

Dream It, Wish It, Do It

Winter/Spring 2025

Scarborough Adult Education



Welcome to our Winter/Spring semester

Come learn with us.

Together we can help you fulfill wishes and dreams to be able to say,

“I did it!”

We hope you find something in our course offerings that makes you want to fulfill a goal you have always wanted to achieve.

It’s fun to meet new people and to try something new; why not take the first step and register for a class in your community?

Sincerely,

Marianne Doyle, Director

Bethany Towne, General Enrichment/Administrative Assistant

Yvonne Wentz, Academic and MLL Coordinator



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Connect with Us

Scarborough Adult Education
Scarborough High School, Room A100
11 Municipal Dr., Scarborough, ME 04074

scarborough.maineadulted.org
adulted@scarboroughschools.org
Phone: 207-730-5040
Adult Ed Director: 207-730-5045

CORE OFFICE HOURS:

Monday through Wednesday, 11 am-6 pm
The office is closed on school vacations, holidays, and snow days when Scarborough Schools are closed.





Start your Journey Today!

HiSET Preparation Classes start January 22.

All students enrolling need to make an appointment with Marianne Doyle to set goals and class placement.

Returning students need to refresh CASAS Reading and Math tests.

All Official Tests are administered in Scarborough by appointment.

Call Director Marianne Doyle at 730-5040 for an Intake Session prior to class startup.

Contact our Director for an Intake Session before starting a diploma program.

All Official Tests are administered in Scarborough by appointment.

Call Director Marianne Doyle at 730-5040.

HiSET Preparation Lab

This class helps you to prepare to take each of the five HiSET tests with extra emphasis placed on math and writing instruction. Students work at their own pace and Official HiSET testing is available on a weekly basis when you have successfully completed study and a practice test.

Instructor: Michael Shannon

Dates: Wednesdays, Jan 22-May 21, 4 - 7 PM

Cost: Free

Math for HiSET

We will work on strategies to approach and solve word problems and to review higher level mathematics necessary to advance to the official math exam.

Instructor: Yvonne Wentz

Dates: Wednesdays, Jan 22-May 21,

5 - 6 PM, by appointment

Students enrolled in Academic or MLL instruction at Scarborough Adult Education are invited to make an appointment for assistance with career exploration, job searches, and resume writing.

Call 207-730-5040 to schedule.

Mark Your Calendars!

*HiSET Graduation is
June 5, 2025 at 5 PM.*





Multilingual Learner Classes

These classes (formerly called ELL classes) are for speakers of other languages who wish to learn MLL English or improve their English language skills.

Due to the demand for classes, students enrolled must be residents of Scarborough. New students may be placed into an appropriate MLL class after completing an intake meeting and a reading assessment.

To register for classes, please call Yvonne Wentz 207-730-5007 or email ywentz@scarboroughschools.org for an appointment.

Register early - classes begin in January! All classes are FREE

MONDAYS:

Daytime English at Saint Nicholas Church 9:30 - 11:30 AM
English for Basic Beginners at Scarborough High School 6 - 8 PM
English for Beginners at Scarborough High School 6 - 8 PM

TUESDAYS:

English Intermediate at Scarborough High School 6 - 8 PM

WEDNESDAYS:

Daytime English at Scarborough Public Library 9 AM - Noon
English at Southgate at Southgate Housing 6 - 8 PM

MLL Program Staff:

Yvonne Wentz,
Coordinator and Lead Instructor
Peter Hofmann
Jennie Robinson
Theodora Medouris
Eric Zavasnik



ACADEMY
of MEDICAL PROFESSIONS

*Please register via
Scarborough Adult Education Center:
207-730-5040.*

AMP will contact you with next steps for the class.

Payment plans are available for these all-inclusive programs
*Enroll anytime for our online classes or attend one of our local classes,
hosted 2-3 times a year at participating locations.*

Clinical Medical Assisting with CCMA Certification

Phlebotomy with CPT Certification

Medical Front Office with Billing with CMAA Certification

Medical Coding with CPC Certification

Pharmacy Technician with PTCB Certification

Dental Assisting with RHS Certificate

Medical Transcription with all reference materials and digital equipment

Workforce Training in Healthcare

Certified Nursing Assistant (CNA)



Students enrolled in this certificate program complete 140 hours of classroom, laboratory, and clinical experience, meeting all state licensing requirements. Upon successful completion of the course and passage of the State Competency Exam, students will be eligible to enter the health-

care field under the direction of a licensed nurse. Students must be 18 years of age, have a high school diploma or the equivalent, and have a CASAS Reading score of 238 or above.

