



# January



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><u>1</u> NO SCHOOL TODAY HAPPY NEW YEAR!!</p>	<p><u>2</u> Hot Dogs Vegetarian Baked Beans Sweet Peas Strawberry Fruit Cup GF Bun available</p>	<p><u>3</u> Specialty Pizzas GF Pizza Caesar Salad Apples Special Dessert</p>
<p><u>6</u> Meatless Monday Vegetable Pasta Alfredo Garlic Bread Stick Tomato and Cheese Salad Pineapple</p>	<p><u>7</u> Nachos Grande Sour Cream Salsa Black Beans Golden Corn Peaches and Cream</p>	<p><u>8</u> Chicken Nuggets Veggie Nuggets Pasta Salad Sweet Peas Orange slices</p>	<p><u>9</u> Fresh Fish of the Day Clam Chowder Oven Baked Fries Cole Slaw Red and Green Grapes</p>	<p><u>13</u> Specialty Pizzas GF Pizza Mixed Green Salad Mixed Fruit Special Dessert</p>
<p><u>13</u> Meatless Monday Beans and Rice Corn Chowder Cucumbers and ranch dip Peach Fruit Cup</p>	<p><u>14</u> Half Day Chicken Patty Veggie Burger Carrot Sticks with Dip Raisins</p>	<p><u>15</u> Chicken Broccoli Ziti Veggie Ziti with Broccoli Mixed Salad Sweet Peas Fruit Cocktail</p>	<p><u>16</u> Beef Burgers Veggie Burgers Bag of Pretzels Fresh Broccoli Salad Apples GF Bun available</p>	<p><u>17</u> Specialty Pizzas GF Pizza Chick Pea Salad Fruit Cup Special Dessert</p>
<p><u>20</u> NO SCHOOL ENJOY YOUR DAY OFF!</p>	<p><u>21</u> Grilled Cheese (GF Available) Creamy Tomato Soup Tater Tots Herbed Green Beans Cantaloupe</p>	<p><u>22</u> Pasta With Marinara Gluten Free Pasta Hand rolled Meatballs Roasted Chick Peas Peaches &amp; fresh strawberries</p>	<p><u>23</u> Tossed Chicken Caesar Salad Roasted Butternut Squash Garlic Bread Stick Mixed Fruit GF and vegetarian available</p>	<p><u>24</u> Specialty Pizza GF Pizza Spinach Side Salad Apples Special Dessert</p>
<p><u>27</u> Meatless Monday Vegetable Fried Rice Miso Soup Green Beans Pineapple Fortune Cookie!</p>	<p><u>28</u> Taco Tuesday with Beef Sour Cream Salsa Cheese Mexican Rice Black Beans Sweet Corn</p>	<p><u>29</u> Rib-O-Q Pork Sandwich Fresh Spinach Salad with Feta Chips Fresh Cut Watermelon</p>	<p><u>30</u> Pot stickers Dumplings served with Asian Salad Fluffy rice Sweet Peas Apricot Fruit Cup</p>	<p><u>31</u> Specialty Pizza GF Pizza Garden Side Salad Carrot Sticks and dip Special Dessert</p>

LUNCHES ARE SERVED WITH 1% WHITE OR FAT FREE CHOCOLATE MILK, (.50 IF PURCHASED ALONE) VEGETABLE OF THE DAY AND FRUIT. LUNCH WILL BE FREE TO ALL STUDENTS UNTIL 6/30/2025. OUR MEALS ARE PLANNED TO COMPLY WITH THE USDA DAILY RECOMMENDED GUIDELINES.

SUN BUTTER & JELLY SANDWICH, ASSORTED SUBS, HOMEMADE PIZZA & FRESH SALAD OF THE DAY ! WILL BE OFFERED DAILY AS AN ALTERNATE. ALL MEALS ARE OFFERED FREE TO QUALIFYING STUDENTS. PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION.

WE WELCOME YOUR COMMENTS & QUESTIONS, PLEASE FEEL FREE TO CALL ANYTIME AT 978-402-8666 OR EMAIL SBARDZIK@CARLISLE.K12.MA.US OUR PRE-PAYMENT OPTION TAKES A LOAD OFF YOUR MIND, PLEASE VISIT THE CARLISLE SCHOOL WEB-SITE FOR MORE INFORMATION.

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