






BARNES ELEMENTARY | WINTER 2025



FLAG FOOTBALL





SOCCER



BASKETBALL

SCAN ME






FLAG GAMES



JAI ALAI



FRISBEE GOLF

Wednesdays | January 15 - March 12 | Grades K-5 | 2:30-3:30 PM

Meeting Point: Your child will meet their coach in the gym immediately after school.

- Our multi-sports program provides children of all skill levels with the opportunity to learn the basics of various sports through interactive, age-appropriate activities each week.
- A fun way for kids to build confidence, improve coordination, & enjoy active play in a non-competitive environment!
- Every child gets equipment & every child plays.
- Kids will laugh, play, develop, & learn through our sports-powered physical education classes.
- Let's build confidence together—come play with us!





\$180/child (9) Sessions



**QUESTIONS: bdupont@kidokinetics.com
971-205-5356**

OUR 4-CORE KINETICS

Kinetics is like having a superpower that makes your body and brain work together. Kidokinetics helps kids unlock their 4-Core Kinetics & gain valuable life skills:

-  **TEAM KINETICS** Make friends, learn teamwork, & build social skills.
-  **EMOTION KINETICS** Recognize emotions, handle stress, & practice empathy.
-  **BODY KINETICS** Get stronger, move faster, & stay healthy.
-  **BRAIN KINETICS** Solve problems, think creatively, and build confidence.

Come join us for our **F.U.N** class, where we teach **Fundamental** sports skills in an **Understandable** and **Non-competitive** way!



The Beaverton School District does not sponsor or endorse the activities and/or information contained in this material.