

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/08/2025</b>																			
Sausage Breakfast Pizza - TR1009 (1 ea.)	30	200.00	7.00	2.00	0.00	15.00	320.00	26.00	3.00	6.00	2.00	9.00	1.80	100.00	0.00	0.00	0.00	370.00	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/08/2025</b>	
Sausage Breakfast Pizza - TR1009 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/08/2025</b>																				
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/09/2025</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Chicken & Waffles - TR2013 (1 serv.)	30	264.00	10.50	1.60	0.00	65.00	447.00	27.60	1.60	3.80	0.00(M)	16.40	1.51	36.00	0.00	0.00	0.00(M)	271.85 (M)	0.00	

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Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/08/2025</b>	
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/09/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2013 (1 serv.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/09/2025</b>																			
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

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Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/09/2025</b>	
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

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<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/09/2025</b>																			
Picante Sauce - TR1865 (1 packet)	15	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/10/2025</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/09/2025</b>	
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/10/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/10/2025</b>																			
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>																			
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	35	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/10/2025</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>																				
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>	
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Moisture (g)	
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>																				
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/14/2025</b>																				
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	
Homestyle Fried Egg - TR1472 (1 ea.)	35	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	0.00	130.19	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/13/2025</b>	
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/14/2025</b>	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/14/2025</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	3	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese American sliced - TR1209 (1 ea.)	10	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/14/2025</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/15/2025</b>																				
Sausage Breakfast Pizza - TR1009 (1 ea.)	30	200.00	7.00	2.00	0.00	15.00	320.00	26.00	3.00	6.00	2.00	9.00	1.80	100.00	0.00	0.00	0.00	370.00	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/15/2025</b>	
Sausage Breakfast Pizza - TR1009 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/15/2025</b>																				
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/16/2025</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Chicken & Waffles - TR2013 (1 serv.)	30	264.00	10.50	1.60	0.00	65.00	447.00	27.60	1.60	3.80	0.00(M)	16.40	1.51	36.00	0.00	0.00	0.00(M)	271.85 (M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/15/2025</b>	
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/16/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2013 (1 serv.)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/16/2025</b>																				
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Picante Sauce - TR1865 (1 packet)	15	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/16/2025</b>	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/16/2025</b>																				
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/17/2025</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/16/2025</b>	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/17/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/17/2025</b>																				
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>																				
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00	
Homestyle Fried Egg - TR1472 (1 ea.)	35	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/17/2025</b>	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>																				
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	3	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese American sliced - TR1209 (1 ea.)	10	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>	
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>																				
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/22/2025</b>																				
Sausage Breakfast Pizza - TR1009 (1 ea.)	30	200.00	7.00	2.00	0.00	15.00	320.00	26.00	3.00	6.00	2.00	9.00	1.80	100.00	0.00	0.00	0.00	370.00	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/21/2025</b>	
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/22/2025</b>	
Sausage Breakfast Pizza - TR1009 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/22/2025</b>																			
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/22/2025</b>	
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/23/2025</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Chicken & Waffles - TR2013 (1 serv.)	30	264.00	10.50	1.60	0.00	65.00	447.00	27.60	1.60	3.80	0.00(M)	16.40	1.51	36.00	0.00	0.00	0.00(M)	271.85(M)	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/23/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2013 (1 serv.)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/23/2025</b>																				
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Picante Sauce - TR1865 (1 packet)	15	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/24/2025</b>																				
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/23/2025</b>	
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/24/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/24/2025</b>																				
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast                      HS Friday Donut -                      ServingDate:                      01/24/2025</b>	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/27/2025</b>																				
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	35	160.00	6.00	1.50	0.00	25.00	310.00	17.00	3.00	4.00	(M)	8.00	1.44	0.00	0.00	0.00	(M)	(M)	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	5	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	0.00	130.19	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/27/2025</b>	
Breakfast Turkey Sausage Pancake Wrap on a Stick - TR1299 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/27/2025</b>																			
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	50	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>																			
Croissant - TR1953 (1 ea.)	35	190.00	7.00	3.00	0.00	0.00	190.00	29.00	3.00	4.00	3.00	5.00	1.44	20.00	0.00	0.00	0.00	0.00	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	35	90.00	8.00	1.50	0.00	120.00	105.00	1.00	0.00	0.00	0.00	5.00	1.00	19.00	0.00	0.00	(M)	(M)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	4	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Monday Kolache - ServingDate: 01/27/2025</b>	
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>	
Croissant - TR1953 (1 ea.)	0.00
Homestyle Fried Egg - TR1472 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>																				
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	3	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Banana - TR1056 (1 ea.)	15	105.00	0.39	0.00	0.00	0.00	1.00	27.00	3.00	14.50	0.00	1.30	0.31	6.00	76.00	10.00	0.00	422.00	0.00	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	5	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Cheese American sliced - TR1209 (1 ea.)	10	35.00	2.00	1.00	0.00	5.00	105.00	2.00	0.00	1.00	(M)	7.00	0.00	200.00	300.00	0.00	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Jelly Assorted Flavors - TR1022 (1 ea.)	25	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>	
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Banana - TR1056 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Cheese American sliced - TR1209 (1 ea.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>																				
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Syrup Dip Cup - TR1058 (1 ea.)	10	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/29/2025</b>																				
Sausage Breakfast Pizza - TR1009 (1 ea.)	30	200.00	7.00	2.00	0.00	15.00	320.00	26.00	3.00	6.00	2.00	9.00	1.80	100.00	0.00	0.00	0.00	370.00	0.00	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)	
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00	
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00	
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00	
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00	
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Tuesday Croissant Sandwich - ServingDate: 01/28/2025</b>	
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/29/2025</b>	
Sausage Breakfast Pizza - TR1009 (1 ea.)	0.00
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/29/2025</b>																			
Golden Apple - TR1053 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Red Delicious Apple - TR1055 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	16.96	1.13	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	25	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	25	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	75	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
White Milk - TR1035 (1 c.)	25	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Ketchup - TR1088 (2 ea.)	10	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	10	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	0	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/30/2025</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Wednesday Flatbread - ServingDate: 01/29/2025</b>	
Golden Apple - TR1053 (1 ea.)	(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Red Delicious Apple - TR1055 (1 ea.)	(M)
Chilled Fruit Cocktail - TR1506 (1/2 c.)	0.00(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/30/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)



# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/30/2025</b>																			
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Chicken & Waffles - TR2013 (1 serv.)	30	264.00	10.50	1.60	0.00	65.00	447.00	27.60	1.60	3.80	0.00(M)	16.40	1.51	36.00	0.00	0.00	0.00(M)	271.85(M)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	10	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	10	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11(M)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	10	70.00	0.00	0.00	0.00	0.00	10.00	18.00	1.00	16.00	0.00	1.00	0.00	0.00	0.00	60.00	0.00	49.82	0.00
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00
Orange Wedges - TR1057 (1 ea.)	10	60.00	0.00	0.00	0.00	0.00	0.00	15.00	3.00	12.00	(M)	1.00	0.00	60.00	300.00	72.00	(M)	(M)	(M)
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/30/2025</b>	
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Chicken & Waffles - TR2013 (1 serv.)	0.00
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Diced Peach Cup - TR1759 (1 ea.)	0.00
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Orange Wedges - TR1057 (1 ea.)	(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)
<b>2024 FALL Breakfast HS Thursday Chix-n-Waffles - ServingDate: 01/30/2025</b>																			
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70
Jelly Assorted Flavors - TR1022 (1 ea.)	20	25.00	0.00	0.00	0.00	0.00	0.00	7.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Ketchup - TR1088 (2 ea.)	20	20.00	0.00	0.00	0.00	0.00	50.00	4.00	0.00	4.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Picante Sauce - TR1865 (1 packet)	15	0.00	0.00	0.00	0.00	0.00	140.00	1.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1.20	0.00	0.00	0.00
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	20	120.00	0.00	0.00	0.00	0.00	0.00	31.00	0.00	19.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/31/2025</b>																			
Whole Grain Breakfast Bun - TR1008 (1 ea.)	5	230.00	7.00	2.00	0.00	0.00	340.00	39.00	3.00	10.00	(M)	6.00	2.70	80.00	200.00	0.00	(M)	(M)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	10	240.00	5.00	0.50	0.00	0.00	350.00	46.00	1.00	12.00	12.00	3.00	16.20	100.00	500.00	6.00	2.00	0.00	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	5	230.00	5.00	0.50	0.00	0.00	320.00	44.00	6.00	11.00	(M)	3.00	8.10	400.00	1000.00	9.00	(M)	(M)	0.00
Cocoa Puffs - TR1429 (1 c.)	10	210.00	2.50	0.00	0.00	0.00	220.00	47.00	3.00	15.00	(M)	3.00	9.00	200.00	1250.00	12.00	(M)	(M)	0.00
Trix Cereal - TR1884 (1 bowl)	5	220.00	3.00	0.50	0.00	0.00	320.00	47.00	3.00	12.00	12.00	3.00	4.50	100.00	500.00	6.00	2.00	109.98	0.00
Glazed Donut - TR1044 (1 ea.)	20	301.67	16.00	7.00	0.00	0.00	300.00	35.33	2.80	12.33	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	20	306.21	16.16	7.15	0.00	0.00	300.01	36.11	2.80	13.05	(M)	5.00	0.70	13.97	9.65	0.00	(M)	(M)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	5	260.00	11.00	4.00	0.00	0.00	230.00	39.00	2.00	18.00	17.00	4.00	1.08	20.00	0.00	0.00	0.00	111.86	0.00
Donut Holes Powdered - TR1905 (1 c.)	5	280.00	12.00	4.50	0.00	0.00	230.00	42.00	2.00	21.00	20.00	4.00	1.08	20.00	0.00	0.00	0.00	106.22	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Thursday Chix-n- Waffles - ServingDate: 01/30/2025</b>	
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Jelly Assorted Flavors - TR1022 (1 ea.)	(M)
Ketchup - TR1088 (2 ea.)	(M)
Picante Sauce - TR1865 (1 packet)	0.00
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)
Syrup Dip Cup - TR1058 (1 ea.)	(M)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/31/2025</b>	
Whole Grain Breakfast Bun - TR1008 (1 ea.)	(M)
Chex Blueberry Cereal - TR1642 (1 bowl)	0.00
Cinnamon Toast Crunch - TR1428 (1 c.)	0.00
Cocoa Puffs - TR1429 (1 c.)	0.00
Trix Cereal - TR1884 (1 bowl)	0.00
Glazed Donut - TR1044 (1 ea.)	(M)
Glazed Donut with Sprinkles - TR1047 (1 ea.)	(M)
Blueberry Donut Holes - TR1904 (1 c.)	0.00
Donut Holes Powdered - TR1905 (1 c.)	0.00

