

January 2025 |

Early Excellence Breakfast



Announcements:

Our unit priced breakfast consists of 3 food components placed on the student's tray

Required Daily Breakfast Food Components:
Whole Grain
Fruit
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| <p align="center">Oranges</p> <p align="center">Season in Texas: September - April</p> <p align="center">Did you know?</p> <p align="center">Like cantaloupes, oranges won't ripen once they're picked</p> | | <p align="center">1</p> <p align="center">Happy New Year!</p> | <p align="center">2</p> <p align="center">1% White Milk offered daily.</p> | <p align="center">3</p> <p align="center">Student Breakfast: \$1.50 Adult Breakfast: \$3.10</p> |
| <p align="center">6</p> <p align="center">Staff Development</p> | <p align="center">7</p> <p align="center">Staff Development</p> | <p align="center">8</p> <p align="center">Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk</p> | <p align="center">9</p> <p align="center">Mini-Waffle 100% fruit juice Low-Fat White Milk</p> | <p align="center">10</p> <p align="center">Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p> |
| <p align="center">13</p> <p align="center">Mini-Pancakes 100% fruit juice Low-Fat White Milk</p> | <p align="center">14</p> <p align="center">Whole Grain Cereal 100% fruit juice Low-Fat White Milk</p> | <p align="center">15</p> <p align="center">Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk</p> | <p align="center">16</p> <p align="center">Mini-Waffle 100% fruit juice Low-Fat White Milk</p> | <p align="center">17</p> <p align="center">Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p> |
| <p align="center">20</p> <p align="center">Martin Luther King Day</p> | <p align="center">21</p> <p align="center">Whole Grain Cereal 100% fruit juice Low-Fat White Milk</p> | <p align="center">22</p> <p align="center">Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk</p> | <p align="center">23</p> <p align="center">Mini-Waffle 100% fruit juice Low-Fat White Milk</p> | <p align="center">24</p> <p align="center">Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p> |
| <p align="center">27</p> <p align="center">Mini-Pancakes 100% fruit juice Low-Fat White Milk</p> | <p align="center">28</p> <p align="center">Whole Grain Cereal 100% fruit juice Low-Fat White Milk</p> | <p align="center">29</p> <p align="center">Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk</p> | <p align="center">30</p> <p align="center">Mini-Waffle 100% fruit juice Low-Fat White Milk</p> | <p align="center">31</p> <p align="center">Whole Grain Cereal Chilled Fruit Low-Fat White Milk</p> |

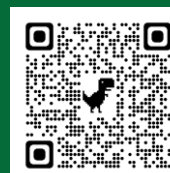


Menus are Subject to Change

Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA. This institution is an equal opportunity provider.



Updated 6/6/2024

National School Lunch Program

January 2025 | Early Excellence Lunch



Announcements:

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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| <p>Oranges</p> <p>Season in Texas: September - April</p> <p>Did you know?</p> <p>Like cantaloupes, oranges won't ripen once they're picked</p> | | <p>1</p> <p>Happy New Year!</p> | <p>2</p> <p>1% White Milk and Fat-Free Chocolate Milk are offered daily.</p> | <p>3</p> <p>Student Lunch: \$2.75 Adult Lunch: \$4.60</p> |
| <p>6</p> <p>Staff Development</p> | <p>7</p> <p>Staff Development</p> | <p>8</p> <p>Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk</p> | <p>9</p> <p>Mini Bagel Pizzas Vegetables, Fruits Milk</p> | <p>10</p> <p>Chicken Sandwich Vegetables, Fruits Milk</p> |
| <p>13</p> <p>New Grilled Cheese Sandwich Vegetables, Fruits Milk</p> | <p>14</p> <p>Bean & Cheese Pupusa Vegetables, Fruits Milk</p> | <p>15</p> <p>Chicken Nuggets Vegetables, Fruits Breadstick & Milk</p> | <p>16</p> <p>Fish Sticks Vegetables, Fruits Milk</p> | <p>17</p> <p>Cheeseburger Vegetables, Fruits Milk</p> |
| <p>20</p> <p>Martin Luther King Day</p> | <p>21</p> <p>Chicken Quesadilla Vegetables, Fruits Milk</p> | <p>22</p> <p>Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk</p> | <p>23</p> <p>Mini Bagel Pizzas Vegetables, Fruits Milk</p> | <p>24</p> <p>Chicken Sandwich Vegetables, Fruits Milk</p> |
| <p>27</p> <p>Breakfast for Lunch! Pancake, Turkey Sausage & New Egg Patty Hash Browns, Fruit Milk</p> | <p>28</p> <p>Bean & Cheese Pupusa Vegetables, Fruits Milk</p> | <p>29</p> <p>Chicken Nuggets Vegetables, Fruits Breadstick & Milk</p> | <p>30</p> <p>Fish Sticks Vegetables, Fruits Milk</p> | <p>31</p> <p>Cheeseburger Vegetables, Fruits Milk</p> |

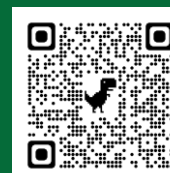


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