January 2025

Square www.SquareMeals.org

Pre-K Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday	
Oranges		1	2	3	Announcements:
Season in Texas: September - April Did you know? Like cantaloupes, oranges won't ripen once they're picked		Happy New Year! 1% White Milk offered daily.		Student Breakfast: \$1.50 Adult Breakfast: \$3.10	Our unit priced breakfast consists of 3 food components placed on the student's tray
6 Staff Development	7 Staff Development	8 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	9 Mini-Waffle 100% fruit juice Low-Fat White Milk	10 Whole Grain Cereal Chilled Fruit Low-Fat White Milk	Required Daily Breakfast Food Components: Whole Grain Fruit Milk All breakfast cereals and
13	14	15	16	17	pastries contain at least 51% whole grain.
Mini-Pancakes 100% fruit juice Low-Fat White Milk	Whole Grain Cereal 100% fruit juice Low-Fat White Milk	Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	Mini-Waffle 100% fruit juice Low-Fat White Milk	Whole Grain Cereal Chilled Fruit Low-Fat White Milk	Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com
20 Martin Luther King Day	21 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	22 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	23 Mini-Waffle 100% fruit juice Low-Fat White Milk	24 Whole Grain Cereal Chilled Fruit Low-Fat White Milk	Households must reapply <u>every year</u> to maintain free or reduced price meals if eligible
27 Mini-Pancakes 100% fruit juice Low-Fat White Milk	28 Whole Grain Cereal 100% fruit juice Low-Fat White Milk	29 Breakfast Sausage Pizza Fresh Fruit Low-Fat White Milk	30 Mini-Waffle 100% fruit juice Low-Fat White Milk	31 Whole Grain Cereal Chilled Fruit Low-Fat White Milk	TTOMBALL Not just a district, a destination.
Menu Food and Nutr	(f) (O) (F) Updated 6/6/2024				

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Updated 6/6/2024 National School Lunch Program

January 2025

Orangos

Tuesday

Monday

Pre-K Lunch

2

Thursday

Wednesday

1



Announcements:

Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable

> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL INDEPENDENT SCHOOL DISTRICT Not just a district, a destination.



Friday

3

Updated 6/6/2024 National School Lunch Program

Ura	nges	-		U	
Season in Texas: September - April Did you know? Like cantaloupes, oranges won't ripen once they're picked		Happy New Year!	1% White Milk and Fat-Free Chocolate Milk are offered daily.	Student Lunch: \$2.75 Adult Lunch: \$4.60	Our uni consists c compone must be a Food C
6	7	8	9	10	Meat/Meat/M
Staff Development	Staff Development	Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	6 Inch Round Pizza Vegetables, Fruits Milk	Chicken Sandwich Vegetables, Fruits Milk	All lunch
10	14	10	10	17	pastas items co
13 New Grilled Cheese Sandwich Vegetables, Fruits Milk	14 New Turkey Soft Taco Vegetables, Fruits Milk	15 Chicken Nuggets Vegetables, Fruits Breadstick & Milk	16 Fish Sticks Vegetables, Fruits Milk	17 Cheeseburger Vegetables, Fruits Milk	Families v qualify for priced n
20	21	22	23	24	
Martin Luther King Day	Bean & Cheese Pupusa Vegetables, Fruits Milk	Steak Fingers & Roll Vegetables, Fruits Dinner Roll & Milk	6 Inch Round Pizza Vegetables, Fruits Milk	Chicken Sandwich Vegetables, Fruits Milk	Househo every yea or reduc
27	28	29	30	31	
Breakfast for Lunch! Pancakes, New Chicken Patty & New Egg Patty Hash Browns, Fruit Milk	New Turkey Soft Taco Vegetables, Fruits Milk	Chicken Nuggets Vegetables, Fruits Breadstick & Milk	Fish Sticks Vegetables, Fruits Milk	Cheeseburger Vegetables, Fruits Milk	Not just a
Menu	is are Subject to Change	e			



Food and Nutrition Division www.SquareMeals.org TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

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