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Chol (mg)	Sodium (mg)	Carb (g)	Total Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Iron (mg)	Calcium (mg)	VitA (IU)	VitC (mg)	VitD (mcg)	Potassium (mg)	Mois (g)	
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/31/2025</b>																				
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	5	320.00	15.00	7.00	0.00	0.00	270.00	41.00	2.00	19.00	(M)	5.00	1.80	40.00	0.00	0.00	(M)	(M)	(M)	
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	3	300.00	17.00	3.00	0.00	0.00	280.00	32.00	4.00	14.00	(M)	9.00	1.44	20.00	0.00	0.00	(M)	(M)	0.00	
Apple Strudel - TR1874 (1 ea.)	2	210.00	6.00	1.00	0.00	0.00	250.00	36.00	2.00	10.00	9.00	4.00	1.44	0.00	0.00	0.00	0.00	109.98	0.00	
Cinnamon Minis - TR1876 (1 ea.)	3	240.00	8.00	1.50	0.00	0.00	270.00	40.00	3.00	14.00	13.00	4.00	1.70	30.00	0.00	0.00	0.00	130.19	0.00	
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	2	310.00	3.20	0.00	0.00	5.00	125.00	64.00	4.00	41.00	4.00(M)	8.00	1.44	170.00	0.00	1.20	0.00(M)	100.11 (M)	0.00(M)	
Granny Smith Apple - TR1054 (1 ea.)	10	64.00	0.00	0.00	0.00	0.00	2.00	16.00	2.00	12.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Orange Juice - TR1038 (1/2 c.)	35	50.00	0.00	0.00	0.00	0.00	15.00	12.00	0.00	10.00	0.00	1.00	0.00	0.00	0.00	42.00	(M)	(M)	(M)	
100% Apple Juice - TR1991 (1 ea.)	35	60.00	0.00	0.00	0.00	0.00	5.00	14.00	0.00	12.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	130.00	0.00	
Chilled Diced Pears - TR1507 (1/2 c.)	10	67.83	0.00	0.00	0.00	0.00	5.65	18.09	2.26	13.56	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	0.00(M)	
Raisins - TR1049 (1 pkg.)	10	120.00	0.20	0.00	0.00	0.00	10.00	30.00	2.00	24.00	0.00	1.00	0.72	20.00	0.00	1.20	(M)	(M)	(M)	
Lactaid Milk - TR1367 (1 c.)	1	90.00	0.00	0.00	0.00	4.00	125.00	13.00	0.00	12.00	0.00	8.00	0.00	500.00	500.00	0.00	(M)	(M)	0.00	
Chocolate Milk - TR1033 (1 c.)	60	130.00	0.00	0.00	0.00	5.00	125.00	23.00	0.00	22.00	11.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
White Milk - TR1035 (1 c.)	30	100.00	2.50	1.50	0.00	10.00	125.00	12.00	0.00	12.00	0.00	8.00	0.00	300.00	500.00	2.40	(M)	(M)	(M)	
Creamer - TR1063 (1 ea.)	10	15.00	1.00	1.00	0.00	5.00	10.00	1.00	0.00	1.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Hot Coffee - TR1065 (10 fl. oz.)	10	0.00	0.00	0.00	0.00	0.00	8.88	0.00	0.00	0.00	0.00(M)	0.00	0.00	9.45	0.00	0.00	0.00	16.85	295.70	
Sugar Packet - TR1061 (1 ea.)	10	10.00	0.00	0.00	0.00	0.00	0.00	3.00	0.00	3.00	3.00	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	
Sugar Sub - TR1062 (1 ea.)	10	0.00	0.00	0.00	0.00	0.00	0.00	1.00	0.00	0.00	(M)	0.00	0.00	0.00	0.00	0.00	(M)	(M)	(M)	

