

# January 2025

# Jackson County Public Schools

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

## Did you know?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.

1) Pancakes w/ syrup  
Applesauce **6**

Popcorn Chicken  
Seasoned Potatoes  
Seasoned Peas  
Southern Style Biscuit  
Peach Cup

2) Waffles w/ syrup  
Diced Peaches **13**

*Breakfast for Lunch*  
Eggs  
Sausage Patty  
Tater Tots  
Grapes Tomatoes w/ dip  
Biscuit & Gravy  
Applesauce

**20**

**No School**

French Toast Sticks  
w/ syrup, Applesauce **27**

Mini Corn Dogs  
Smile Fries  
Glazed Carrots  
Mixed Fruit

Sausage Biscuit  
Peach Cup **7**

Chicken Nachos  
Cheese Sauce, Salsa,  
Sautéed Peppers & Onions  
Sour Cream  
Seasoned Pinto Beans  
Pineapple Tidbits

Chicken Biscuit  
Applesauce **14**

Breaded Pork Chop  
Seasoned Peas  
Sweet Potato Casserole  
Southern Style Biscuit  
Mixed Berries

Sweet Bread Slice  
Applesauce **21**

Chicken Tenders  
Waffles w/syrup  
Seasoned Green Beans  
Sweet Potato Waffle Fries  
Sliced Peaches

Breakfast Pizza  
Mixed Fruit **28**

Chicken Alfredo  
Roasted Broccoli  
Garlic Bread  
Strawberries & Blueberries  
w/ whip topping

**1**

**No School**

Cinnamon Roll  
Pineapple Tidbits **8**

Hamburger  
w/ or w/out cheese  
Lettuce, Tomato, Pickles  
Oven Baked Fries  
Strawberries  
w/ whip topping

Cinnamon Roll  
Mixed Berries **15**

Crispy Chicken Sliders  
Lettuce, Tomatoes  
Pickle Spear  
Smile Fries  
Mandarin Oranges

Breakfast Pizza  
Sliced Peaches **22**

Salisbury Steak  
Mashed Potatoes w/gravy  
Steamed Peas  
Southern Style Biscuit  
Strawberry Cup

Chicken Biscuit, Strawberries  
& Blueberries **29**

Grilled Ham & Cheese  
Sandwich  
Caesar salad w/ dressing  
Banana  
Pudding

**2**

**No School**

Egg Patty, Sausage Patty  
Biscuit, Strawberries **9**

Grilled Ham & Cheese  
Sandwich  
Carrot Coins w/ dip  
Garden Salad w/ dressing  
Orange Slices

French Toast Sticks w/  
syrup, Mandarin Oranges **16**

Oven Baked Turkey  
Mashed Potatoes w/ gravy  
Seasoned Green Beans  
Stuffing  
Spiced Apples

Egg Patty, Sausage Patty  
Biscuit, Strawberry Cup **23**

Chili w/ beans  
Garden Salad w/ dressing  
Oven Baked Fries  
Steamed Broccoli  
w/cheese sauce  
Breadstick  
Diced Pears

Eggs, Sausage Patty,  
Biscuit & Banana **30**

Chicken Fajita  
Salsa, Shredded Cheese,  
Sour Cream  
Sautéed Onions & Peppers  
Seasoned Black Beans  
Orange Slices

**3**

**No School**

Super Donut  
Cereal (Pre-K) **10**

Orange Slices  
French Bread Pizza  
Marinara Sauce  
Whole Kernel Corn  
Tomato & Cucumber Salad  
Diced Peaches

Biscuit & Gravy  
Spiced Apples **17**

Chicken Quesadilla  
w/ or w/out queso  
Salsa, Sour Cream  
Seasoned Black Beans  
Garden Salad w/ dressing  
Pineapple Tidbits

Piggletstick w/ syrup  
Diced Pears **24**

Cheese Dippers  
w/ marinara sauce  
Cucumber Coins w/ dip  
Whole Kernel Corn  
Sliced Peaches

Biscuit & Gravy  
Orange Slices **31**

Pizza  
Whole Kernel Corn  
California Mixed Vegetables  
Diced Pears  
Cookie

### Breakfast:

Entrée, Grain/Bread, Fruit,  
Juice,  
& Milk  
Additional Daily Breakfast  
Options:  
Fruit, Yogurt & Granola Parfaits  
Oatmeal and  
Breakfast Bistro Boxes:  
Week 1:

Peanut Butter Cup -1oz.

Graham Crackers

Apple Slices

Week 2:

Bagel, Cream Cheese Cup,

Craisins

Week 3:

Boiled Egg, Cheese Stick,

Cinnamon Toast, Orange Slices

### Lunch:

Choice of Entrée, Grain/Bread,  
Vegetable, Fruit, Milk

Additional Daily Lunch Options:

PBJ, Chef Salad, Pizza Kit &

Yogurt Plate

USDA Regulations:

\*\*Students must take 1/2 cup  
fruit or 1/2 cup vegetable with  
breakfast & lunch



**ITEMS IN RED ARE  
NC FARM TO SCHOOL (F2S)**

This program, coordinated by the  
North Carolina Department of  
Agriculture and Consumer Services  
(NCDA&CS), offers seasonal  
produce for schools to purchase.

Menus are subject to change  
according to product availability &  
weather.

"USDA is an equal opportunity  
provider and employer"