

Fox Lane High School

Welcome to our
Lunch Cafe

1/2/2025 - 1/3/2025

MEATLESS
MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Enchilada Spicy Beef
with Cheese
a soft tortilla filled with
tender beef, cheese and
cooked rice, baked in the
oven and layered with
salsa 🌱🌱

Nacho Bar
crispy nacho chips
topped with your choice
of toppings
With
Brown Rice Pilaf

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses 🌱🌱
Homemade Buffalo
Chicken Calzone 🌱

BBQ Chicken Pizza
fresh pizza dough topped
with BBQ sauce,
mozzarella, cheddar,
chicken strips, red onion
and cilantro 🌱

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough

Italian Combo
Sandwich
freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato P 🌱

Chicken Ranch Wrap
tender chicken tossed in
buttermilk ranch dressing
with lettuce and tomatoes
in a wrap 🌱

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along

Baked Chicken
Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce

Veggie Burger 🌱

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken

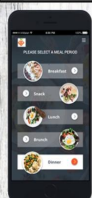
Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola 🌱🌱🌱

Not-A-Nut Butter &
Jelly Sandwich
freshly made sandwich
with layers of creamy
plant based butter and
sweet jelly 🌱

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk

Fiesta Corn
Garden Salad
Fresh Orange
Pineapple Cup

Baked Plantains
Maduros
Cherry Tomatoes
Diced Pear Cup
Mango Cup



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Vegetarian

Made With
Natural Ingredients

P Pork

Smart
Choice

Made With
Organic Ingredients

WHITSON'S
School Nutrition

Fox Lane High School

Welcome to our
Lunch Cafe

1/6/2025 - 1/10/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Cheese Quesadilla
Or
Santa Fe Quesadilla
juicy chicken, cheese,
roasted peppers and corn
inside a soft tortilla wrap
spread with salsa
prepared in-house

Chicken and Waffles
crispy chicken placed on
top of fluffy waffles



Beef & Broccoli
beef & broccoli in a soy
ginger sauce
With
Vegetable Fried Rice

Homemade Pasta &
Meatballs
freshly baked meatballs
with tomato sauce over
pasta
Whole Wheat Dinner
Roll

Nacho Bar
crispy nacho chips
topped with your choice
of toppings
With
Brown Rice Pilaf



Pizza Bagel
Homemade
Melted Cheese and
tomato sauce on top of a
whole grain bagel

Homemade Ham,
Pepperoni and
Cheese Stromboli
ham, pepperoni and
melted cheese wrapped
in a pizza dough

White Pizza
freshly made pizza dough
brushed with garlic and
oil, topped with
mozzarella, baked to
perfection

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses
Homemade Buffalo
Chicken Calzone

BBQ Chicken Pizza
fresh pizza dough topped
with BBQ sauce,
mozzarella, cheddar,
chicken strips, red onion
and cilantro

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Turkey BLT Wrap
sliced turkey, bacon,
lettuce, and tomato on a
wrap

American Combo
Sandwich
freshly made sandwich
with thinly sliced turkey,
ham and cheese

Buffalo Chicken
Wrap
Buffalo chicken wrapped
in a tortilla with lettuce
and tomato
Buffalo Chicken
Wrap
Buffalo Chicken
Wrap

Italian Combo
Sandwich
freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato

Chicken Ranch Wrap
tender chicken tossed in
buttermilk ranch dressing
with lettuce and tomatoes
in a wrap

Available Daily: Boars Head cold cuts, chicken, cheeses and whole grain rich rolls and wraps and assorted toppings



Mozzarella Sticks
crispy mozzarella sticks
filled with gooey cheese,
perfect for dipping into
your favorite sauce

Baked Chicken
Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce

Spicy Chicken
Sandwich
warm spicy chicken
breaded cutlet prepared
in-house

Baked Chicken
Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce

Veggie Burger

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken



Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola

Chicken Caesar
Wrap
freshly made tortilla wrap
filled with sliced chicken,
crisp lettuce, and cheese
topped with low-fat
Caesar dressing

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola

Not-A-Nut Butter &
Jelly Sandwich
freshly made sandwich
with layers of creamy
plant based butter and
sweet jelly

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



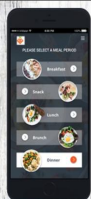
Sweet & Spicy
Roasted Corn
Corn kernels tossed with
Cajun seasoning and
sugar.
Confetti Black Bean
Salad
Pineapple
Organic Applesauce

Sweet Potato Fries
crispy sweet potato fries
baked to perfection
Cinnamon & Honey
Roasted Beans
Fresh Orange

Sauteed Bok Choy
Black Bean and
Pepper Salad
Applesauce
Watermelon Slices

Spiced Roasted
Green Beans w/
Parmesan
Cherry Tomatoes
Diced Peach Cup
Fresh NY Local
Apple