**Legend**  
(M) - Missing Nutrient Values

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
 Date: 01/01/2025 - 01/31/2025

Item Name (Serving Size)	Ash (g)
<b>2024 FALL Breakfast HS Friday Donut - ServingDate: 01/31/2025</b>	
Whole Grain Mini Chocolate Donuts - TR1017 (1 pkg.)	(M)
SANDWICH PB&J GRAPE SMUCKERS SINGLE 72CT - TR1468 (1 ea.)	0.00
Apple Strudel - TR1874 (1 ea.)	0.00
Cinnamon Minis - TR1876 (1 ea.)	0.00
Yogurt/Granola/Raisin Meal Kit - TR1975 (1 ea.)	0.00(M)
Granny Smith Apple - TR1054 (1 ea.)	(M)
Orange Juice - TR1038 (1/2 c.)	(M)
100% Apple Juice - TR1991 (1 ea.)	0.00
Chilled Diced Pears - TR1507 (1/2 c.)	0.00(M)
Raisins - TR1049 (1 pkg.)	(M)
Lactaid Milk - TR1367 (1 c.)	0.00
Chocolate Milk - TR1033 (1 c.)	(M)
White Milk - TR1035 (1 c.)	(M)
Creamer - TR1063 (1 ea.)	(M)
Hot Coffee - TR1065 (10 fl. oz.)	0.30
Sugar Packet - TR1061 (1 ea.)	(M)
Sugar Sub - TR1062 (1 ea.)	(M)

# Menu Calendar Nutrient Analysis Report - January, 2025

Site: ALL  
Date: 01/01/2025 - 01/31/2025

**Report Selections**

Meal Type: Breakfast  
Site Group: High School  
Menu Line: Main Line  
Serving Group: 9-12  
Nutrients Option: All