Call 730-5040 for an application, interview, and Reading assessment.

Locations: Piper Shores, Scarborough for Session 1, TBD for Session 2

Instructor: Orlene DeMatteo, RN

Session 1: January 14 - March 11, Tuesdays, Thursdays, & Saturdays, 9 AM - 2 PM

Session 2: April 22 - June 27, Tuesdays, Thursdays, & Saturdays, 9 AM - 2 PM

Cost: \$1,200. Fee includes textbook

Intro to Healthcare with EnGen (Online)

For students wishing to advance reading skills to 238 for entrance to CNA, we recommend co-enrolling in PSS training, MLL class if needed, and a structured EnGen class. You will need an internet connection, a device to study with EnGen, be 18 years of age or older and eligible to work in Maine. Call 730-5040 to enroll.

Cost: FREE

Personal Support Specialist (PSS)

This 50 hour course prepares participants to work in home health care or residential settings. Personal care, communication skills, observing, reporting and documentation are taught. How to provide care safely and deal with emergencies, consumer rights, aging and illness are additional topics covered in the class. CASAS Reading scores of 220 or above are required. Students must be 18 years of age or older and be eligible to work in Maine.

Please contact our office at 730-5040 for an application and to arrange a CASAS reading test.

Instructor: Orlene DeMatteo, RN

Dates: Tuesdays, Thursdays, and Saturdays March 25 - April 15, 9 AM - 2 PM

Location: The Enclave, Scarborough

Cost: \$325

Certified Behavioral Health Professional (BHP) (Blended Class)

BHP training, offered through Woodfords Family Services, prepares you to support children and their families as an integral part of a child's treatment team. The training is a blended course of 12 online modules, including pre/post-tests and an 8 hour "live day" with a certified BHP instructor. Learners must complete all 12 online modules prior to attending a Live Day session.

This training is FREE at this time through funding provided by Maine's Department of Health and Human Services. Requirements: High School diploma or college transcripts along with your completed registration form.

Cost: FREE: No cost funding ends June 30, 2025

Congratulations to our Healthcare Graduates!

For more information about how to enroll in healthcare courses call us at 207-730-5040



Enrichment

SAE offers a variety of enrichment courses and activities including in-person, hybrid, and zoom. All in-person classes are located at Scarborough High School unless otherwise noted.

Cooking and Wellness



Prosperity and Good Fortune: Chinese Wonton Dumplings

We will make Chinese dumplings with pork filling made from scratch in class. Learn multiple styles of folding dumplings using wonton wrappers. Then boil the won ton to make a classic wonton soup or chili oil wonton. We'll learn to make our own Sichuan-style chili oil and learn about other common Chinese condiments used for dipping sauces. Plant-based ground

meat can be substituted for pork upon request.

Instructor: Jeff Mao

Date: Wednesday, February 12, 5:30 - 7:30 PM

Cost: \$68, includes ingredients

From Flour to Flavor: Crafting Authentic Potstickers

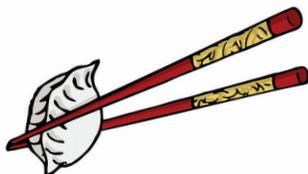
Learn the fundamentals of making Chinese dumplings at home. Learn to make fresh scratch-made dough, roll your own wrappers, and how to fold and pleat them using pork filling. We will water-fry/steam the dumplings to create this restaurant favorite—pot sticker dumplings.

Learn to make your own ginger-scallion oil and the instructor talks about other common Chinese condiments for dipping sauces. Plant-based ground meat can be substituted for the pork upon request. Dumpling wrappers include gluten.

Instructor: Jeff Mao

Date: Wednesday, March 12, 5:30 - 7:30 PM

Cost: \$72, includes ingredients, materials, and supplies



Easy, online registration:
scarborough.maineadulted.org

Ferment This!

Kombucha

(ZOOM) You could buy a \$4 bottle of kombucha, or make your own for pennies. It's simply sweetened black or green tea with a culture added. Make a primary ferment in class. A secondary one is demonstrated so you can make it at home once your primary has developed. We'll discuss kombucha's fascinating history, troubleshooting, glassware and SCOBYs (provided). Includes microbiology and the ferment creation. Instructor Emma Holder, M.S.

