

LAUREL OAKS CAREER CAMPUS

Cafeteria Menu

BREAKFAST \$1.30

Entree (includes grain or meat/meat alternative)

Fruit and/or (1) Fruit Juice Milk

(Low-Fat 1% or Fat Free Chocolate)

Breakfast is served every day from 7:20-7:45am.

Daily offerings include: Cereal bars, bagels,
Pop Tarts, donuts, cereal bowls and
multiple hot entrees.

Fruit, juice and/or milk are also available.

January 2025

LUNCH \$3.50

Entree (includes grain)

(2) Fruit (2) Vegetables Milk

(Low Fat or Fat Free Chocolate)

		1	2	3
		Happy New Year!	No School	No School
		No School		
6	7	8	9	10
Chili Cheese Dog Oyster Crackers Side Salad Green Beans	Nachos Grande Corn & Black Bean Salsa Refried Beans	General TSO Chicken w/Brown Rice Oriental Vegetables	Chicken Nuggets w/Corn Bread Mashed Potatoes Glazed Carrots	Chef's Choice
13	14	15	16	17
No School	Beef Soft Taco	Chicken Alfredo	Spicy Chicken	No School
	Corn Salsa Refried Beans	Garlic Toast Glazed Carrots	Tenders Steak Fries	
Teacher PD Day	Nemed Beans	Steamed Broccoli	Sweet Peas	Teacher PD Day
20	21	22	23	24
No School Martin Luther King Day	Walking Tacos Corn Salsa Black Beans	Philly Cheese Steak Steamed Broccoli and Cauliflower	Popcorn Chicken Bowl w/Mashed Potatoes, Corn, Gravy & Cheese Dinner Roll	Bosco Sticks w/Marinara Sauce Mixed Veggies
27	28	29	30	31
Spaghetti & Meatsauce Garlic Bread Stick Side Salad Green Beans	Chicken Fajitas Bowl w/Brown Rice Corn and Black Bean Salsa	BBQ Pulled Pork Sandwich Mac 'n Cheese Steamed Broccoli Cole Slaw	Chicken Tenders Whl Grain Breadstick Potatoe Smiles Baked Beans	Grilled Cheese w/Tomato Soup Crackers Buttered Peas Pickle Slice

Apply online today for Free or Reduced Meals!

Visit our website at:

http://www.greatoaks.com/about/food-service

A variety of fruits and vegetables are offered daily on our Fresh Bar and serving lines.

Romaine salad mix, cucumbers, cherry tomatoes, celery, carrots, peppers, apples, oranges, craisins, and applesauce just to name a few!

Be sure and visit our Ala Carte Snack Bar available after lunch meals are served, where all items are Smart Snack compliant!

Entrees Available Daily:

- Pizza Meat & Cheese
- Hot & Cold Sandwiches

the The State Street Street

- Grab 'N Go Options
- Charcuterie Boxes
- Large Entree Salads
- Vegetarian Options