

# ACP Portfolio

## Senior Presentation



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# Topic Outline

# My Portfolio Bio

**Name:** Kara R. Larson

**Address:** Abbotsford, Wisconsin

**Parents:** Thomas and Nicole Larson

**ACP Teacher:** Ms. Novak



# Dr. Taylor Marquardt- Athens Veterinary Services

## Why I Chose this Speaker:

- I wanted to be Veterinarian
- I liked animals
- Wanted to help animals
- I knew Dr. Taylor

## What I Learned from this Speaker:

- Dedication to the job
- Sacrifice
- Customer service
- Steps and procedures in animal care



Dr. Paul and Dr. Taylor saved my horse's life last February after she got ulcers on our trip to Texas

# Nicole Larson- Family Health Center

## Why I Chose this Speaker:

- I admire my mom and her passion for her job
- Considering going to school for dental hygiene
- Help my mom engage students

## What I Learned from this Speaker:

- Family Health Center is accessible
- There is a large need for dental support in rural areas
- Dental hygiene is extremely important to a person's wellbeing and self image
- Don't take what I have for granted
- Grants and placement opportunities in the dental field



# Dr. Victoria Monroe- Marshfield Veterinary Services



During my job shadow, Dr. Victoria did a beef herd evaluation. They were some happy cows!

## What I Learned from this Speaker:

- There is a large need for large animal vets
- Being a vet is chaotic and challenging
- Many clinics will support Vet Techs and Assistants if they want to continue their education

## Why I Chose this Speaker:

- Considering a different career choice
- Opportunity for job shadowing
- Interest in large animals

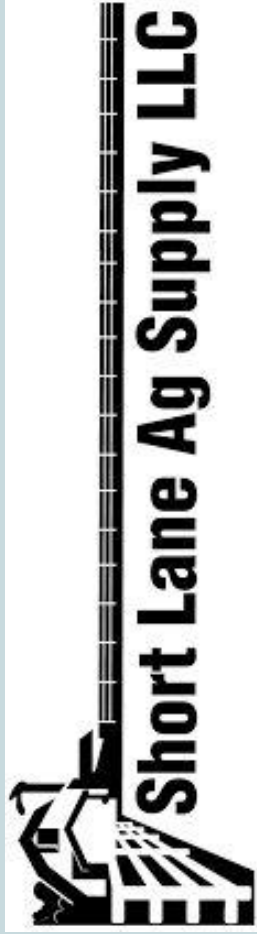
# Matt Oehmichen- Short Lane Ag Supply

## Why I Chose this Speaker:

- Matt is very engaged in our community
- He is a big advocate for Ag
- Different focus, same passion

## What I Learned from this Speaker:

- Innovative farming techniques
- Farmers play a large part in the health of our environment
- Short Lane also works with the DNR
- New technology allows for farmers to be more accurate with their land practices



# Specific

I will take necessary steps to ensure my financial well being, while exercising my skills and love for training cowhorses.

# Measurable

I will complete my Small Business Entrepreneurship program through NTC by fall of 2026, while growing my training skills under an NRCHA professional.

# Achievable

I will save money and make connections while working for another program. I will continue to better myself until I can afford to start my own program.

# Relevant

My passion is showing and training cowhorses, whether it is for non-pros, or for organizations to grow their breeding programs.

# Timely

I will finish my associates degree in 2 years. I plan to work for a trainer for around 5 years. I will use that time to network and prepare myself financially and skills-wise.

My Goal: Own and run my own reined cowhorse training program



# Xello Review

## Work Values:

- Integrity/Honesty
- Self Improvement
- Competition
- Knowledge
- Adventure/Risks

## Matchmaker:

- Horse Trainer  
(Excellent)
- Animal Trainer  
(Excellent)
- Veterinarian  
(Fair)

## Job Interviews:

Soft Skills: motivated and flexible

## Review:

- Make a good impression
- Research the employer
- Practice

## Learning Styles:

- 50% Tactile
- 25% Visual
- 25% Audible

## Career Backup Plans:

- Veterinary Technician
  - Similar elements

# Xello Review

## Skills Lab:

- I like analyzing, critical thinking, helping people, etc.
- I sometimes like running equipment, doing math, and managing people
- I don't like science, computer programming, and designing technology

## Personality Styles:

### Persuader:

- I am assertive and confident
- I like managing and directing
- I value risk and reward

### Creator:

- I am independent and intuitive
- I like writing and expressing ideas
- I value freedom

### Builder:

- I am practical
- I like taking action
- I value productivity

# Work-Life Balance

## 1. **Prioritize the things that mean most to me**

How I will do this: evaluate my goals and my values, and make sure they align

## 2. **Set realistic goals, and celebrate my accomplishments**

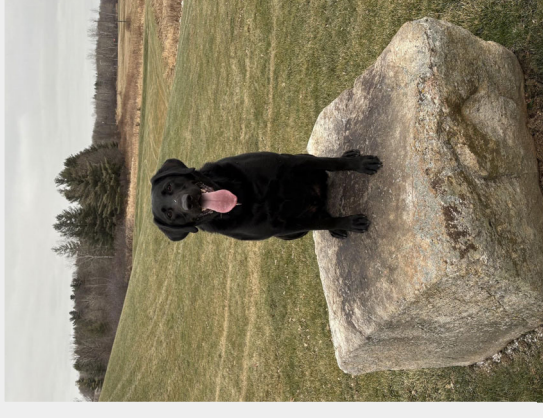
How I will do this: make sure that I don't get too ahead of myself after accomplishing something

## 3. **Schedule time in my week to relax**

How I will do this: capitalize on my free days by doing things I enjoy

## 4. **Talk to someone I trust if I feel overwhelmed**

How I will do this: analyze the people in my life that I trust to give me good guidance



One of my favorite hobbies is training my dog. Axl has a big personality, and requires a lot of mental stimulation!