Date: Thursday Feb 27, 6:00 - 7:15 PM

Zoom link, in-person address, materials list upon registration.

Cost: \$24



Sauerkraut with decoration with gift giving

(ZOOM) Learn a basic tried and true sauerkraut recipe, technique and troubleshooting. Add various vegetable shapes and designs along the sides for a beautiful presentation—these make excellent gifts. Local delicious cabbage makes ferments that last for months, and maintains flavor and nutrient content. Learn about the marvelous microorganisms that surround us, give us "terroir" and keep us healthy by replenishing our microbiomes. This hybrid class includes microbiology and ferment creation.

Instructor Emma Holder, M.S.

Thursday March 6th, 6:00 - 7:15 PM

Zoom link, in-person address, materials list upon registration.

Cost: \$24



Peppers, carrots, and beyond..

(ZOOM) Fermenting vegetables preserves them, and adds nutritional value and probiotics. It's so easy - be a master in no time. Basic fermentation techniques demonstrated - use it on pretty much any vegetable. This hybrid class (in-person and zoom) will include both microbiology basics, troubleshooting and ferment creation.

Instructor Emma Holder, M.S.

Date: Thursday, March 13th, 6:00 - 7:15 PM

Zoom link, in-person address, materials list upon registration.

Cost: \$24



Bao Down to Flavor: Mastering Char Siu Bao

In this hands-on cooking class, you'll dive deep into the art of making Chinese Steamed Char Siu Bao, the beloved fluffy buns filled with savory Chinese BBQ pork. Learn the secrets of creating the perfect bao dough from scratch. You will learn mixing, kneading and proofing to achieve a perfect texture. Master the rich and flavorful char siu filling and discover the blend of spices that make the BBQ pork so irresistible. By the end of the class, you'll not only have a batch of delicious Char Siu Bao to enjoy but also the skills and knowledge to recreate this traditional treat at home. Whether you're a seasoned cook or a beginner, this class promises to be a fun and educational adventure.



Instructor: Jeff Mao

Date: Wednesday, April 9, 2025, 5:00 - 7:30 PM

Cost: \$94, includes a set of traditional Chinese bamboo steamer baskets and ingredients



Easy Registration Online:
scarborough.maineadulted.org

Health and Fitness

Barre Bootcamp

(ZOOM) Barre Bootcamp is a low impact workout that combines elements of strength training, Pilates/Yoga and dance. Equipment that will be used in the class include a chair or countertop or something to hold onto; light hand weights (3 lbs - 5 lbs); resistance bands; and a bender ball (or equivalent). In addition, you will need a gliding disk for hardwood floors, or socks for carpet.

Instructor: Jenna Chase

Session 1: Mondays, January 20 - March 3, 6:15 - 7:00 AM
(No class 2/17)

Session 2: Mondays, March 10 - April 14, 6:15 - 7:00 AM

Cost: \$44

Human Reformer Pilates

(ZOOM) A brand new fitness class format that Jenna recently became certified in! Human Reformer Pilates is a way to harness the potential of your own body, using it as the ultimate reformer. With just 1 resistance band, you can capture all the postural, core, and alignment challenges that reformer work is famous for— courtesy of Pilates mat programming that mirrors traditional reformer exercises. Equipment includes: A yoga mat and a Flex Cord or 48" resistance band or something equivalent.

Instructor: Jenna Chase

Date/Time: Wednesdays, 6:15 - 7:00 AM

Session 1: 1/22-3/5 (No class 2/19)

Session 2: 3/12- 4/16

Cost: \$44



Pumped Up Strength

(ZOOM) Pumped Up Strength is a new approach to resistance training. Utilizing combination movement patterns in a targeted, rhythmic progression, its superpower is the dynamic integration of upper and lower body movements set to fun music. In this class you will want a set of hand weights anywhere from 5 lbs - 15 lbs.

