

INDEPENDENCE: READY OR NOT, HERE COMES ADULTHOOD!

Do you have a child or loved one with a disability and are uneasy or unsure about their transition into adulthood?

Join Parent Network for this **IN PERSON**, multi session series that incorporates parents/caregivers and youth. *Certain sessions the adults and youth join together, and in others, they spend time with their own age cohort!*

Target Audience:

High school age to young adult. youth can attend without adults and vice versa, but the program is best suited when attending with a caregiver.

ALL SESSIONS:

🕒 6:00 - 8:00 PM

Parent Network of WNY
1021 Broadway Street
Buffalo, NY, 14212

October 8, 2024: How to Foster & Support Self Determination

Discuss how caregivers and loved ones can prepare and support your youth and how the youth can support you in the process to adulthood!

February 11, 2025: After Graduation, What Happens Next?

Discuss post-secondary options that youth with disabilities have after high school, whether continued education or work.

March 4, 2025: Friendships and Relationships: A Conversation

Join us for a discussion about friendships, values, relationships, growing up and self advocacy.

April 8, 2025: The Plan for Adulthood!

Caregivers and youth can make a plan for adulthood together. Develop goals, make decisions, create a plan while discussing strategies to help with the natural emotions that occur while supporting independence.



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REGISTER FOR FREE:

www.parentnetworkwny.org/events

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