Refried Beans
Baby Carrots
Pineapple Cup
Mango Cup



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Vegetarian

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Natural Ingredients

P Pork

Smart
Choice

Made With
Organic Ingredients

WHITSON'S
School Nutrition

Fox Lane High School

Welcome to our
Lunch Cafe

1/13/2025 - 1/17/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Homemade Baked Pasta with Cheese
pasta topped with melted cheese, baked to perfection 🌱 🍴

Whole Grain Pancakes with Sausage
light and fluffy pancakes served with a sausage patty

Italian Marinated Turkey Tips
With Brown Rice

Homemade Meat and Cheese Stromboli 🍴
Or
Homemade Ham, Pepperoni and Cheese Stromboli P



**SCHOOL
CLOSED
TODAY**



Pizza Bagel
Homemade Melted Cheese and tomato sauce on top of a whole grain bagel 🌱 🍴

Homemade Ham, Pepperoni and Cheese Stromboli
ham, pepperoni and melted cheese wrapped in a pizza dough P 🍴

White Pizza
freshly made pizza dough brushed with garlic and oil, topped with mozzarella, baked to perfection 🌱 🍴

Homemade three Cheese Calzone
calzone stuffed with three delicious melted cheeses 🌱 🍴
Homemade Buffalo Chicken Calzone 🍴

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Turkey BLT Wrap
sliced turkey, bacon, lettuce, and tomato on a wrap P 🍴

American Combo Sandwich
freshly made sandwich with thinly sliced turkey, ham and cheese P

Buffalo Chicken Wrap
Buffalo chicken wrapped in a tortilla with lettuce and tomato 🍴
Buffalo Chicken Wrap

Italian Combo Sandwich
freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato P 🍴

Available Daily: Boars Head cold cuts, cheeses and whole grain rich rolls and wraps with assorted toppings



Mozzarella Sticks
crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce 🌱

Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce

Spicy Chicken Sandwich
warm spicy chicken breaded cutlet prepared in-house

Baked Chicken Tenders
crispy chicken tenders perfect for dipping in your favorite sauce

Available Daily: Hamburgers, Cheeseburgers, Veggie Burgers, Chicken Patties and Spicy Chicken Sandwiches



Simply Boxed Pepperoni Pizza Pack
freshly prepared meal with cheese and pepperoni, tomato sauce, bread slices and vegetable sticks 🍴

Fruity Granola Parfait
Low fat vanilla yogurt layered with fruit and granola 🌱 🍴 🌱

Chicken Caesar Wrap
freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🍴

NY Fruity Yogurt Parfait with Granola
local NY low fat vanilla yogurt topped with strawberries, blueberries, and crunchy granola 🌱 🍴 🌱
Fruity Granola Parfait
Low fat vanilla yogurt

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk

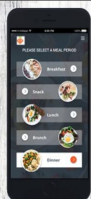


Cauliflower Popcorn
Side of cauliflower pieces tossed with oil and spices.
Spinach Salad
Fresh Melon Cup
Fresh Orange

Crispy Potato Puffs
crisp potato puffs baked to perfection
Garden Salad
Blueberry Cobbler
Fresh Banana

Apple Brussel Sprout Salad
thinly sliced apples and Brussel sprouts tossed with cranberries in a mustard honey dressing
Fresh Cucumber Salad
Organic Applesauce
Mixed Berry Cup

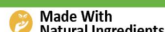
Mixed Vegetables
Tomato Salad
Fresh Orange
Mango Slices



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Fox Lane High School

Welcome to our
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1/20/2025 - 1/24/2025

