

How Do I Access Mental Health Services For My Child?

YCS Student Mental Health Resources



In an emergency:

For a life-threatening emergency call 911 and/or take your child to the emergency room:

Providence Saint Peter's Hospital Emergency Room: 413 Lilly Road SE Olympia, WA 98506

Mary Bridge Children's Hospital Emergency Room: 317 M.L.K. Jr Way Tacoma, WA 98405

Children's Mobile Crisis services hotline Thurston County: 360-480-5721

Children's Mobile Crisis services hotline Pierce County: 1-800-576-7764

National Suicide and Crisis Lifeline: call or text 988

In a non-emergency:

Option 1:

Attend an appointment with your child's pediatrician or family health care provider. Share your concerns and seek a referral for counseling/mental health services. Your provider may also discuss mental health medication.

Option 2:

Call your health insurance company to understand your mental health treatment benefits. Research providers that take your insurance through your insurance company's provider directory, or by searching provider profiles on [PsychologyToday](#) or [Zocdoc](#)*. Make contact with the providers that appear to be a good fit for your child. Alternatively, contact [Washington's Mental Health Referral Service for Children and Teens](#) at 833-303-5437. To access referrals in another language, call 1-866-583-1527 to speak with a language interpreter who will call the referral service with you. Your child may be put on a waiting list, but their mental health is worth the wait!

Option 3:

To learn about mental health providers **on-site** in Yelm Community Schools, call your student's School Counselor. If you aren't sure what level of support your child needs, or would like help navigating mental health referrals, call your student's School Counselor. They may connect you with a School Social Worker, who will partner with you to identify your child's needs.

Elementary School Counselors

Fort Stevens Elementary - Gaynor Fitzgerald - gaynor_fitzgerald-males@ycs.wednet.edu - 360-458-8171

Lackamas Elementary - Sarah Bennie - sarah_bennie@ycs.wednet.edu - 360-894-6016

McKenna Elementary - Myrna Porter - myrna-lou_porter@ycs.wednet.edu - 360-458-6474

Mill Pond Elementary - Myrna Porter - myrna-lou_porter@ycs.wednet.edu - 360-458-2641

Prairie Elementary - Sarah Bennie - sarah_bennie@ycs.wednet.edu - 360-458-6269

Southworth Elementary - Jordan Harrison - jordan_harrison@ycs.wednet.edu - 360-522-9040

Middle School Counselors

Ridgeline Middle School (A-F) - Melanie Keller - melanie_keller@ycs.wednet.edu - 360-400-0916

Ridgeline Middle School (G-Z) - Stacey Jansen - stacey_jansen@ycs.wednet.edu - 360-400-0914

Yelm Middle School (A-N) - Melvin Fields - melvin_fields@ycs.wednet.edu - 360-458-8288

Yelm Middle School (P-Z) - Melanie Keller - melanie_keller@ycs.wednet.edu - 360-458-6154

High School Counselors

Yelm Extension School - Bree Carson - bree_carson@ycs.wednet.edu - 360-458-6145

Yelm High School (9th/12th A-Ln) - Darci Cook - darci_cook@ycs.wednet.edu - 360-458-6203

Yelm High School (10th/11th A-Ln) - Jeannie Beierle - jeannie_beierle@ycs.wednet.edu - 360-458-6646

Yelm High School (9th/12th Lo-Z) - Sarah Williams - sarah_williams@ycs.wednet.edu - 360-458-0822

Yelm High School (10th/11th Lo-Z) Kelli Little - kelleine_revoir-little@ycs.wednet.edu - 360-458-6204

*These companies are not partners of Yelm Community Schools, and their inclusion in this guide does not imply preference over any other method of identifying or selecting a provider.

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