

ONALASKA ELEMENTARY SCHOOL MENU

JANUARY 2025

Choice 3: Uncrustable PB&J with Yogurt or Cheese Stick / Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	Fresh Garden Bar and milk choices available daily <u>USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER</u>	Menu is subject to change without notice	2	3
Choice 1: Orange Chicken/ Brown Rice Choice 2: WG Pizza Slice Stir Fry Veggies/ Peaches/Slushy Cup Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk	7	8	Choice 1: WG Chicken Nuggets Choice 2: or WG Corn Dog Baked Beans Orange Slices/Blueberries/Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Choice 1: Cheese Omelet/ and WG Muffin Choice 2: Pancake on a Stick with syrup Tater Tots / Mandarin Oranges Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk
6	Choice 1: WG Chicken Nuggets Choice 2: WG Corn Dog WG Mac-N-Cheese/ Green Peas Pineapple/Blueberries & Garden Bar Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk	Choice 1: WG Spaghetti with Cheese/ WG Garlic Knot Breadstick Choice 2: WG Toasted Cheese Ravioli /Marinara Green Beans, Garden Bar/ Banana Breakfast: Uncrustable PB & J, Yogurt Cup, fruit, juice, milk	9	10
Choice 1: WG Popcorn Chicken Choice 2: Cheeseburger Mashed Potatoes and Gravy Pears/ WG Biscuit/ Garden Bar Breakfast: WG French Toast, Sausage, fruit, juice, milk	13	14	<u>Farm to School Harvest of the Month Sample Day</u> Choice 1: Garlic French Bread Pizza Choice 2: Chicken Patty on a WG Bun <u> Locally Grown Carrots/ Mixed Fruit cup/ Garden Bar</u> Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	15
		Choice 1: WG Corn Dog or Choice 2: Crispy Fish Sticks WG Mac-N-Cheese /Green Beans Mandarin Oranges/ Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk	16	17
No School	20	Choice 1: Orange Chicken/Brown Rice Choice 2: WG Pizza Slice Stir Fry Veggies/ Peaches Slushy Cup/ Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk	21	Choice 1: Soft shell Taco Choice 2: Chicken Tenders Whole Kernel Corn, Applesauce Garden Bar Breakfast: WG Muffin, Cheese Omelet, fruit, juice, milk
		Choice 1: Pork Carnitas Choice 2: Chicken Fajita Grilled Peppers on a WG Soft Shell Whole Kernel Corn Applesauce/Blueberries/Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	22	23
		<u>Farm to School Harvest of the Month</u> Choice 1: Chicken Alfredo with WG Rotini/ Breadstick Choice 2: WG Breaded Ravioli / Marinara <u> Steamed Locally Grown Carrots</u> Mixed Fruit cup/ Garden Bar Breakfast: Uncrustable PB & J, Yogurt , fruit, juice, milk	24	Choice 1: WG Chicken Patty or Choice 2: Crispy Fish Sticks WG Mac-N-Cheese /Broccoli Spears Mandarin Oranges/ Garden Bar Breakfast: WG Chicken Breakfast Biscuit with Honey, fruit, juice, milk
27	Choice 1: WG Pancake on a Stick/ Syrup Cup Choice 2: Toasted Cheese Ravioli/ Marinara Sweet Potato Fries, Strawberry Cup/Garden Bar Breakfast: WG Cheese Quesadilla & Salsa, Tater Tots, fruit, juice, milk	28	29	30
Choice 1: WG Chicken Patty Choice 2: Cheeseburger On a WG Bun/ Baked Beans Apple Slices/ Garden Bar Breakfast: French Toast, 2 sausage links, fruit, juice, milk	Choice 1: WG Chicken Nuggets Choice 2: Turkey/Gravy Mashed Potatoes and Gravy Green Peas Pears/ WG Biscuit/ Garden Bar Breakfast: Breakfast Sandwich on a WG Biscuit, fruit, juice, milk	31	Choice 1: WG Spaghetti with Cheese/ WG Garlic Knot Breadstick Choice 2: WG Pizza Slice Green Beans, Garden Bar/ Banana Breakfast: Uncrustable PB & J, Yogurt Cup, fruit, juice, milk	Choice 1: Cheeseburger Choice 2: Chicken Patty on a WG Bun Oven Fries /Hot Cinnamon Apples Garden Bar Breakfast: Breakfast Pizza, fruit, juice, milk

Allergy Notice: Menu items may contain tree nuts, peanuts/nut products, wheat, fish, eggs, soy, and various legumes. Students with allergies should contact the School Nurse or School Nutrition Director prior to eating any foods served in the cafeteria