

JANUARY

Post Falls School District
Nutrition Services



2025

MIDDLE SCHOOL MENU

Mon	Tue	Wed	Thu	Fri
6 Breakfast Breakfast Pizza Lunch Chicken Sandwich	7 Breakfast Muffin Yogurt Lunch Crispito Chocolate Chip Cookie	8 Breakfast Breakfast Sandwich Lunch Popcorn Chicken Bowl Garlic Bread	9 Breakfast Biscuit & Gravy Lunch Ribbq Sandwich Baked Chips	10
13 Breakfast Breakfast Burrito Lunch Cheeseburger	14 Breakfast Poptart Yogurt Lunch Taco Burger	15 Breakfast Funky Monkey Parfait Lunch Sweet & Sour Chicken Rice Bowl Garlic Bread	16 Breakfast Texas French Toast Sausage Links Lunch Corn dog Fruit Roll up	17
20 	21 Breakfast Breakfast Round Yogurt Lunch Bean & Cheese Burrito Potato	22 Breakfast Egg & Cheese Quesadilla Lunch Sweet & Sour Meatball Rice Bowl Garlic Bread	23 Breakfast Mini Waffle Sausage Links Lunch Bbbq Chicken Sandwich Fruit Roll Up	24
27 Breakfast Pancake on a Stick Lunch Chicken Patty Sandwich Oatmeal Cranberry Cookie	28 Breakfast Breakfast Bread Yogurt Lunch Chicken & Cheese Quesadilla Salsa Rice	29 Breakfast Breakfast Sandwich Lunch Homemade Chili Cinnamon Roll	30 Breakfast Biscuit & Gravy Lunch Chicken Nuggets Garlic Bread	31 CHICKEN NUGGETS

**ALL BREAKFASTS
COME WITH FRUIT OR
JUICE AND MILK**

**ALL LUNCHESS COME
WITH FRUIT, VEGGIES
AND MILK**

See the Nutrition Services homepage at www.pfsd.com for more information.

Meal Prices:	
Milk—	\$0.60
Breakfast—	2.30
Reduced	\$3.30
Lunch—	\$3.55
Reduced	\$4.40
Adult lunch—	\$4.95

Alternate lunch entrée choices:

**Uncrustable PB&J ,
Pizza, Chef Salad, Sub
Sandwich**

OR

Vegetarian (string cheese,
Yami yogurt, Goldfish crackers)

ALL MENUS ARE SUBJECT TO CHANGE

This institution is an equal opportunity provider.