Instructor: Jenna Chase

Location: Online via download or Zoom

Date/Time: Fridays 6:15 - 7:00 AM on Zoom

Session 1: 1/24- 3/7 (No class 2/21)

Session 2: 3/14- 4/18

Cost: \$44

A Female Advantage

(ZOOM)

A comprehensive guide to women's fitness and wellness teaches you how to use knowledge about your female body to exercise smarter, breathe deeper, boost your metabolism, strengthen your core and pelvic floor, and improve your endurance and performance. You will learn how to optimize your breathing pattern to increase oxygen delivery to your muscles and brain; how to adjust your exercise intensity and duration to match your hormonal cycle; how to prevent common injuries and imbalances that affect women; and how to burn more fat and build more muscle with effective workouts.

Instructor: Carole Freeman

Dates: Mondays, January 6 - February 3, 6:00 - 7:30 PM

Cost: \$85

Home and Family

Introduction to Compassionate Communication

In today's polarized world, effective and compassionate communication can bridge divides, build trust, and foster healthier relationships, both personally and professionally. This introductory class explores how to communicate with empathy and clarity while staying true to oneself. You will learn how to use mindful breathing techniques, active listening, and how to apply these skills in real-life scenarios. Communicate with the heart while maintaining credibility and strength.

Instructor: Peter Hofmann

Dates: Tuesday, 3/18, 6 - 8 PM

Cost: \$18

Your Retirement Roadmap: Building Wealth and Saving for the Future

This presentation* is intended for pre-retirees and focuses on planning for, saving for and spending in retirement. Reaching your retirement goals starts with developing a roadmap to help you put the plans and strategies in place to continue to build wealth and save for the future. During this session we'll discuss important retirement planning factors, highlight smart investing tips and strategies, and examine some retirement income sources and how to make that money last. Each session has the same class content.

Instructor: Lisa Brislin, CFP®, AAMSTM, Private Wealth Advisor

Session 1: Tuesday, January 28 6 - 7 PM

Session 2: Tuesday, April 15, 6 - 7 PM

Cost: FREE

*This is an informational event. There is no cost or obligation. Certified Financial Planner Board of Standards, Inc. owns the certification marks CFP®, CERTIFIED FINANCIAL PLANNER® and CFP certification mark (with plaque design) in the U.S.

Medicare 101

(ZOOM) Learn how Medicare works! This class teaches what it covers, what it does not cover, details in differences between supplemental and advantage plans, penalties and more! Each session has the same class content.

Location: Online via download or Zoom

Instructor: Renata Lahner

Session 1: Tuesday, January 21, 6 - 8 PM

Session 2: Tuesday, April 8, 6 - 8 PM

Cost: FREE

How to Buy Your First Investment Property

(ZOOM) Ready to step into real estate investing but unsure where to start? Designed to guide first-time investors through the process of purchasing a profitable rental property. We'll cover everything from setting financial goals and securing financing to analyzing property values, estimating potential returns, and managing risk. Whether you're aiming to build passive income, diversify your investments, or just understand real estate better, this class provides practical strategies and insights to help you confidently buy your first investment property.

Instructor: Casey Hamlin, Integrity Mortgage

Date: Wednesday, Feb 5, 6 - 7 PM

Cost: \$15



Best Clothing & Makeup Colors For Your Coloring

In this fun interactive class, you'll be draped in a variety of colors to learn about warmer and cooler tones to determine what types of colors look best on you. You'll also receive recommendations for eye shadows, blush and lipsticks, along with sunglasses colors and jewelry metals to flatter your coloring!!

Instructor: Candace Sanborn, owner of Radiant Image

Date: Tuesday, Feb 4, 5:30 - 8:00 PM

Cost: \$25



Best Hairstyles, Glasses & Necklines For Your Face Shape



In this fun class, you'll learn all about your face shape and receive tips for hairstyle dos and don'ts, as well as best glasses, clothing patterns and necklines for your features. Come on your own or grab a friend and learn some great tips that will help you look your best!

Instructor: Candace Sanborn, owner of Radiant Image
Date: Tuesday, March 25, 5:30 - 8:00 PM
Cost: \$25

Downsizing?

This seminar is designed to offer organizational strategies to start your downsizing efforts. Establish your project priorities, learn what supplies you might need, and set realistic time constraints. Leave with an action plan.

Instructor: Jill Braceland, Managing Change
Date: Tuesday, January 28, 6 - 8 PM
Cost: \$21

Start Writing: A Quick Intro to Creative Writing

Start writing that great American novel that rests within each of us. Learn about a writer's notebook, pre-writing process, poetry, and publication issues. Enjoy two sessions of exploring creative writing in a friendly environment.

