

Breakfast Menu

Bedford CSD Elementary Schools

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



2 Chocolate Chip Muffin Strawberry Cup Fresh NY Local Apple

3 Fluffy Whole Grain Waffles Berry Cup Pineapple Cup

6 Egg and Cheese Sandwich Fresh Banana Applesauce

7 Blueberry Muffin Fresh Orange Fresh Banana

8 Mini Cinnamon Pull Apart Roll Fresh Orange Diced Peach Cup

9 NY Fruity Yogurt Parfait with Graham Crackers Fresh Banana Applesauce

10 Whole Grain French Toast Slices Diced Pear Cup Mango Cup

13 Fluffy Whole Grain Pancakes Bacon Fresh NY Local Apple

14 Sausage, Egg and Cheese Sandwich Applesauce Diced Pear Cup

15 Fluffy Whole Grain Waffles Fresh Banana Pineapple



16 Whole Grain French Toast Slices Sausage Patty Fresh NY Local Apple Fresh Orange



21 Apple Strudel Fresh NY Local Apple Mixed Berry Cup



22 Bagel Melt Fresh NY Local Apple Diced Pear Cup Pineapple Cup Orange 100% Juice

23 Mini Cinnamon Pull Apart Roll Fresh Banana Mango Slices



24 Blueberry Muffin Fresh Orange Applesauce

27 Whole Grain Pancakes with Sausage Fresh Orange Fresh Banana

28 Egg and Cheese Sandwich Cinnamon Applesauce Strawberry Cup



30 Fluffy Whole Grain Pancakes Fresh Orange Applesauce

31 Apple Strudel 100% Juice Fruit Punch Fresh Grapes



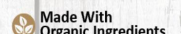
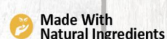
View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Student Breakfast: \$1.50
Adult Breakfast: \$3.00+tax
If you have any questions or would like additional information regarding this menu please contact your Food Service Director at 914 241-6038



Breakfast Includes:

1 or 2 Grain, 1 Meat/Meat Alternative
Cupped Fruit, Fresh Fruit or 100% Fruit Juice
Milk Choice: 1% Milk or Fat Free Chocolate Milk

Daily Options Include:

Assorted Cereal, Assorted Muffins, WG Honey Bun, Yogurt Cup with Grain, Yogurt & Fruit Parfait, WG Bagel with Cream Cheese, WG Pop Tart, Assorted Hot Options