We like to train at parks on his long-leash or even off leash, on occasion.

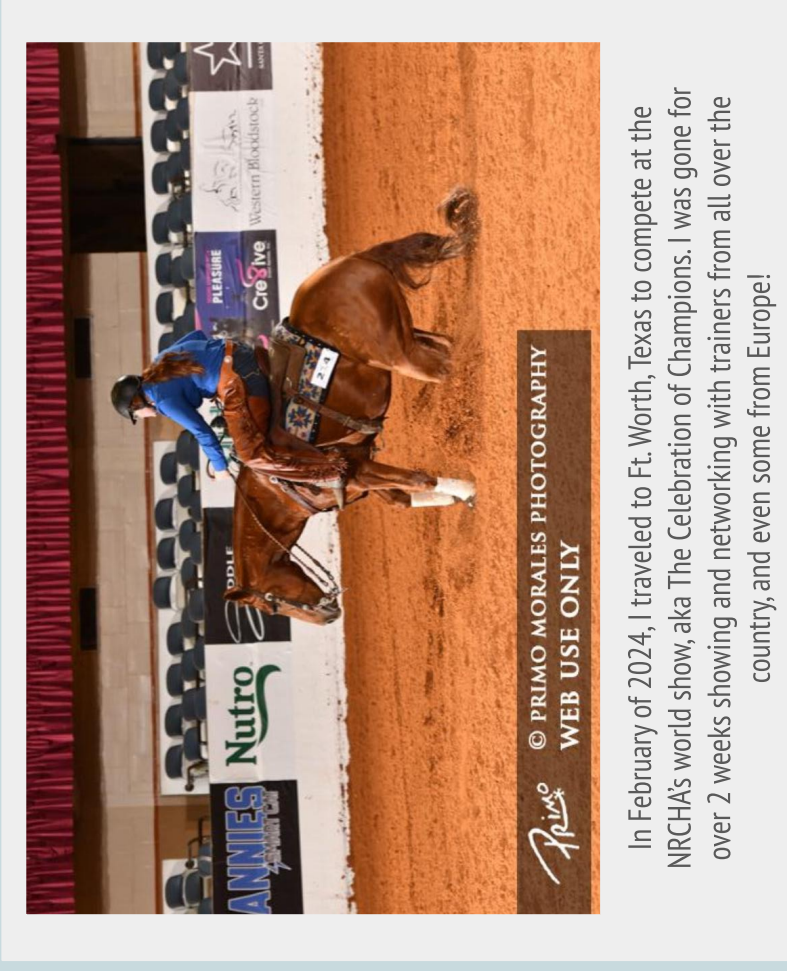
# Attendance Review

## Factors that Affected My Attendance:

- Horse shows and building my career
- Mental health
- Physical health
- Vacation

## Summary:

I have taken a lot of time to prioritize my career after high school, which has impacted my attendance. I have worked hard to not let my grades suffer, but I have also had to sacrifice things in order to succeed elsewhere.



In February of 2024, I traveled to Ft. Worth, Texas to compete at the NRCHA's world show, aka The Celebration of Champions. I was gone for over 2 weeks showing and networking with trainers from all over the country, and even some from Europe!

# Grade Reflection

## Factors that Affected My Grades:

- Stress
- Attendance
- Priorities
- Level of classes
- Graduating early

I have been very involved in FFA and Agriculture through school.

Here, I am pictured with my fellow FFA Officers on our way to National Convention.



**Summary:** My grades have largely been affected by the stress of being gone so much. I have learned to sacrifice a little bit and prioritize my success and health over perfect grades. However, I am still proud of the work I have put into my academics.

# Character Strong

**My Lesson:** You never know how you can change someone's life

- Kind words
- Checking in
- Showing interest in their hobbies
- Helping them
- Making them laugh



Here, I am pictured with Sandy Collier, who is hall of fame trainer and judge. Sandy is on the first cowhorse that I trained. She is one of my biggest role models, and she has offered me many kind words and pieces of advice over the few years I've known her.

# My Career Choice

**Job Description:** Prepare horses to participate in competition by altering behavioral and physical patterns during sessions.

**Demand:** High

**Core Tasks:**

- Accustom horses to equipment
- Teach horses to respond to commands
- Exercise and condition horses
- Show riders how to handle horses
- Feed, water, and groom horses



**Working Conditions:**

- Work inside or outside
- All kinds of weather
- Long or irregular hours
- Physically demanding
- Travel
- Risk for injury

**Earnings:** \$25,000-\$60,000/year

**Education/Training:** On the job or degree in equine science/equine management.

# Conclusion

## **Presentation Summary:**

I have learned many academic things through school, but the biggest lessons have come through knowing myself. I am proud of the work I have put into my career and my academics. I have learned to prioritize and capitalize on the things I am good at and, to work at bettering the things I am not good at.

**Thank You**