

January 2025 | Intermediate Breakfast



Announcements:

Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable

Food Components:
Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All breakfast cereals and pastries contain at least 51% whole grain.

Families who think they may qualify for free or reduced priced meals can apply at www.schoolcafe.com

Households must reapply every year to maintain free or reduced price meals if eligible



TOMBALL
INDEPENDENT SCHOOL DISTRICT
Not just a district, a destination.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Oranges</p> <p>Season in Texas: September - April</p> <p>Did you know?</p> <p>Like cantaloupes, oranges won't ripen once they're picked</p>		<p>1</p> <p>Happy New Year!</p>	<p>2</p> <p>Student Breakfast: \$1.50 Adult Breakfast: \$3.10</p>	<p>3</p> <p>1% White Milk and Fat-Free Chocolate Milk are offered daily.</p>
<p>6</p> <p>Staff Development</p>	<p>7</p> <p>Staff Development</p>	<p>8</p> <p>Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>9</p> <p>New Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>10</p> <p>Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>
<p>13</p> <p>Pancake Sausage Wrap or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>14</p> <p>Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>15</p> <p>Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>16</p> <p>New Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>17</p> <p>Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>
<p>20</p> <p>Martin Luther King Day</p>	<p>21</p> <p>Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>22</p> <p>Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>23</p> <p>New Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>24</p> <p>Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>
<p>27</p> <p>Pancake Sausage Wrap or Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>28</p> <p>Chicken & Biscuit or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>29</p> <p>Breakfast Sausage Pizza Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>	<p>30</p> <p>New Chicken & Waffles or Cereal or Mini Waffles or Yogurt Meal Kit Fruits & Milk</p>	<p>31</p> <p>Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits & Milk</p>

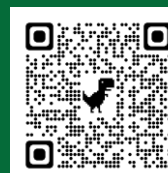


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Food and Nutrition Division
www.SquareMeals.org

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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Updated 6/6/2024

National School Lunch Program

January 2025 |

Intermediate Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">Oranges</p> <p align="center">Season in Texas: September - April</p> <p align="center">Did you know?</p> <p align="center">Like cantaloupes, oranges won't ripen once they're picked</p>		<p align="center">1</p> <p align="center">Happy New Year!</p>	<p align="center">2</p> <p align="center">1% White Milk and Fat-Free Chocolate Milk are offered daily.</p>	<p align="center">3</p> <p align="center">Student Lunch: \$2.75 Adult Lunch: \$4.60</p>
<p align="center">6</p> <p align="center">Staff Development</p>	<p align="center">7</p> <p align="center">Staff Development</p>	<p align="center">8</p> <p align="center">Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p align="center">9</p> <p align="center">6 Inch Round Pizza or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">10</p> <p align="center">Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p align="center">13</p> <p align="center">New Orange Chicken or New Eggroll, w/ Stir Fry Rice or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p align="center">14</p> <p align="center">Cheese Enchiladas or New Turkey Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">15</p> <p align="center">Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p align="center">16</p> <p align="center">6 Inch Round Pizza or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">17</p> <p align="center">Cheeseburger or New Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p align="center">20</p> <p align="center">Martin Luther King Day</p>	<p align="center">21</p> <p align="center">Bean & Cheese Pupusa or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">22</p> <p align="center">Beef Steak Fingers or Chicken Drumsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p align="center">23</p> <p align="center">6 Inch Round Pizza or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">24</p> <p align="center">Cheeseburger or Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p align="center">27</p> <p align="center">Breakfast for Lunch! Pancakes, New Chicken Patty & New Egg Patty Hash Browns, Fruit Milk</p>	<p align="center">28</p> <p align="center">Cheese Enchiladas or New Turkey Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">29</p> <p align="center">Mac & Cheese or Chicken Nuggets or Fruit & Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p align="center">30</p> <p align="center">6 Inch Round Pizza or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p align="center">31</p> <p align="center">Cheeseburger or New Corn Dog or Fruit & Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>

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Meat/Meat Alternate
Whole Grain
Fruits, Vegetables
Milk

All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.

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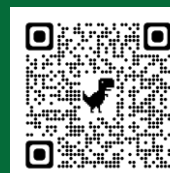
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National School Lunch Program

January 2025 | Intermediate Lunch Window



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<p>13</p> <p>Cheese Stuffed Breadsticks or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p>14</p> <p>Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>15</p> <p>Chicken Sandwich or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>	<p>16</p> <p>Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p>17</p> <p>Cheeseburger or Fruit & Yogurt Plate Vegetables, Fruits Milk</p>
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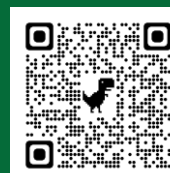


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