Instructor: Jill Braceland, Managing Change
Date: Mondays, February 24-March 3, 6 - 8 PM
Cost: \$42

Every Picture Tells A Story: Organizing Photographs

Learn techniques on how to work through that box of photographs we all have. Integrating the stories behind the pictures will also be explored. Please bring some of your photographs to get started.

Instructor: Jill Braceland, Managing Change
Date: Wednesday, April 9, 6 - 8 PM
Cost: \$21



Scallop Shell Decoupage



In this workshop create 3 beautiful decoupage scallop shells that can be used as trinket dishes or hung as art or ornaments. Choose from a wide variety of themes and prints to make your own design. This 4 step process is fun and easy to do! Each student will make 3 finished pieces-great for yourself, or to give as gifts.

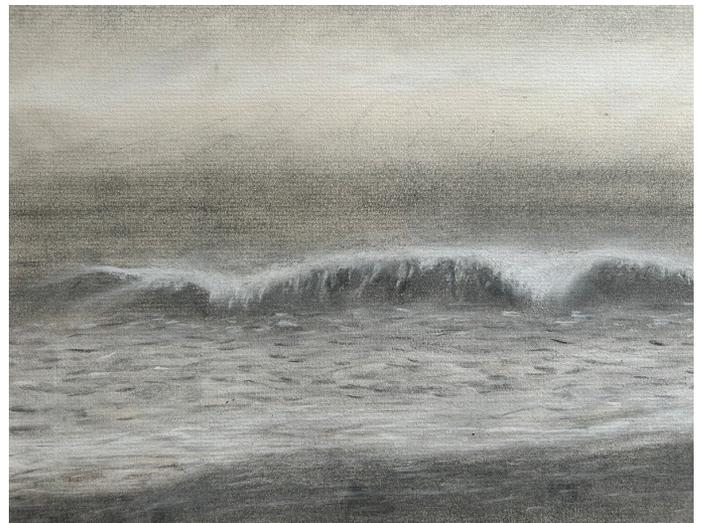
Instructor: Lisa Young,
coastalcraftworkshop.com
Date: Tuesday, April 9, 6 - 8 PM
Cost: \$40, includes materials

Arts and Crafts

Landscape Pastel Painting

(ZOOM) This class will help students to find their own way of expressing themselves in chalk pastel using different landscape photos. Gestural painting, layering, and blending are a few of the techniques that will be explored. Open to those with previous pastel painting experience in addition to beginners. A brief meditation will help in letting go and trusting the creative process. Supply list provided when the class is determined to run.

Instructor: Chris Reed
Date: Mondays, Feb. 24 - Mar. 10, 6 - 8 PM
Cost: \$75



Landscape Drawing Workshop

(ZOOM) In this landscape drawing workshop, you will learn the basic principles of composition and value by working from a landscape photo. Explore the following techniques in charcoal: cross-hatching, shading and blending, blind contour drawing, and gesture drawing. We will meditate for a few minutes before drawing to help minimize inhibitions and fears associated with the creative process. A supply list and Zoom link will be provided when the class is determined to run. Open to beginners and those with previous drawing experience. Choose a session.

Instructor: Chris Reed
Session 1: April 14th, 6:00 - 8:30 pm
Session 2: May 12th, 6-8:30 pm
Cost: \$30

Wire Wrapped Rings

Learn how to make wire wrapped rings with Elise Marie DeSigns! Unleash your inner artist and create unique jewelry pieces that you can wear or gift to loved ones. No experience is necessary, and you will be guided through the process step by step. Students will leave with 2 unique wire wrapped rings and digital files of where to buy tools, supplies and directions.

Instructor: Elise Marie DeSigns

Date: Tuesday, February 4th 6:00 - 7:30 PM

Cost: \$62.50, includes materials



Gemstone Hoop Earrings

Join us for a fun evening and learn how to make your very own gemstone hoop earrings with Elise Marie DeSigns! Unleash your inner artist and create unique jewelry pieces that you can wear or gift to loved ones. You'll get to pick your beads from a variety of gemstone, glass and metal beads and make it unique to you. No experience or tools are necessary, as Elise will guide you step by step.

Instructor: Elise Marie

Date: Tuesday, March 18, 6:00 - 7:30 PM

Cost: \$62.50, includes materials

Hand Hammered Necklaces

Come learn to create a hand stamped necklace with Elise Marie DeSigns! Pick from letters, numbers and many fun stamps to make a necklace that speaks to you. It's a great opportunity to unleash your inner artist and create unique jewelry pieces that you can wear or gift to loved ones. No experience necessary, as Elise guides you step by step.