	Monday	Tuesday	Wednesday	Thursday	Friday
		new Chicken & Cheese Bowl popcorn chicken layered with mashed potatoes and corn, covered in cheese 🌱 Whole Wheat Dinner Roll	Chicken and Cheese Enchilada chicken, cheese and rice rolled in a tortilla and baked with salsa over top 🌱 Brown Rice	new Shredded BBQ Turkey Pasta with Butter	Nachos Grande tortilla chips topped with freshly prepared mexi style meat and cheese Brown Rice
		Homemade Ham, Pepperoni and Cheese Stromboli ham, pepperoni and melted cheese wrapped in a pizza dough P 🌱	White Pizza freshly made pizza dough brushed with garlic and oil, topped with mozzarella, baked to perfection 🌱 🌱	Homemade three Cheese Calzone calzone stuffed with three delicious melted cheeses 🌱 🌱 Homemade Buffalo Chicken Calzone 🌱	BBQ Chicken Pizza fresh pizza dough topped with BBQ sauce, mozzarella, cheddar, chicken strips, red onion and cilantro 🌱
Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough					
		American Combo Sandwich freshly made sandwich with thinly sliced turkey, ham and cheese P	Buffalo Chicken Wrap Buffalo chicken wrapped in a tortilla with lettuce and tomato 🌱	Italian Combo Sandwich freshly sliced cured meat and cheese on a roll topped with crisp lettuce and tomato P 🌱	Chicken Ranch Wrap tender chicken tossed in buttermilk ranch dressing with lettuce and tomatoes in a wrap 🌱
Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along					
		Baked Chicken Tenders crispy chicken tenders perfect for dipping in your favorite sauce	Spicy Chicken Sandwich warm spicy chicken breaded cutlet prepared in-house	Baked Chicken Tenders crispy chicken tenders perfect for dipping in your favorite sauce	Veggie Burger 🌱
Available Daily: Hamburgers, Cheeseburgers, Chicken Patties and Spicy Chicken Sandwiches					
		Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola 🌱 🌱 🌱	Chicken Caesar Wrap freshly made tortilla wrap filled with sliced chicken, crisp lettuce, and cheese topped with low-fat Caesar dressing 🌱	Fruity Granola Parfait Low fat vanilla yogurt layered with fruit and granola 🌱 🌱 🌱	Not-A-Nut Butter & Jelly Sandwich freshly made sandwich with layers of creamy plant based butter and sweet jelly 🌱 🌱
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk					
		Broccoli Salad fresh broccoli with raisins and red onion, mixed in a creamy dressing Cinnamon & Honey Roasted Beans Fresh NY Local Apple Fresh Orange	Baked Plantains Maduros Spicy Tomato Salad Pineapple Mango Cup	Homemade Deli Style Coleslaw Green Beans Fresh Melon Cup Applesauce	Fiesta Corn Black Bean and Pepper Salad Fresh NY Local Apple Strawberry Cup



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Fox Lane High School

Welcome to our
Lunch Cafe

1/27/2025 - 1/31/2025

MEATLESS MONDAY

Monday

Tuesday

Wednesday

new Thursday

Friday



Homemade Mac & Cheese
pasta in cheese sauce,
garnished with parsley
Whole Wheat Dinner Roll

Buffalo Chicken Panini
buffalo chicken with
lettuce and tomato on a
panini

SCHOOL
CLOSED
TODAY

Homemade Chicken & Broccoli Alfredo
grilled chicken and
broccoli florets tossed in
a creamy sauce over
tender pasta

Nachos Grande
tortilla chips topped with
freshly prepared mexi
style meat and cheese
Brown Rice



Pizza Bagel
Homemade
Melted Cheese and
tomato sauce on top of a
whole grain bagel

Homemade Ham,
Pepperoni and
Cheese Stromboli
ham, pepperoni and
melted cheese wrapped
in a pizza dough

Homemade three
Cheese Calzone
calzone stuffed with three
delicious melted
cheeses
Homemade Buffalo
Chicken Calzone

BBQ Chicken Pizza
fresh pizza dough topped
with BBQ sauce,
mozzarella, cheddar,
chicken strips, red onion
and cilantro

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Turkey BLT Wrap
sliced turkey, bacon,
lettuce, and tomato on a
wrap

American Combo
Sandwich
freshly made sandwich
with thinly sliced turkey,
ham and cheese

Italian Combo
Sandwich
freshly sliced cured meat
and cheese on a roll
topped with crisp lettuce
and tomato

Chicken Ranch Wrap
tender chicken tossed in
buttermilk ranch dressing
with lettuce and tomatoes
in a wrap

Available Daily: Assorted Boars Head cold cuts, cheeses and whole grain rich bread, rolls and wraps along



Mozzarella Sticks
crispy mozzarella sticks
filled with gooey cheese,
perfect for dipping into
your favorite sauce

Baked Chicken
Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce

Baked Chicken
Tenders
crispy chicken tenders
perfect for dipping in your
favorite sauce

Veggie Burger

Available Daily: Hamburgers, Cheeseburgers, Chicken Patties and Spicy Chicken Sandwiches



Chicken Caesar
Salad
fresh romaine topped
with parmesan cheese,
chicken, and croutons
with dinner rolls

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola

Fruity Granola Parfait
Low fat vanilla yogurt
layered with fruit and
granola

Not-A-Nut Butter &
Jelly Sandwich
freshly made sandwich
with layers of creamy
plant based butter and
sweet jelly

Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk

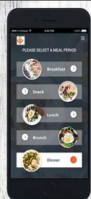


Roasted Brussel
Sprouts
Chickpea Salad
Fresh NY Local
Apple
Fresh Grapes

Orange Glazed
Carrots
Garden Salad
Sliced Oranges
Strawberry Cup

Roasted Mixed
Veggies
Cherry Tomatoes
Fresh Melon Cup
Applesauce

Sweet & Spicy
Roasted Corn
Corn kernels tossed with
Cajun seasoning and
sugar.
Spicy Black Bean
Salad
Mango Cup
Pineapple



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P Pork

Smart Choice

Made With Organic Ingredients

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School Nutrition