How Do I Access Substance Use Services For My Child?

YCS Student Substance Use Resources

In an emergency:

For a life-threatening emergency call 911 and/or take your child to the emergency room:
Providence Saint Peter's Hospital Emergency Room: 413 Lilly Road SE Olympia, WA 98506
Mary Bridge Children's Hospital Emergency Room: 317 M.L.K. Jr Way Tacoma, WA 98405

Naloxone is a life-saving medication that can reverse a suspected opioid overdose. Learn signs of a potential overdose, as well as how to access this essential public health resource on the Washington State Department of Health Overdose Education and Naloxone Distribution website.

In a non-emergency:

Option 1:
Attend an appointment with your child's pediatrician or family health care provider. Share your concerns and seek a screening and possible referral for substance use treatment.

Option 2:
Call your health insurance company to understand your substance use treatment benefits. Research treatment providers that take your insurance through your insurance company's provider directory. Alternatively, call the Washington Recovery Helpline at 866-789-1511 24/7 for help identifying local treatment providers.

Option 3:
Determine your child's level of need by referring them for a substance use evaluation and treatment **on-site** in Yelm Community Schools with True North, a YCS partner and program of ESD 113. Services are available for all middle and high school students. To ask non-insurance related questions of a clinician, call 360-458-6233. To schedule an assessment, gather your child's health insurance information and social security number and call 360-464-6867 or complete the online referral form.

Option 4:
Determine your child's level of need by taking them to a local substance use evaluation and treatment center. An evaluation may lead to a recommendation of outpatient or inpatient treatment. Local providers of substance use evaluation include*:

Chemical Dependency Center at Providence Saint Peter's Hospital (most insurances)
4800 College Street S.E., Lacey, WA 98503
360-456-7575

Freedom Recovery Centers (private insurance only)
715 E. Yelm Ave Suite 6, Yelm, WA 98597
360-960-8595

Consejo Counseling & Referral Service (state insurance or no insurance only) (English and Spanish)
21120 Meridian Drive E., Graham, WA 98338 OR 5915 Orchard St W., Tacoma, WA 98467
253-285-4750 (Graham) 253-414-7461 (Tacoma)

El Camino – Foundation for Multicultural Solutions (state insurance only) (English and Spanish)
2136 Martin Luther King Jr. Way, Tacoma, WA 98405
253-572-3214

Nisqually Behavioral Health Program (tribal members only)
4840 Journey Street S.E., Olympia, WA 98513
360-413-2727

*These providers are not partners of Yelm Community Schools, and their inclusion in this guide does not imply preference over any other provider.

Yelm Community Schools does not discriminate in any programs, activities, or employment opportunities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.