Instructor: Elise Marie

Date: April 8, 6:00 - 7:30 PM

Cost: \$75, includes materials



Sea Glass Windows

Make a sea glass window! You will have sea glass, shells, stones, sand, and driftwood to make a wood-framed 8x10 art piece. Create your own design or use one of the provided templates. You will complete your seaside design in the workshop and will be given a kit and directions to 'cure' your piece at home.

Instructor: Lisa Young, coastalcraftworkshop.com

Date: May 6, 6:00 - 8:00 PM

Cost: \$55, materials included



Dough Bowl Candle & Glass Jar Lantern Workshop

Learn how to create beautiful, aromatic candles using dried flowers and natural ingredients. Under the guidance of Jenn from Candlewood, you'll design and craft your own unique candle in a charming dough bowl. The combination of delicate dried flowers and spring decor with fresh scents will result in a truly special piece that you can take home and enjoy. In addition you'll discover the art of decoupage and transform a simple glass jar into a stunning lantern adorned with dried flowers. You'll learn various techniques to apply and seal the flowers onto the jar, creating a beautiful and functional piece of decor. These lanterns are perfect for adding a cozy, rustic touch to any space. Choose a session.

Instructor: Jenn Paulin, Candlewood.Maine

Session 1: Wednesday, April 16, 6 - 8 PM

Session 2: Wednesday, May 21, 6 - 8 PM

Cost: \$65, all supplies included

Volunteer with Us!

We are always looking for tutors
to assist in MLL classes.

Email: ywentz@scarboroughschools.org

Beaded Bouquet and Candle-Making Workshop

Join Jenn from Candlewood to make a beautiful fresh spring-scented 12-ounce candle and one gorgeous beaded mini bouquet. You will enjoy a night of fun personalizing your candle, choosing your scents, and crafting a unique bouquet no one will believe was crafted by you! Artificial flowers are handmade using acrylic beads and metal wire. They are perfect for daily use and can be placed indoors and outdoors as a stunning eye-catching centerpiece decoration. Choose a session.

Instructor: Jenn Paulin, from Candlewood.Maine

Session 1: Tuesday, April 30, 6 - 8 PM

Session 2: Wednesday, May 28, 6 - 8 PM

Cost: \$55 all materials included



Music and Dance



Scottish Country Dancing

Get ready to Jig and Reel your way into the world of Scottish Country Dancing (SCD). You don't have to wear tartan or a kilt; you don't need special footwear (comfortable flat shoes are fine); and you don't have to bring a partner (Scottish Country Dance involves dancing with different partners). So, why not give it a try? The class is for beginners and experienced dancers.

Instructor: Anne Johnson

Date: Wednesdays, Jan 8 - Feb 12, 6:30 - 8:30 PM

Cost: \$65

Advanced Beginner/Intermediate Guitar

Advanced beginners and intermediate players will learn the chords, skills, and techniques for starting their guitar-playing journey. Learn how to strum simple tunes and make the most of your practice time. An acoustic guitar and picks required, and an electric tuner and capo are recommended.

Instructor: Mike Shannon

Date: Tuesdays, 8 weeks, Feb. 18 - Apr. 8, 6:00 - 7:30 PM

Cost: \$88

Ukulele for Beginners

Anytime is a great time to learn to play ukulele, one of the easiest stringed instruments to learn. Students will learn how to tune their ukulele, play basic chords, and play some simple songs. Practicing for 15 minutes a day is an absolute minimum to condition fingers and hands to progress with learning to play your instrument. Please purchase the book, "The Daily Ukulele: 365 songs for Better Living" and an electronic tuner is recommended.

Instructor: Jim Doyle

Date: Mondays, 6 weeks, Jan. 27 - Mar. 10, 6:00 - 7:30 PM

Cost: \$65



Watercolor Palette Intermediate

For intermediate painters. In this session we will explore blending and using mixed colors to enhance your work. The focus will be on making watercolor simple so that you will have fun and can relax in class. There will be lots of demos and plenty of time for hands-on experience. You will have plenty of guidance and support from not only the instructor but from the other students as well. Painting relaxes you while filling the soul with positive energy.

