can use them when you don't want to drive or can't.

Rideshare is much easier than you may think!


The group will meet on:

THU., March 6, 2025
10am – 11:30am

Location:
Burnsville Senior Center at
Diamondhead Edu. Center
200 W. Burnsville Parkway,
Burnsville
(Park in the lower-level,
east side, enter Door 11)

It is helpful to have a smartphone with an internet connection to participate.



FREE \$50. Lyft Pass for participants!
Register by Mar. 4, with your NAME, cell phone #
Contact: Jennifer Green at: 952-707-4120,
jgreen@isd191.org



Hosted by the Dakota County Communities for a Lifetime Initiative and GoDakota

Join us for a Travel Talk

Thursday, February 27th
at 1:00 PM

Explore the exciting, enriching, and hassle free world of guided group travel at our travel presentation.

We'll gather in person at the Burnsville Senior Center. Call 952-707-4120 to register, space is limited.

ALL TRIPS INCLUDE

- Roundtrip Airfare from MSP / Airport Greeting
- Quality Accommodations in Great Locations
- Professional Tour Manager & Local Guides
- Deluxe Motorcoach Transportation
- Must-See Attractions
- Many Quality Meals

Yellowstone & The Grand Tetons	Oregon & Crater Lake National Park	Scandinavia Sweden, Denmark, Norway
Alaska Two Unique Itineraries	Canadian Rockies & Glacier National Park	British Columbia Vancouver, Whistler, Victoria
Nova Scotia Maritime Islands of Eastern Canada	Trains of Colorado 5 Historic Rail Excursions	American West Monument Valley & 3 Nat'l Parks
Autumn in New England The Berkshires	New Mexico Santa Fe, Taos, ABQ Balloon Fiesta	Iceland Golden Circle & South Coast

Minnesota Based * Family Owned

For a complete list of tours visit www.GoWithLandmark.com



IN PARTNERSHIP
WITH INHOM CARE

COMING SOON

Caring for the Person
with Dementia or
Alzheimer's



MAY 20 & 27

MORE INFORMATION IN THE NEXT CHATTER

Learn more with Community Education!

Community Education has daytime classes in

Watercolor and Oil Painting
Fused Glass Pendant Making
Tai Chi

PUZZLE PALOOZA

Calling all puzzle fanatics! Age 9-adult


Teams of four join us for the ultimate puzzle showdown.

Saturday, March 8, 9:30am to 12 pm
Diamondhead Education Center.

Teams race to complete the same surprise 400-piece puzzle. Whether you are a speedster or a steady strategist, work together to finish first or get the most pieces completed before time runs out. The Top Team takes home a prize.

Register under 1 name and provide the details of your team members. 1 adult per team minimum. Space is limited, so grab your spot today! Call 952-707-4150 to register.

PP24-3 \$55/team of 4





REGISTRATION FORM

OFFICE USE ONLY

SC _____ # _____

CE _____

Name _____

Street Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

Email _____

Participant	Course Name	Course #	Start Date	Fee
Cash _____ Check # _____			TOTAL \$	

Visa MC Disc AmEx _____ - _____ - _____ Exp Date _____ / _____

Cardholder Signature _____ Special Needs/Info _____



UCare members please check with UCare directly regarding benefits for Community Education classes. Members must be on UCare at the time of registration, and through the duration of the class(es). Community Education accepts the UCare Healthy Benefits + Visa Card.

NOTICE!

When you participate in a Senior Center activity, please be aware that the Community Education Department may use the directory information which you supply (name, address, phone number, and program data) for other purposes within the School District. This directory information is not shared outside of the School District.

LOST & FOUND

If you think you may have left items behind at the Senior Center, please give us a call and we will check for you. 952-707-4120.

PAYMENT

191 Community Education accepts MasterCard, Visa, Discover Card, AmEx and the UCare Healthy Benefits + Visa Card.



ISD 191

BURNSVILLE SENIOR CENTER

200 W. Burnsville Parkway
Burnsville, MN 55337

(located in the lower level
200 Burnsville Parkway Bldg.)

Diamondhead Education Center
200 W Burnsville Parkway
Burnsville

CELEBRATE SPRING

Bake Sale

Thursday, March 20

9 am-2 pm

**Burnsville Senior
Center**

Where aging is embraced

Proceeds benefit the
Burnsville Senior Center

Enjoy delicious
treats baked with love,
our famous BSC sloppy joes,
and vintage jewelry for purchase.