

Breakfast Menu for Metcalfe Elementary

January 2025

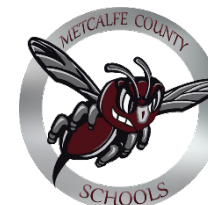
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Biscuit & Gravy WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	7 Scrambled Eggs and Sausage WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	8 Assorted Pastries WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	9 Egg & Cheese Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	10 Pancake Bites WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit
13 Chicken Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	14 Breakfast Pizza WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	15 Assorted Muffins WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	16 Bacon Egg & Cheese Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	17 Donut Friday WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit
20 NO SCHOOL	21 Scrambled Eggs and Sausage WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	22 Assorted Pastries WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	23 Egg & Cheese Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	24 Pancake Bites WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit
27 Chicken Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	28 Breakfast Pizza WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	29 Assorted Muffins WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	30 Bacon Egg & Cheese Biscuit WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit	31 Donut Friday WG Cereals and Pop Tarts 100% Fruit Juice Seasonal Fresh Fruit

Whole Grain Strawberry, Chocolate or Cinnamon Pop Tarts are available daily.

**1% or Fat Free
White or Flavored Milk
Available Daily!**

Meat/Meat alternatives are listed in bold type • Menu is subject to change due to availability of food items.

Seasonal fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).



This institution is an equal opportunity provider.

Lunch Menu for Metcalfe Elementary

January 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Pizza Corn Dog Baked Chips Whole Kernel Corn Mandarin Oranges	7 Boneless Wings Deli Sandwich French Fries Carrot Sticks w/ Dip Sliced Peaches	8 Chicken Fillet w/ Bun Pizza Crunchers Green Peas Waffle Fries Fruit	9 Spaghetti w/ Meat Sauce Hot Ham & Cheese Side Salad Garlic Bread Fruit	10 Chili (16g) Grilled Cheese (21g) G All Beef Hot Dog Baked Chips (19g) Fruit Selections Fresh Baked Cookie (17g)
15 Hamburger Chicken Nuggets French Fries Baked Beans Rice Krispy Square Assorted Fresh Fruit	16 Extreme Nachos Turkey Sandwich Side Salad Chips & Salsa Sliced Peaches	17 Pepperoni Calzone Cheese Breadsticks Baked Chips Side Salad Brownie Assorted Fresh Fruit	18 Breaded Chicken Leg Ham & Cheese Sliders Mashed Potatoes Corn on the Cob Roll Assorted Fruit	19 Veggie Soup (12g) Grilled Cheese (21g) G All Beef Hot Dog Baked Chips (19g) Fruit Selections Fresh Baked Cookie (17g)
20 NO SCHOOL	21 Chicken Fingers Salisbury Steak Mashed Potatoes Green Beans Assorted Fresh Fruit	22 Pork BBQ w/ Bun Sloppy Joe Baked Chips Baked Beans Assorted Fresh Fruit	23 Chicken Snack Wraps Turkey Sandwich French Fries Fresh Veggies Mandarin Oranges	24 Chicken Noodle Soup Grilled Cheese (21g) G All Beef Hot Dog Baked Chips (19g) Fruit Selections Fresh Baked Cookie (17g)
27 Pizza Corn Dog Baked Chips Whole Kernel Corn Mandarin Oranges	28 Boneless Wings Deli Sandwich French Fries Carrot Sticks w/ Dip Sliced Peaches	29 Chicken Fillet w/ Bun Pizza Crunchers Green Peas Waffle Fries Fruit	30 Spaghetti w/ Meat Sauce Hot Ham & Cheese Side Salad Garlic Bread Fruit	31 Chili (16g) Grilled Cheese (21g) G All Beef Hot Dog Baked Chips (19g) Fruit Selections Fresh Baked Cookie (17g)



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Assorted fresh fruit may include apples (19g), bananas (23g), oranges (11g), or pears (19g).

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