FD Meal Planner Guide

Welcome to FD Mealplanner from Creative Dining!

At Creative Dining, we're thrilled to offer you a new way to explore and enjoy your dining experience through our user-friendly FD Mealplanner web and mobile app. Whether you're planning meals for the week, checking nutritional details, or managing dietary preferences, this tool is designed to make navigating your cafeteria's offerings simple and engaging.

Our goal is to provide you with an interactive and customizable menu experience. From building personalized meals to accessing allergen information. FD Mealplanner offers everything you need to make informed and enjoyable dining choices.

Follow the steps below to get started with the app.

Accessing FD Mealplanner

1. **Select the Weekly Menu button:** There is a button in your schools weekly newsletter and it will take you to https://www.fdmealplanner.com/. Below is an example of what they could look like.


2. **WEB-BASED PLATFORM:** Type www.fdmealplanner.com in you computer's browser.
3. **MOBILE PLATFORM:** Mobile users must download the free "FD Mealplanner" app.

*No user name or login is required for either platform to view data and menus. However, if you want to save data or preferences, you will need to create a username and password.

USER GUIDE

1. In the search bar, under **find your location** type your cafeteria name and click on the icon. All matching locations will appear. This step is typically only necessary the first time, the site will then lead users directly to the menu after the first initial search.

2. Select the appropriate location, then select the meal period (Breakfast, Lunch, Dinner or Snack). A pop-up window will appear that says **view menu.** Click the green view menu button to proceed.
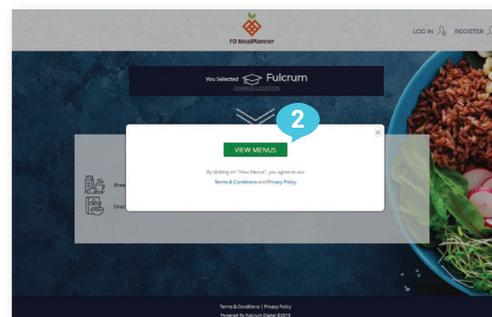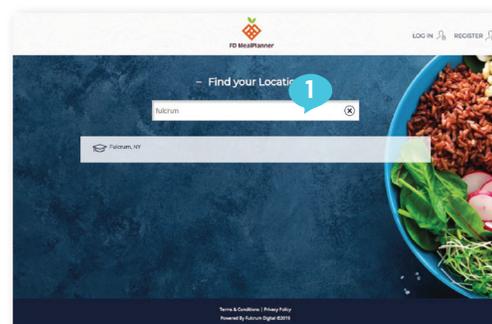
3. The default language is English. You can select another **language** to translate the menu from the top right corner.


4. To view **nutritional** or **allergen information**, simply click on any menu item. You can also rate the meal leave comments, or save the meal in your preferences (user login and password required for saving data.)
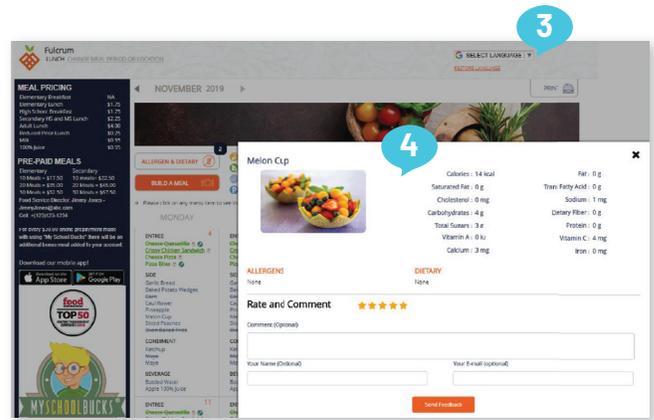
5. In addition to seeing one menu item, you can build a meal to see what an entire day's menu looks like. Click the orange **Build a Meal** button on the upper left side of the menu. Select a day from the date box. When the menu items appear in the list format for the day selected, you can click the checkbox next to any menu item and the nutritional data and allergens will appear to the right. Continue selecting items, and you will see the cumulative total for the nutritional and allergen information for your entire meal. You can also click on the menu items directly to view the ingredient statement information.
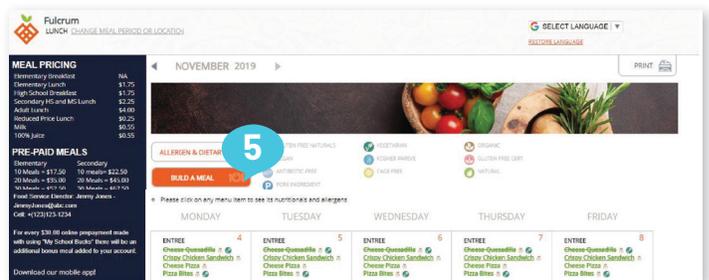
6. To search for menu items that eliminate specific allergens or identify dietary preferences choose the **Allergen & Dietary Preferences Button.** Items containing selected allergens willhave a line through them and ones with chosen dietary preferences will be highlighted. You can close the window using the "X" in the upper right corner. The left side panel shows meal pricing, contact person, links to prepaid options, and other information and resources.
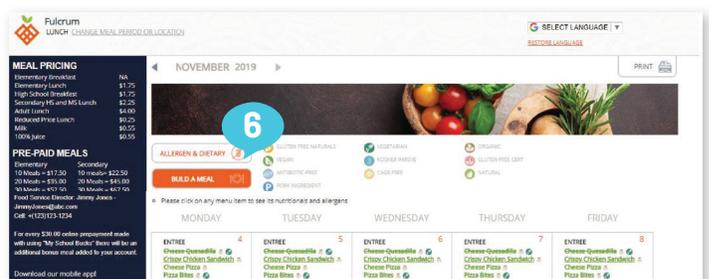
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