Instructor: Kathleen Gerdes

Tuesdays, March 4-April 8, 5:30 - 8:00 PM

Outdoors & Nature

Landscaping 101 – A Mini Course for Beginners

Are you a do-it-yourselfer who wants to give your yard a simple makeover or design a new garden? Do you need to add curb appeal to the house you are getting ready to put on the market? Or do you simply want to enjoy enhanced beauty in your backyard? In this class, you will learn how to assess your needs, evaluate your site, come up with a plan, and select the right plants.

Instructor: Amy Witt

Dates: Tuesdays, April 29 - May 6, 6 - 8 PM

Cost: \$79



Fly Tying with Maine Fly Guys

These courses on fly tying with educational input on entomology, fisheries, and stream ecology. Learning the skill of fly tying is fun and exciting, but understanding the theory behind why flies are made the way they are, when and where to use them, and why they work adds a new dynamic to the sport of fly fishing! Come join us for one, two, or all three classes to expand your fly fishing horizons! We will tie two patterns per class:

Class 1: Streamers - Woolly Bugger and Leech;

Class 2: Nymphs - Frenchie and Pat's Rubber Legs;

Class 3: Dry Fly and Emerger - Emerging Caddis and Dry Caddis.

Class 1 is required if you are a beginner. Class 2 and 3 builds on basic skills, such as whip finishing or starting your thread.

Instructor: Greg LaBonte, CEO of Maine Fly Guys

Session 1: Tuesday, April 1, 5 - 7 PM

Session 2: Tuesday, April 8, 5 - 7 PM

Session 3: Tuesday, April 15, 5 - 7 PM

Cost: \$40 a class, \$75 for all three.

All materials and vises provided.



Conservation Options for Your Property

Are you interested in conserving your property into the future? Do you want to ensure that special natural areas or certain uses, such as farming or forestry, won't be lost to development? Join the Scarborough Land Trust in an informational program discussing the different options available to landowners to protect their properties.

Instructor: Scott Kunkler, Conservation Director, Scarborough Land Trust

Date: Wednesday, March 19, 6 - 8 PM

Cost: \$5

An Introduction to Birds and Birding

Led by an experienced birder and ecologist, this course will walk you through identifying birds found in Southern Maine. We will cover the different families of birds, habitats, life histories, binoculars, field guides, and more. In addition, we will discuss several natural history and conservation topics related to the world of birds. This is a two-part evening program followed by a Saturday field trip.

Instructor: Andrew Mackie, Executive Director, Scarborough Land Trust

Classroom Dates: Tuesday, April 8 - 15, 6 - 8 PM

Field Trip: Saturday, May 3, 8 - 10 AM

Cost: \$35



Please register early to avoid disappointment.

Courses require a minimum number of students to run.

History

A Walk Through Black Point Cemetery

Black Point Cemetery has roots back to Scarborough's earliest days, and the grave-markers that have survived there span a 250 year period. Black Point contains the best local collection of rare and unusual hand-carved grave-markers by the Sikes family from the late 1700s. Boston-imported gravestones join locally-made slate markers from the early 1800s. Some mid-century marble monuments and a wonderful receiving tomb make for a most interesting stroll. This one-hour tour through the old section will focus on colonial burial practices, stone types, and the symbols found on the grave-markers of some of Scarborough's founding families. We meet at Black Point Cemetery, 204 Black Point Road in Scarborough. Maximum of 20 participants.

Instructor: Ron Romano, Cemetery Historian and Author of four related books.

Date: Saturday, May 10, 12 Noon - 1 PM

Cost: \$12 Tour will run unless there is extreme weather.

Parking information will be shared when the walk is confirmed.

Like Father, Like Sons:

A Scarborough Family in the Revolutionary War

Upon hearing of the outbreak of fighting between colonists and British regulars at Lexington and Concord in 1775, Silas Burbank immediately joined a militia group heading for Boston, taking along his two young sons to serve as a fifer and a drummer. This PowerPoint program tells the Burbank's fascinating story of their service in the American Revolution, including being captured by the British, dining with General Washington, and playing a role in the traitor Benedict Arnold's defection. Stunning 18th century Revolutionary War art is included.

