

# Lunch Menu

Bedford CSD Elementary Schools

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

MEATLESS MONDAY

6 Cheese Pizza Bagel  
Steamed Broccoli  
Chickpea Salad  
Fresh Melon Cup  
100% Orange  
Tangerine

Cheesy Stuffed Bread Sticks  
Green Beans  
Chilled Red Pepper Strips  
Fresh NY Local Apple  
Sliced Oranges

20 Grilled Cheese Sandwich Meltdown Café  
Tomato Soup  
Crispy Potato Puffs  
Baby Carrots  
Organic Applesauce  
100% Orange  
Tangerine

28 Whole Grain Pancakes with Sausage  
Garden Salad  
Baby Carrots  
Fresh Grapes  
Mango Cup

7 Chicken Lo Mein  
Steamed Broccoli  
Black Bean and Pepper Salad  
Mango Cup  
Pineapple



Fluffy Whole Grain Waffles  
Bacon  
Oven Baked Fries  
Chickpea Salad  
Apple Slices  
Fresh Melon Cup

BRUNCH FOR LUNCH TODAY!

Crispy Chicken Sandwich  
Oven Baked Fries  
Celery Sticks  
Fresh Grapes  
Sliced Peaches

29 SCHOOL CLOSED TODAY



8 Whole Grain Pancakes with Sausage  
Crispy Potato Puffs  
Cherry Tomatoes  
Strawberry Cup  
Sliced Oranges

BRUNCH FOR LUNCH TODAY!

15 Chicken Nuggets  
Whole Wheat Dinner Roll  
Buttered Corn  
Garden Salad  
Organic Applesauce  
Mango Slices

22 Cinnamon French Toast  
Sausage Patty  
Crispy Potato Puffs  
Fresh Cucumber Salad  
Mango Slices  
Fresh Orange

29 SCHOOL CLOSED TODAY

2 Cinnamon French Toast  
Sausage Patty  
Crispy Potato Puffs  
Baby Carrots  
Pineapple Cup  
Fresh Banana

Chicken and Waffles  
Sweet Potato Fries  
Garden Salad  
Sliced Peaches  
Fresh NY Local Apple

16 Classic Cheese Pizza  
Pepperoni Pizza  
Roasted Brussel Sprouts  
Cherry Tomatoes  
Fresh Melon Cup  
100% Apple Juice

Crispy Popcorn Chicken  
Pasta with Butter  
Green Beans  
Pinto Bean Confetti Salad  
Apple Slices  
Fresh Banana

30 CHICKEN TERIYAKI  
Brown Rice  
Mixed Vegetables  
Chickpea Salad  
Sliced Oranges  
Applesauce

3 Classic Cheese Pizza  
Or Pepperoni Pizza  
Cucumber Coins  
Chilled Red Pepper Strips  
Fresh Grapes  
100% Apple Juice

10 Classic Cheese Pizza  
Or Pepperoni Pizza  
Green Beans  
Spinach Salad  
Pineapple Cup  
Fresh Grapes

SCHOOL CLOSED TODAY

24 Classic Cheese Pizza  
Pepperoni Pizza  
Roasted Broccoli  
Baby Carrots  
100% Apple Juice  
Fresh Grapes

31 Classic Cheese Pizza  
Pepperoni Pizza  
Green Beans  
Garden Salad  
Fresh NY Local Apple  
Strawberry Cup

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

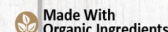
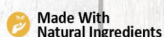
\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All Lunches Include:

Grain, Meat/Meat  
Alternative, Fruit Selection,  
Vegetable Selections and Milk  
Variety Choice: 1% White Milk or  
Fat Free Chocolate Milk

Student Lunch Price:\$3.00  
Adult Lunch Price:\$5.50+ Tax



Daily Alternate Lunches:  
Turkey & Cheese, LS Ham & Cheese, Sun-Butter & Jelly, American Cheese Sandwich (All on Whole Grain Bread), Bagel Lunch with String Cheese & Yogurt, Yogur Parfait, Garden Salad, Chicken Caesar Salad.

Assorted Condiments

If you have any questions please call Mary Vanzo;  
914-241-6038