Instructor: Linda Snow McLoon

Date: Tuesday, March 5, 6 - 7 PM

Cost: \$14



A Walk Through Dunstan Cemetery

Dunstan Cemetery was established in the 1870s but has a surprising earlier history as a common burial ground. Many families moved graves from their farm-based private cemeteries into Dunstan, often bringing the original early gravestones with them. Dunstan holds a fine collection of early 1800s slate markers from our region's first stonecutter, Bartlett Adams. Marble and sandstone obelisks, a zinc monument, a receiving tomb and paupers field combine to make for a compelling tour of Scarborough's history. We meet at Dunstan Cemetery, US Route 1, one block south of the Historical Society in Scarborough. Register early for this popular class! Instructor: Ron Romano, cemetery historian and author of four related books.

Date: Saturday, May 10, 2 - 3 PM

Cost: \$12

Tour will run unless there is extreme weather.

Parking information will be shared when the walk is confirmed.



Portrait of a Family through their 19th Century Letters

The lives of various siblings of the Googins family are described through their letters to their brother, William Hayes Googins of Scarborough. Lucy tells about her life working in one of the textile mills on Factory Island in Saco; Albion describes being a farmer in Hiram; Lydia passes on details of attending school in Harpswell before heading West with her husband; and the youngest sibling, Charlie, shares details of serving in the Signal Corps during the Civil War.

Instructor: Linda Snow McLoon

Date: Tuesday, March 11, 6 - 7 PM

Cost: \$14

Program Information

Visit Us Online

scarborough.maineadulted.org

Find Your Course and Register Online

scarborough.maineadulted.org

Students must be 18 or over for Enrichment Classes

Find Your Class Location at Scarborough High

Courses are held at Scarborough High School unless otherwise indicated. Welcome signs are posted at the high school entrance, and they will guide you to your assigned classroom. Restrooms are available in the school lobby.

Contact Us

Phone: 207-730-5040

adulted@scarboroughschools.org

Mailing Address

Scarborough Adult Education
Scarborough High School, Room A100
11 Municipal Drive
Scarborough, ME 04074

Office Hours

Monday through Wednesday 11-6 pm, and later as needed for evening courses. The office is closed on school vacations, holidays, and snow days when Scarborough schools are closed. No classes Nov. 5th.

Payment Options

Online at scarborough.maineadulted.org. Online registrations through Coursestorm incur a \$1.99 fee per class. Or, pay by mail by sending a check or money order payable to Scarborough Adult Education. Payment must be made at the time of registration. If paying by check, please let the office know.

Insufficient Enrollment or Cancellations

Courses that do not attract the required minimum number of students are cancelled. On rare occasion, a course is cancelled or rescheduled for other essential reasons. In either circumstance, students are notified and refunded 100%.

Refunds & Withdrawals:

Classes canceled by Scarborough Adult Education will receive a full refund. Please notify our office seven calendar days before class starts in order to cancel your attendance and to request a refund. Refunds are not an option at or after the start of class. Online payments will be refunded to your credit card. Refunds for check or cash payments will be mailed, and may take up to three weeks to process.

School Closing Policy

Scarborough Adult Education is closed when Scarborough schools are closed.



The Maine Adult Education Association is a nonprofit organization representing adult education programs, professionals and volunteers in Maine since 1965. It is a professional organization that advocates for adult education locally, statewide, and nationally and supports its members in order to meet the educational needs of Maine's adults.



SCARBOROUGH HIGH SCHOOL

11 Municipal Dr. Scarborough, ME 04074

☎ (207) 730-5000

📠 (207) 730-5007



Thank you to Scarborough Public Schools staff and administration for your support and help with Adult Education programs and classes in our community. A special thanks goes out to the Maintenance and Central Office Staff for always cheerfully and competently supporting us in our program needs.

Scarborough Adult Education Registration Form

Mail completed registration form to:
Scarborough Adult Education
11 Municipal Drive, Scarborough, ME 04074

Payment Options

Online at scarborough.maineadulted.org
Online registrations through Coursestorm incur a
\$1.99 fee per class.

Or, pay by mail by sending a check or money
order payable to Scarborough Adult Education.
Payment must be made
at the time of registration, thank you.

Name _____

Address _____ City _____ Zip _____

Home Phone _____ Other Phone _____

Email Address _____

COURSE	DATE	FEE
1.		
2.		
3.		
See payment options or make check payable to Scarborough Adult Education.		Total Fee: \$ _____



Scarborough Public Schools
P.O. Box 370
Scarborough, ME 04070

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